



Hospital

175 Fore River Parkway



Medical Office Building (Health Center)

195 Fore River Parkway



Outpatient Specialty & Surgery Center

155 Fore River Parkway



PATIENT/GUEST PARKING



EMPLOYEE/STAFF PARKING



MEDICAL PROVIDER PARKING ONLY



AMBULANCE ACCESS ONLY



EMERGENCY DEPT. PATIENT PARKING ONLY



BUS STOP



BICYCLE RACKS



CAMPUS ENTRANCE WITH TRAFFIC LIGHT



PATIENT ROUTE TO EMERGENCY DEPT.



CONNECTION TO ST JOHN ST



CAMPUS WALKING LOOP



POND TRAIL LOOP



FORE RIVER PARKWAY TRAIL



PEDESTRIAN CROSSING



BUILDING ENTRANCE



EMERGENCY DEPARTMENT
ENTRANCE & DROP-OFF



Hospital

175 Fore River Parkway



Ground Floor

- Administration
- Auditorium

First Floor

- Emergency Department
- Cafeteria
- Gift Shop
- Chapel
- Financial Assistance
- Security
- Clinical Decision Unit
- Imaging

Second Floor

- Surgery Reception and Operating Rooms
- Intensive Care Unit
- Intermediate Care Unit

Third Floor

- Birthplace
- Medical Unit

Fourth Floor

- Surgical Unit



Medical Office Building (Health Center)

195 Fore River Parkway



First Floor

- Pediatrics Care
- Pain Center
- Imaging
- Laboratory
- Retail Pharmacy

Second Floor

- Breast Care
- Ear, Nose, and Throat Care
- General Surgery
- Midwifery
- Women's Imaging

Third Floor

- Cancer Care
- Women's Health
- Endocrinology and Diabetes Care
- Human Resources

Fourth Floor

- Cardiovascular Care
- Spine Surgery



Outpatient Specialty & Surgery Center

155 Fore River Parkway



First Floor

- Gastroenterology
- Wound and Hyperbaric Medicine

Second Floor

- Outpatient Surgery



Northern Light
Mercy Hospital

DIRECTIONS

to Northern Light Mercy Hospital on Fore River Parkway

Please note that GPS will navigate you to the campus. However, navigation to the specific building addresses may not always be accurate. Additional directions are below to help supplement GPS navigation if needed.

From Points North:

Take I-295 southbound to Exit #5A. At the end of the ramp, you should be in the left lane. Take a left at the traffic light and remain in the left lane, continuing straight onto the Fore River Parkway. Up on the left is the main entrance to the hospital and medical office building followed by the next campus entrance (intersection with a light), which is closest to the outpatient specialty and surgery center.

From Points South:

Maine Turnpike North (I-95) to exit 45; take I-295 northbound to Exit # 4 (U.S. Route 1). Cross the Veteran's Bridge. At the traffic light you should be in the left lane to turn left onto Fore River Parkway. Taking a right at the first traffic light will bring you closest to the outpatient specialty and surgery center. If you go past this entrance to the next one up on the right, you will enter the campus closest to the hospital and medical office building.

From South Portland:

Go over the Casco Bay Bridge, through the traffic light at the State Street intersection, and stay in the right lane. Turn right onto Park Street. At the stop sign, take a right onto Commercial Street. For 1.2 miles, head west on Commercial Street, which becomes Fore River Parkway as you approach Veteran's Bridge. At the intersection before Veteran's Bridge, keep to your right at the light to continue onto Fore River Parkway near the hospital campus. Taking a right at the first traffic light will bring you closest to the outpatient specialty and surgery center. If you go past this entrance to the next one up on the right, you will enter the campus closest to the hospital and medical office building.

From Points West (Congress St. and Rte. 22):

Heading east on Congress Street/Route #22 into Portland, turn right onto Fore River Parkway at the traffic light. Go straight through the next set of lights and stay in the left lane to continue straight onto Fore River Parkway. Up on your left is the main entrance to the hospital and medical office building followed by the next campus entrance (intersection with a light), which is closest to the outpatient specialty and surgery center.

