



Northern LightSM
Acadia Hospital

Pediatric Day Treatment Program

We're back providing safe, on-site programming for the 2021-2022 school year!



We are excited to once again welcome kids (and their masks) to our second year of Pediatric Day Treatment programming at Acadia Hospital. Our spacious treatment area is secluded from other hospital programs/units and allows us to physically distance and deliver the safest care to our patients. Our team has been extensively trained in infection prevention protocols and is ready to welcome our patients back!

Pediatric Day Treatment is a highly-structured program that is facilitated by trained professionals and offers patients:

- Highly interactive group therapy
- Individual and family therapy
- Medication Management services for all participants
- Adventure-based curriculum with a focus on getting outside into nature
- Occupational therapy (group or individual for those who qualify)
- Care coordination services (for those eligible and interested)



Visit our website
using this QR code
to learn more!

Contact Us

Questions: 207.973.9842

Referrals: Behavioral Health Resource Center 207.973.6048

Learn how we deliver safe care during COVID-19 at
northernlighthealth.org/safecare

Best Fit

Acadia has treatment options for:

- Kids experiencing increases in anxiety, changes in mood, frustration and anger, stress, or are more withdrawn
- Kids struggling with sudden changes of routine and loss of normality
- Kids in need of peer support, structure, and consistency
- Kids whose services through community-based programs have changed or ended

Key Features

- Fully on-site programming
- Structured support during the day, Monday - Friday from 8-3:45
- On-site education program provided by the Bangor School Department
- Social interaction with peers
- Access to individual and family services
- Tech equipment and support to facilitate remote delivery of services when and if needed

What you'll need

For participation in the program:

- Reliable transportation to and from the program. Need help? Our team will assist in setting up transportation services for eligible youth
- An open mind and desire to try new and exciting activities