

BREAST & OSTEOPOROSIS CENTER UPDATE



William Horner, MD, Medical Director

The Breast Diagnostic Clinic (BDC) opened Monday, August 19, 2002. Its purpose is to provide timely and accurate diagnosis of breast problems to the community on a "rapid access" basis. The clinic is held each Monday, with the exception of holidays and scheduled vacations. Most patients are scheduled within the week prior to clinic. Some are seen urgently, on the same day. After 15 months of operation, 172 patients have been referred by a variety of primary care providers.

The emphasis is on timely diagnosis. When indicated as many as possible diagnostic procedures are performed at the time of the appointment. We make maximum use of ultrasound technology and expertise. Of the 172 patients, 66 had some form of immediate diagnostic intervention and 45 were referred for a priority stereotactic procedure or surgical biopsy. For these latter patients, the average wait was 6.9 service days. The time range for all patients undergoing any kind of diagnostic procedure was 1 to 11 days. This compares extremely favorably with a previous study that showed an average waiting time for surgical biopsies of 4 to 5 weeks.

During the 15 months of BDC service, 25 cancer diagnoses have been made. We have been able to effectively decrease the wait for surgical consult and definitive diagnosis, a result that has been very well received by both patients and referring providers. Call us at 973-8108 with questions or to make a referral.



Elaine Chambers, RN, MS, Department Head

The Breast and Osteoporosis Center continues to serve over 9000 women annually (over 12,000 procedures) at our two locations; the Breast and Osteoporosis Center on EMMC campus and the Screening Mammography site at the Union Street Healthcare Mall. Both FDA certified and ACR accredited quality mammography service.

We recently installed a Digital Mammography Unit at our Union Street Healthcare Mall Screening Center. We can now provide patients an efficient exam and easy parking access. For the first time in our region our second-generation digital unit allows us to offer women regardless of breast size a screening digital mammogram. We have also just installed a CAD (Computer Aided Detector) unit. It works as a sort of "spell check" for radiologists. Once they have read an exam, CAD will identify areas to look at to be sure everything has been fully scrutinized. This provides our patients with a second review of their exam and the added knowledge that they not only have received the best possible mammogram but the best possible interpretation of that exam also!

The Prosthetics and Apparel Shop provides women undergoing cancer treatment and having had breast surgery, many products from prosthetics, bras, bathing suits, hair pieces, scarves and turbans etc. Our selection rivals any in the state and provided by appointment allows women individual attention in a very private manner.

Caring Connections a cooperative program between EMMC and the Bangor/Brewer YWCA is in its ninth year of offering community education on breast and cervical cancer as well as assisting low-income women who qualify, access care for breast and cervical health issues. This program includes Encore Plus, a longstanding and important exercise and support group for breast cancer survivors. Under Caring Connections, Encore is now available in 5 counties throughout northeastern Maine. The third annual Beach to Beach fundraiser was a success again this year despite the day's rain and fog.

We continue to be proud of our partnership with WLBZ /Channel 2's Buddy to Buddy program. It offers women an educational and supportive approach to breast health and screening by enlisting a "buddy" to help each woman remember to do her breast self exam as well as practice age appropriate screenings.

Women's Week has included many healthy opportunities to celebrate and educate women in our community. The Breast and Osteoporosis Center along with Caring Connections continue to be involved in this celebratory week, - coordinating the Health Fair, which offers many seminars in women's health issues.

It has been our privilege to care for so many amazing women this past year. We look forward to continuing to serve you and your patients through all of our various efforts. If we can answer any questions or you would like to make a referral, please, call us at 973-8108.

EXECUTIVE DIRECTOR'S REPORT



Greg Fecteau, RN, MHA

It is my pleasure to commend our physicians and staff for their exemplary efforts in delivering high quality compassionate care to patients and their families from throughout the region. Our report this year focuses on breast cancer and our recent initiatives to address the number one cancer diagnosis at Eastern Maine Medical Center.

I want to extend a very special heartfelt thank you to members of our community for their part in making our *Campaign of Hope* a phenomenal success. Beginning with Galen & Suzanne Cole's inspirational \$100,000 challenge grant, EMMC's Auxiliary's remarkable \$400,000 pledge and the extraordinary stewardship of Sandra Blake Leonard and Joe Rollins as campaign chairs, we successfully raised \$1,200,000. As a result Digital Mammography II services are now in place at our Union Street Facility and we are well on our way to implementing IMRT - Intensity Modulated Radiation Therapy.

CANCER COMMITTEE 2003

C. Eric Hartz, MD*
Medical Oncology
Cancer Committee Chair

Judith Allen, MD*
Pediatric Oncology

Ann Marie Blenc, MD
Pathology

Kathryn Bourgoin, MD
Family Practice

Allan Currie, MD
Chief, Internal Medicine

Jeffrey Graham, MD
Urology

William Horner, MD*
Surgery, Medical Director
Breast & Osteoporosis Center (BOC)

Peter Huang, MD*
Surgery, Cancer Liaison

Thomas Openshaw, MD
Medical Oncology, Medical Director CCOM

Philip Peverada, MD
Thoracic Surgery

Paul Szal, MD*
Radiation Oncology

David Warner, MD
Radiology

Benjamin Zolper, MD
Anesthesiology

Greg Fecteau, RN, MHA
Executive Director,
CancerCare of Maine (CCOM)

Nancy Aylward, RN
Case Management

Nadine Bullion, LCSW**
Support Service Manager, CCOM

Elaine Chambers, RN, MS*
Department Head, BOC

Margaret Chavaree, CTR*
Supervisor, Cancer Registry

Helen Genco, RN*
President/CEO, Bangor Area Visiting
Nurses/Hospice of Eastern Maine

Carol Guptill, RTT*
Manager, Radiation Oncology

Ambie Hayes-Crosby, RN*
Manager, Clinical Research, CCOM

Wendie Lagasse, MSB, CHES*
Director, Community Wellness Service

Allen L'Italien, RN*
Program & Business Manager, CCOM

Rich Maietta, RPh
Pharmacy, CCOM

Cynthia Simsay, RN*
Department Head, Grant 6 (Oncology Unit)

Paula Theriault, RN
Administrator, Quality

* Contributors to the 2003 Annual Report

** Editor, along with **Elizabeth Arps Seymour, MBA** of the 2003 Annual Report

Statistical Analysis: **Pat Hofmaster, PhD**, Director, Research

Cover Photo: **Susan L. Garland**, Operations Coordinator, CCOM

December 1, 2003
Statistical Information Referenced:
January 1, 2002-December 31, 2002



www.emmc.org

A member of
EASTERN MAINE
HEALTHCARE

Cancer Registry
(207) 973-7483

Pediatric Oncology
(207) 973-7520

Clinical Research @ CCOM
(207) 973-4249

(for Medical & Radiation Oncology)

(207) 973-7478

CancerCare of Maine (CCOM)

(207) 973-8108

Breast & Osteoporosis Center (BOC)

CancerCare of Maine
417 State Street, Suite 20
Bangor, ME 04401-6660

Bringing Hope to Life



CancerCare of Maine



Bringing Hope to Life

Report on Cancer 2003

CANCER COMMITTEE CHAIR REPORT



C. Eric Hartz, MD

Our physicians and staff are to be congratulated for their continued outstanding efforts. Our patients and their families can expect the very best care that the state and the region have to offer. We are proud of our approval by the American College of Surgeons Commission on Cancer as a Community Hospital Comprehensive Cancer Center.

In 2002, 458 patients underwent definitive cancer surgery at EMMC. 1166 patients/families began care in medical oncology, 734 in radiation oncology, 12 in pediatric oncology. Annually, more than 5000 oncology patients receive follow up care. On a daily basis over 200 patients are seen at CancerCare of Maine (CCOM) - a service combining both radiation & medical oncology care at one location on Eastern Maine Medical Center's (EMMC) Campus. Grant 6 at EMMC continues to be the inpatient unit designated to care for oncology patients requiring hospitalization. Several of our nurses there have completed specialty training and/or certification in oncology this year. Along the continuum of care, EMMC's Palliative Care Consultation team served 79 & Hospice of Eastern Maine cared for 64 cancer patients and their families.

Joining our physician staff in medical oncology this year are Dr. Miklos Simon and Dr. Prashant Shankar. In the Breast and Osteoporosis Center (BOC), Dr. William Horner assumed the inaugural medical director position. Physicians and staff throughout all facets of the program provide top-notch care striving continuously to "keep the patient first" meeting our goal to deliver compassionate state of the art quality care.

RESEARCH

CCOM's Clinical Research Department, brings nationally recognized clinical and pharmaceutical trials to the region, helping patients get the very best of care while staying close to home. In 2002, 50 patients were enrolled - 3.9% of our analytic case accessions, exceeding the ACOS-COC standard of 2%. Locally, I want to thank the Lafayette Family - Best Western White House Inn for their continued support of our breast cancer prevention trial participants and cancer research at EMMC helping to raise over \$60,000 since 1994.

NEW TECHNOLOGY

Through the very successful Campaign of Hope, we are looking forward to implementing Intensity Modulated Radiation Therapy (IMRT) and have already initiated Digital Mammography II. I want to add my THANKS to the community for their outstanding support! Other important radiological enhancements are CAD - Computer Aided Detector and "on site" PET.

QUALITY

Our commitment to excellence includes peer review, comparison to national standards, program enhancements to assure our patients receive the best care possible. Breast cancer is our most frequent diagnosis. Enclosed you will find highlights of our 2002-2003 breast cancer initiatives including adoption of NCCN guidelines. Increasingly, formal feedback from consumers - our patients and their families - has become an industry benchmark. Proudly, overall satisfaction has been above 94% for both medical oncology and radiation oncology services since beginning measurement in January 2003.

EDUCATION

Our "visiting professor program", weekly cancer case conferences (available via ITV - interested call 973-7483), expanded format for breast cancer conferences, surgical and medical grand rounds form the nucleus of our continuing education efforts for physicians, nurses and allied health professionals. Patient and family need for peer connection and education are met through support group activity, joint programs with ACS - I Can Cope, & Look Good, Feel Better.

COMMUNITY

Lung cancer is our second most frequent diagnosis. EMMC through work with Partnerships for a Tobacco-Free Maine and Bangor Region Partners for Health initiatives has targeted youth smoking cessation & promotion of positive choices as key to future incidence reduction. EMMC is a key force behind the community wide effort - Move & Improve - engaging over 9500 participants; promoting physical activity, stress reduction and healthy eating and lifestyle habits (including smoking cessation). In community based work site screenings, 1386 workers received education about their risk for lung, breast and colon cancer. Skin cancer education was part of two community health fair initiatives - EMH at the Mall & Women's Week.

