

Midwife joins Northern Light Women's Health

Meet Danielle Pelletier, certified nurse midwife

Danielle Pelletier is the kind of caring person every woman wants on her OB/GYN team. She is a certified nurse midwife and has been caring for women for more than 30 years. She just joined Northern Light Women's Health in Waterville after working in Belfast. She's from Winslow and is excited to be back home, connecting with women of central Maine.



Danielle Pelletier, CNM

primarily to assist in the Frontier Nursing Services to help families in remote areas. Today, midwifery is more than simply a career – it is a calling, to be “with women” providing medical care throughout their life span. It's an important partnership.”

It's clear that Danielle always knew that she would become

an advocate for women's health. “It is important to me that women receive quality care in a setting where they feel heard by their healthcare team. My favorite part of being a women's health provider is empowering women to make the best medical decisions for themselves and their families.”

Danielle offers a spectrum of care, from preconception planning and birth control management, to care during pregnancy, labor and birth, postpartum support, and well-woman care from adolescence through menopause. She notes that she has a special interest in perimenopausal and menopausal care.

She says she chose to join Northern Light Inland Hospital because of its strong sense of community and dedication to patient health. “The women's health providers and staff are wonderful and supportive. Inland has an amazing birthing center that is family focused. It's a great culture of caring here and I'm so glad to be part of the team.”

To learn more or make an appointment, contact Northern Light Women's Health at 207.872.5529. The practice is located at 180 Kennedy Memorial Drive, Waterville, attached to Inland Hospital.



Samantha Mason, CMA, (left) and Danielle Pelletier prepare for a patient visit at Northern Light Women's Health in Waterville.

Photo provided

A very personal experience moved Danielle to pursue a career in women's health. After the birth of her daughter in 1989, she felt a void in her own knowledge and a lack of support while navigating through her pregnancy and birth experience. She was determined to make a difference and began the journey of becoming a healthcare provider to help empower women during the wonderful and challenging times throughout their lives.

As a new mom and wife, and then student, she became a licensed practical nurse and an internationally certified childbirth educator and certified labor doula. Danielle graduated from Chamberlain College of Nursing in Illinois with a bachelor's degree in nursing and worked as a Labor and Delivery nurse for 12 years before getting her master's in nursing and Nurse Midwifery from Frontier Nursing University in Kentucky. She has been working as a midwife for the past 12 years in Maine.

Danielle loves to share the history of midwifery and is very proud of her career choice. “Midwifery is an ancient profession,” she says. “First mentioned in Egyptian hieroglyphics. In 1925, Mary Breckinridge introduced nurse midwifery to the United States,

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