

# PATHWAY

TO A

*promise*



The future of  
healthcare in our  
communities  
begins with you



Northern Light<sup>SM</sup>

Blue Hill Hospital



Northern Light<sup>SM</sup>

Maine Coast Hospital



# From the President



## DEAR FRIENDS,

Eighteen months ago, it would have been hard to imagine that in the fall of 2021 we'd still be navigating a persistent pandemic that continues to harm too many Mainers. We stand with every family that has been affected by COVID-19 and know that while better days lie ahead, the pandemic is still with us.

A bright spot during the pandemic has been our healthcare team, a group of dedicated professionals whose commitment is unending. Day after day, they inspire confidence in care. I know that during the toughest times, every one of our patients is receiving the best possible care.

There are other things to be grateful for as well. Our capital campaigns at Northern Light Blue Hill and Maine Coast Hospitals are off to a great start. Mrs. Edith Dixon's challenge gift to the Maine Coast campaign has encouraged several gifts, and with each passing week, we get closer to the \$1 million goal. In Blue Hill, we recognize Donald Sussman for his transformational lead gift, and know that his extraordinary generosity has prompted others to follow.

As our campaigns build momentum, we continue to plan for our modernization in Ellsworth and our new hospital in Blue Hill. Both projects are moving at a very fast pace, and while there is an incredible amount of work ahead, we're excited about what these projects will mean for our hospital, patients, and communities.

At Blue Hill and Maine Coast Hospitals, we like to say that "we make healthcare work" for our patients and communities. Our success would not be possible without you. On behalf of our entire healthcare teams, thank you for everything that you do for our patients, staff, and communities.

Sincerely,

### John Ronan, FACHE

President, Northern Light Blue Hill and Maine Coast Hospitals  
Senior Vice President, Northern Light Health



*The Pappas Family is supporting the Blue Hill and Maine Coast capital campaigns because they believe that good local hospitals are key to maintaining strong communities.*

## Meet Chris and Susan Pappas

Chris and Susan Pappas enjoy spending their summers in Hancock County taking advantage of the area's beauty and all that our communities have to offer. They recently became the first family to support both the Blue Hill and Maine Coast Hospital capital campaigns. Chris and Susan shared with us some of their favorite things to do in the area and explained why they are supporting the campaigns to modernize healthcare in our region.

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### Q: What's the best thing about living on the Blue Hill Peninsula in the summer?

A: We like being centrally located with a diverse group of people who appreciate the many interesting towns, the culture, Acadia, and the beautiful coastline—all at our fingertips.

### Q: What brought you to the area, and why do you continue to call the Blue Hill Peninsula "home"?

A: Very good friends of ours introduced us to the area and we have since come to love the geography, the many art and cultural activities, the local farms, the sense of community and caring and being here with our many friends. We enjoy our garden and collecting art from the many accomplished artists in our area.

### Q: Why is having Blue Hill and Maine Coast Hospitals available close to home important to you?

A: We believe that having excellent and readily available medical care for everyone is an imperative to a strong community. Northern Light Health continues to upgrade facilities and capabilities to deliver on that imperative.

### Q: Why did you decide to support the capital campaigns?

A: We believe the Preserving Our Promise Campaign is the right approach to ensure and support the current and future needs of our communities. We're pleased to be a small part of that.

# Get to know your new Northern Light Blue Hill Hospital

## Have you heard the news?

The Next century of Care: Keeping Our Promise campaign is now underway to raise funds for a brand-new hospital in Blue Hill.



*The new Blue Hill Hospital will be a patient and family-friendly hub of healthcare that will serve our community for generations.*

The new Northern Light Blue Hill Hospital will be a destination for quality, compassionate, patient-centered care for the Blue Hill Peninsula and beyond. Our vision for healthcare in Blue Hill includes all of the services that our community depends on:

- Private inpatient rooms for an improved patient and visitor experience with up-to-date technology, private bathrooms with showers, and plenty of space for patients, families, and the care team
- A full-service Emergency Department with 24/7 coverage focused on patient and family privacy and the highest quality care
- Primary care provided in three communities
- Specialty care services for the whole family
- Imaging and lab services
- Rehabilitation services, including cardiac rehab

**Planning continues for this exciting project, but we can't do it without your help.** Learn more about your new hospital and the campaign to preserve our promise for the next century of care at [northernlight.org/BlueHillPromise](https://northernlight.org/BlueHillPromise).



*Philanthropist Donald Sussman has once again stepped forward to solidify the future of healthcare in our communities. Blue Hill Hospital is grateful for his generous support.*

## Philanthropist's transformational gift boosts modernization project

Northern Light Blue Hill Hospital recently received a \$2 million pledge from philanthropist S. Donald Sussman in support of the Next Century of Care: Keeping Our Promise campaign. The hospital's modernized campus will be named in honor of Sussman's gift.

"Maine is a very special place because it has a very special sense of community, and Mainers deserve the best healthcare possible when they fall ill," says Donald Sussman, who has a home in Deer Isle. "I am pleased to be able to contribute to Northern Light Blue Hill's ability to provide top quality healthcare in modernized, renovated facilities to all who need it, and I encourage other donors and leaders in the area to consider joining me in this important effort."

Sussman also provided significant support to the hospital's last campaign. The Sussman Health Center, which will be renovated during the upcoming modernization project, is named in his honor.

To join Mr. Sussman in making a philanthropic commitment to the Keeping Our Promise Campaign, call Ruth Calas at 207.374.3411 or visit [northernlight.org/BlueHillPromise](https://northernlight.org/BlueHillPromise).



# Northern Light Maine Coast Hospital is building on a

# promise



Families will enjoy the best care in a modern new birthing center



## In August, Northern Light Maine Coast Hospital announced Building on a Promise, the campaign to bring a new birthing center and renovated inpatient spaces to Ellsworth.

The campaign will support the project to build an all new spacious, family-focused birthing center. The center will have all the amenities that patients expect, a centralized parent and infant monitoring system, and a location near the operating room for when emergency C-sections are needed. The project also includes renovations to other patient rooms in the hospital, which will improve patient and family privacy and comfort.

The campaign kicked off with a special commitment from longtime hospital supporter Edith Dixon, who challenged the community to donate and pledge a total of \$1 million by December 31, 2022. Mrs. Dixon will match campaign gifts dollar-for-dollar up to the million-dollar milestone.



## Make double the difference

Northern Light Maine Coast Hospital invites donors to double the impact of their capital campaign gift through the \$1 million Dixon Challenge. Every campaign gift will be matched dollar for dollar by Mrs. Edith Dixon, a generous supporter of the campaign. Individual, family, and corporate gifts are eligible for the match. We are grateful for the Dixon Challenge which will propel us to meet our Campaign Goal of \$4M.

To pledge your support, please call Ruth Calas at 207.374.3411 or visit [northernlight.org/MaineCoastPromise](http://northernlight.org/MaineCoastPromise)

**“This is our moment to come together to ensure the brightest possible future for our community hospital. I encourage every person who relies on this hospital to join me.”**

—EDITH DIXON  
Honorary Chair of the Building on a Promise Campaign





## The Kirchhoff Family is BUILDING ON A PROMISE

On any given summer day, you'll find Tom and Carol Kirchhoff and their family in their kitchen cooking, eating, and enjoying time with each other. Or you might spot them in their large summer garden with their young grandchildren or out on the water on their knockabout sailboat. The Kirchhoffs shared with us what they love about living in Winter Harbor and why they're supporting the Building on a Promise campaign.

### Q: Why do you choose to call Winter Harbor 'home' for the summer?

A: Our lives are busy; often hectic, a mix of work, family, social obligations, and the rush of urban life. Winter Harbor is where we are able to come together as a family, three generations under one roof. I cannot imagine a summer that doesn't include Winter Harbor.

### Q: Why is having Northern Light Maine Coast Hospital and the Eleanor Widener Dixon Clinic available nearby important to you?

A: Having the peace of mind of quality healthcare options close to our family, friends, and community is extremely important. Friends and family don't have to travel or delay procedures just because they are residing in paradise. During the pandemic, we've been able to maintain some of our routine health checks from the safety of our Winter Harbor home.

### Q: You recently supported the Building on a Promise campaign for Northern Light Maine Coast Hospital. Why did you feel passionate about supporting the campaign?

A: We are fortunate to have a community of such generous benefactors to make a campaign like this successful. Investing in our infrastructure and its technology to support today's community is important to maintain the high-quality service we have come to expect. We cannot thank enough the passion and dedication of Edie Dixon to our community.



## The Emergency Department at BLUE HILL HOSPITAL SAVED MY LIFE.



That's why we decided to support this campaign with a gift to name the Emergency Department. Blue Hill means so much to our family and we want to give back to the community to ensure we always have this wonderful resource. We hope you will join us in supporting this important project."

Tom and Sarah Fanning, Blue Hill. The Fannings are supporters of the Keeping Our Promise campaign.

## WE'RE GROWING!

Meet the many new providers who recently joined or will join our hospitals as practices and services expand and grow. Maine Coast also has new collaborative arrangements with Eastern Maine Medical Center for regular Gastroenterology services to be offered in Ellsworth.

### Primary Care

Ja'Nette Bowden, FNP, Ellsworth  
Julie Graham, FNP, Ellsworth  
Corrine Malenfant, FNP, Blue Hill  
Elissa Tremblay, FNP, Castine

### Specialty Practices

Alexandra Bishop, MD, Orthopedics  
John Califano, MD Urology  
Miranda Chadbourne, PA-C, Orthopedics  
Jasmine Edwards, PA-C, General Surgery  
Marisa Gray, MD, Urology  
Dylan Jacobus, MD, General Surgery  
Brittany Nurmukhamedov, CNM, Women's Health  
Nichole Ouellette, FNP, Cardiology  
Summer Oakes, CNM, Women's Health  
Zachary Trzaska, MD, Cardiology



Dylan Jacobus, MD



Ja'Nette Bowden, FNP



Elissa Tremblay, FNP





## MEET NANCY TOWNSEND

Winter Harbor has been Nancy Townsend’s summer home for 70 years. She first came with her parents on an overnight trip from Philadelphia with her brother and sister. She hiked, swam, fished, sailed, played with her cousins, and generally learned how to get along in a more rural setting. To Nancy, “home” was different; the air smelled pine-y, the trees grew more gnarly, the salt water stinky and delicious. Nancy explains why she loves summers in Maine and why she is supporting the Building on a Promise campaign.

### Q: What do you appreciate most about Maine in the summer?

A: Playing tennis, sailing, foraging for food, tackling lobsters, cooking with family, tennis, and bridge. I enjoy sharing summer weeks with my far-flung family and seeing how the grandchildren have grown. Most particularly I enjoy seeing how we all age differently and yet the same, and how their family stories are like or dissimilar to mine.

### Q: Why is it important to have good local healthcare nearby?

A: My family and friends have aged, so we need good medical care close. Most Winter Harbor full time residents make their living from the sea; fishing can be dangerous, and these older fishermen need the assurance that good medical care is close by when hurt.

### Q: Why are you supporting the Building on a Promise campaign?

A: Helping with the campaign is not like painting a house, buying a new dress, or re-roofing your home. Most people think little of helping a hospital. After all, who will see the difference anyway? Yet when they need medical care or a grandchild is seriously hurt, that is when you realize it’s importance.

## Give smarter: IRA charitable giving



### Did you know that you can use your IRA to support the campaigns to modernize healthcare in Hancock County?

Your IRA may provide you the opportunity to make a gift to the Blue Hill or Maine Coast Hospital campaigns, which may be more substantial because of the tax treatment of qualified charitable distributions.

If you are over age 70½, the federal government permits you to roll over up to \$100,000 from your IRA to charity without increasing your taxable income or paying any additional tax.

Your IRA may have increased in value over the years. An IRA rollover gift allows you to support the Blue Hill Hospital or Maine Coast Hospital campaigns without increasing your taxable income. Simply contact your custodian and request an amount up to \$100,000 be transferred to the hospital. You will be supporting the next generation of healthcare in your community while avoiding any additional tax, and you may satisfy your required minimum distribution for the year.

*Please Note: This article is not legal advice.*



“We are excited to support the Blue Hill Hospital Capital Campaign. As year-round Brooksville residents, we believe it is important to have an excellent hospital in our community. We have chosen to give using the qualified charitable distribution (QCD) option to the annual IRA required minimum distribution (RMD). By using QCD, we can help the hospital to a greater extent by passing on the saved income tax normally assessed on regular RMDs. It only makes sense. It’s a great way to do more good.”

– **Donn and Linda Gifford**  
Brooksville

To learn more, please visit [northernlighthealth.org/legacy](http://northernlighthealth.org/legacy) or call Ruth Calas at 207.374.3411

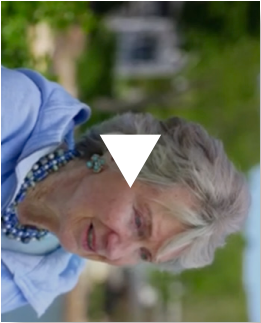




**Northern Light  
Health**<sup>SM</sup>

Northern Light Health  
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Bangor, ME 04402

# Pathway to a *person*



Watch a video to learn more about our projects and why they are so critical for our community at [Northernlight.org/BlueHillPromise](http://Northernlight.org/BlueHillPromise) and [Northernlight.org/MaineCoastPromise](http://Northernlight.org/MaineCoastPromise)

