BMAT: Bedside Mobility Circle Grant 5

Aurie Burridge, RN; Bridget Hubbard, RN; Michelle Trout, BSN, RN; Elizabeth Willinski, BSN, RN; Meghan Witalis, BSN, RN

BACKGROUND

- * Falls in hospitals are common
- ❖ There are 700,000 to 1,000,000 falls each year in hospital settings in the United States
- Falls often lead to greater complications such as fractures, head injuries, and significant bleeds
- ❖ Falls can increase overall healthcare utilization within a hospital system, increase hospital costs and spending, and adversely affect patient outcomes while in the hospital

AIM OF EBP PROJECT

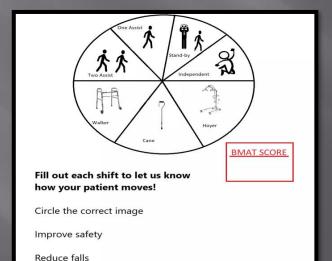
Assess the effectiveness of combining the BMAT and Mobility Circle tools in preventing falls amongst the Grant 5 patient population

BENEFITS

This project is expected to help prevent falls on Grant 5. It is also expected to improve call bell responses by simplifying information retrieval regarding individual patient's mobility.

METHODS

- 1. Pre-Implementation Survey Questions:
- ❖ Do you use the current BMAT flyer when entering a patient room?
- ❖ Do you think the current BMAT flyer is effective and easy to use?
- Would you prefer a simplified version of the BMAT/mobility circle system?
- 2. Present information to staff; informational/educational materials to be distributed to staff via email, posters, and huddles; distribute flyers in staff mailboxes.
- 3. Post-Implementation Survey Questions:
- ❖ Do you find the new BMAT/mobility circle emblem has been useful when going into different patient rooms?
- ❖ Will you continue to use this new emblem in your daily practice?



CONCLUSION

 Due to multiple barriers, our group was unable to assess mobility circle effectiveness

BARRIERS

- Staffing
- ❖ Acuity on floor
- ❖ Lack of time together due to COVID restrictions