



Well Aware

A newsletter of health information from Mayo Regional Hospital * Annual 2003

Hospital expansion complete

The completion of a 28-month, \$8 million facilities expansion with the opening of a new Ambulatory Services Unit wing was the high point of 2003 at Mayo Regional Hospital.

The ASU opened in May with expanded space for the hospital's growing Surgical Services, and the project was concluded in September, when the Imaging Center for Women occupied its new suite.

The construction milestones reached in 2003 finalized Phase II of Mayo's facilities plan, which began with groundbreaking in May, 2001. Phase I work completed in 2002 included construction of a two-story Resource Center and a new Emergency Department addition, as well as extensive renovations of existing hospital space.

Mayo's growth was not confined to building construction, for the hospital also extended its community outreach efforts with two major initiatives during the past year.

On April 1, the Hospital Administrative District 4 Board of Directors approved a plan to merge eight Penquis area physician practices directly into the operations of Mayo Regional Hospital. As a result of that action, Mayo Regional Administrative Services Corporation, a wholly-owned subsidiary of the hospital formed in 1995 to manage physician offices, no longer exists. In its place, a new hospital department, Mayo Practice Associates, has assumed responsibility for doctor's offices in Corinna, Dexter, Dover-Foxcroft, Guilford and Milo.

During 2003 Mayo also expanded the scope of its hospital ambulance service, as Mayo Emergency Medical Service grew into Penobscot County in two directions: in the east, to Corinth, and in the south, to Dexter. Mayo forged agreements with those two towns to respond to all ambulance calls, taking over for municipal services that had been experiencing challenges in staffing. Mayo EMS began serving Corinth on Feb. 1, and took over operations of the Dexter Ambulance on July 1.

Three new doctors joined Mayo's active medical staff during the year: general surgeon Richard Evans, M.D. started a private practice in Dover-Foxcroft, obstetrician-gynecologist Deborah Surette, M.D. joined Mayo Women's Health, and family practice physician Elisa Thompson Ruksznis, M.D. joined Dover-Foxcroft Family Medicine. The arrival of Dr. Ruksznis was a homecoming, for Mayo's newest physician is a native of Guilford.

Mayo experienced an off year financially, as the hospital had its first operating loss since 1993. Due to a number of environmental factors -- the departure of two key surgeons, the waning regional economy and the state's continuing budget crisis -- Mayo had a net loss of \$781,483 for the year. Important steps were taken during the year to address the deficit and strengthen the hospital's financial performance in 2004.

Mayo collaborated on two major projects during the year in order to strengthen healthcare delivery. The hospital, using a mix of financial and in-kind support, joined with Eastern Maine Community College to expand nursing education opportunities in Dover-Foxcroft. Mayo also helped bring the "Miles for Smiles" oral health program to Piscataquis County, in partnership

with the Penobscot Community Health Center and Anthem Blue Cross and Blue Shield.

Hospital	About the Hospital
<p>Administrative District 4 Board of Directors</p> <p>Abbot <i>Heather Weymouth</i></p> <p>Atkinson <i>Irene White</i></p> <p>Bradford <i>Gregory Bowler, President</i></p> <p>Cambridge <i>Cynthia Hoak</i></p> <p>Dexter <i>Steve Whitesel</i> <i>Al Tempesta</i> <i>Patricia Tobin</i></p> <p>Dover-Foxcroft <i>Norman Higgins</i> <i>Judy Raymond, Secretary</i> <i>Robert Pomeroy, Treasurer</i></p> <p>Guilford <i>Dolores Curtis, Vice President</i> <i>Alvin McDonald</i></p> <p>Monson <i>Sue Ruby</i></p> <p>Parkman <i>Candice Cyr</i></p> <p>Sangerville <i>Ellen C. Haley</i></p> <p>Sebec <i>Ruth Nason</i></p> <p>Willimantic <i>Jeff Morin</i></p>	<p>Mayo Regional Hospital, operated by Hospital Administrative District 4, is a non-profit, 46-bed acute care facility in Dover-Foxcroft. It was opened in 1978 by 12 towns to serve their communities. The 17-person Board of Directors includes representatives elected from the member towns.</p> <p>A department of the hospital, Mayo Practice Associates, operates eight medical offices in Dover-Foxcroft, Dexter, Guilford, Milo and Corinna.</p> <p>The hospital is licensed by the state of Maine Department of Human Services.</p> <p>The active medical staff includes 20 physicians board-certified in the following specialties: anesthesiology, family practice, internal medicine, general surgery, obstetrics/gynecology, ophthalmology, orthopaedics, radiology and pediatrics. There is a multi-specialty consultant and associate staff of physicians and allied health specialists.</p> <p>Inpatient services are acute medical/surgical care, intensive care, surgical services and obstetrics.</p> <p>Outpatient services include 24-hour emergency care, EMS ambulance, radiology, cardiopulmonary, day surgery, Diabetes and Nutrition Center, diet counseling, Heartwise cardiac rehabilitation, Imaging Center for Women, WorkWISE occupational health, oncology clinic, rehabilitation services, laboratory, alcohol and drug counseling, Lifeline and Pine Tree Hospice.</p> <p>As the role of community hospitals changes, Mayo Regional remains committed to serving as a healthcare and civic leader, concerned employer and good neighbor. For more information, call 564-4342.</p>

Financials

FY 2003

Hospital Administrative District 4, d/b/a Mayo Regional

Mayo Regional Hospital and its

Hospital, and its subsidiary, Mayo Regional
Administrative Services Corporation

Consolidated Statements of Operations - Unrestricted
Funds
(Year Ended September 30)

	2003	2002
Net Patient Service Revenue	\$24,474,519	\$25,796,805
Other Operating Revenue	816,377	860,484
Total revenues	25,290,896	26,657,289
Expenses:		
Personnel Services	12,003,590	11,146,660
Employee Benefits	2,460,207	2,504,932
Professional Fees	235,141	349,158
Supplies and other direct expenses	5,977,643	5,565,446
Purchased Services	2,752,263	3,574,819
Interest	366,907	211,798
Depreciation and Amortization	1,268,807	1,051,358
Provision for doubtful accounts	1,259,268	1,262,640
Total expenses	26,323,826	25,666,811
Operating income (loss)	(1,032,930)	990,478
Nonoperating revenues (expense):		
Investment income	171,199	176,381
Net increase (decrease) in fair value of investments	74,472	(78,378)
Gain (loss) on disposal of equipment	5,000	(13,546)
	250,671	84,457
Income (loss) before other revenues	(\$782,259)	\$1,074,935

subsidiary, Mayo Regional Administrative Services Corporation, had a consolidated loss of \$782,259 for fiscal year 2003, the first operating loss experienced by the hospital since 1993.

Mayo provided \$409,129 in charity care, in addition to making provisions for covering \$1,259,268 in bad debt.

Key statistics

Admissions: 1,366
 Patient days:
 Acute care - 4,108
 Intensive care - 429
 Daily patient census: 12.4
 Average length of stay: 3.3 days
 Births: 164
 Newborn days: 308
 Surgical procedures: 2,024
 Inpatient - 356
 Outpatient - 1,668
 Radiology exams: 18,535
 Inpatient - 2,335
 Outpatient - 16,200
 Laboratory tests: 122,408
 Inpatient - 23,326
 Outpatient - 99,082
 Physical therapy procedures: 10,444
 Cardiopulmonary treatments: 6,437
 Oncology visits: 973
 Substance abuse visits: 646
 Emergency room visits: 12,908
 Ambulance runs: 2,503
 CT scans: 2,568
 Occupational health visits: 3,095
 ACLS/Cardiac rehab visits: 1,420
 Physician office visits: 40,061
 Full-time equivalent employees: 285

Mayo Regional Hospital received \$57,282 for its Annual Appeal

Thank you to the 162 donors listed below who have contributed to the hospital's Annual Appeal, which raised funds to purchase laparoscopic equipment for Mayo's Surgical Services department. Total charitable contributions to Mayo last year amounted to \$184,000. The following list includes donations received between March 1, 2003 and March 1, 2004.

Leadership Circle

(\$2,500 and up)

NEHE-MRI

Pamela Nourse, M.D.

William Orton

Plummer Memorial

Foundation

Mr. and Mrs. James H.
Tobin

Delbert Vaczy

Rosanne Young

Barbara S. Walker, in
memory of Frank
Walker

Irene S. White, in
memory of Virginia
White

Founders (\$1,000- \$2,499)

Gerald Collins

Mr. and Mrs. John Cushing

Dr. David Frasz and Dr.

Lesley Fernow

Ralph Gabarro, in memory
of Pete Gabarro

Mr. and Mrs. James B.
Gustafson

Susan R. Lancaster

David B. McDermott, M.D.

Dr. and Mrs. Thomas K.
Murray

Mr. and Mrs. Stanley Pride
Rowell's Garage

Dr. and Mrs. Richard B.
Swett

Elisa Thompson, M.D.

Van D. Wentworth

Rosalie E. Gagnon, in memory of Robert
Gagnon

Mr. and Mrs. Edgar E. Gammon

Beatrice G. Gellerson

Judith Gerrish, RN

Frances R. Glover

Jeff Hastings

Michael Hendrix

Hibbard Nursing Home Inc.

Mr. and Mrs. Duane L. Huff

Mr. and Mrs. Wayne O. Huff

Susan Jardine

Junior Cosmopolitan Club

Mr. and Mrs. Brad Limbert

Mary A. Lutterell

Marion McLellan

Roxanne Nason

Ray Noddin

Mr. and Mrs. Paul J. Raymond, in
memory of Jeffrey S. Parola

Drs. Challa V. Reddy and Usha Reddy,
in memory of Vasudeva Reddy

Darcy M. Redmond

Mr. and Mrs. Russell A. Scott

E. Marie Thompson, in memory of Keith

K. Thompson

Sylvia L. Turner

Dr. and Mrs. Robert L. Veon, in honor of

Mark Hanson, Laurie Tremblay and

William Sheppard

Evelyn G. Weston

Clifford L. Wiley, in memory of Wanda

P. Wiley

Donors

Mayo Regional Hospital
Endowment

John and Anne Urban
Fund

Intensive Care Unit

Betty Bates, in
memory of George W.
Rollins

Oncology Services Fund

In memory of Mary
Beth Dean
Bessie L. Bush

In memory of Kathleen Hanscome

Mr. and Mrs. Dick
Bagley

Patricia Colbry

Adeline Dauphinee

Helen M. Gooch

Cheryl A. Hanscome

Beverly J. Moulton

Virginia C. McGuire

Nancy L. Nogueira

Mr. and Mrs. Andy H.

Payson

William W. Robinson

Benefactors (\$500- \$999)

Mr. and Mrs. Dennis Allen

Lisa Bartley, FNP, in
memory of Christine
Rozakis

Karen Brooks

Diane R. Dill

Karen Dow

Bradford Ellis, in memory
of Alice Ellis

Sandra Engstrom, in
memory of Jerry & Pauline
Sweet

Dora N. Littlefield

Thomas Lizotte

Oscar & Reuben Lumbra

Inc.
 William Sheppard, PA-C
 Mr. and Mrs. John Smith,
 PA-C
 Mark Stroud
 Deborah B. Surette, M.D.
 Sandra Thibodeau
 Mr. and Mrs. W. Ward
 Webber
 Lillian Williams
 Linda Zimmerman, in
 honor of Surgical Services
 staff

Patrons (\$250-\$499)
 Kathleen D. Allen
 Community Pharmacies LP
 Sheri Conley
 Mr. and Mrs. Charles E.
 Darr, in honor of David
 McDermott, M.D.
 Olive Ducharme, in
 memory of Alvia
 Ducharme
 Christine A. Durham
 Dr. and Mrs. John W.
 Ellery
 Dr. and Mrs. Richard A.
 Evans
 Harold T. Gerrish, DMD, in
 honor of Heartwise
 Stephanie Hall
 Carmen Lander
 Susan Luthin, M.D.
 Gerald Menard
 Lisa Murray
 Ruth W. Nason
 Mr. and Mrs. Craig H.
 Nelson
 Robert L. Pomeroy
 Kenneth S. Proctor
 Mr. and Mrs. Doug Roberts
 Bonnie Stone
 Elizabeth VanDyke, in
 memory of Frank G.
 VanDyke

**Supporters (\$100-
 \$249)**
 Mr. and Mrs. Donald
 Ambler, in memory of
 Brenda W. Ambler

Roger W. Willis

Friends (Up to \$100)

Abaris Club
 State Rep. James D. Annis, in memory
 of Susan D. Annis
 Gregory Bowler
 Kristina Carroll
 Mr. and Mrs. Roland T. Clukey, in
 memory of Elizabeth Clukey
 Ali Conroy, Rachel Cody, Mamie Clarke
 and Lucy McDermott
 Mr. and Mrs. Paul Curtis
 Candice L. Cyr
 Dexter Regional Federal Credit Union
 Mr. and Mrs. Rodney L. Edgerly
 Linwood G. Flanders
 Sara Fogler
 Dorothy E. Gray
 Mr. and Mrs. Clarence R. Herrick
 Mr. and Mrs. Arthur L. Hitchcock
 Stephen R. Jackson and Theresa B.
 Boettner
 Theresa M. Joslyn, in memory of
 Roberta Campbell
 Mr. and Mrs. Lionel J. Laferriere
 Mr. and Mrs. Greg Lander
 Dr. and Mrs. Charles H. Lightbody
 Robert O. Littlefield
 Mr. and Mrs. Floyd A. Marsh, in memory
 of Vance A. Pratt
 Susan R. McKinley
 Darlene Miles, in memory of Clifton and
 Rebecca Miles
 Phyllis Mills and Rebecca Mills
 Betty G. Morse
 Mr. and Mrs. Philip D. Mosley
 Mr. and Mrs. Robert S. Parker
 Mr. and Mrs. David R. Perkins, in
 memory of Agnes G. Lindsay
 Janet A. Rines
 Susan K. Ruby
 Mr. and Mrs. Herbert O. Severance
 Mr. and Mrs. Samuel G. Shepherd
 Mr. and Mrs. Kenneth H. Simmons, in
 memory of William and Alice Mitchell
 Dorothy Speed, in memory of Philip
 Speed
 Renee Speh
 Laura T. Stacy
 Mr. and Mrs. Richard O. Stutzman
 Mr. and Mrs. William E. Thompson
 Margaret M. Thurston

Kathleen N. Staples
 Mr. and Mrs. Barry
 Stultz
 Linda H. Vose

**HAD 4 Auxiliary
 projects**
 Bone densitometer

**Memorial
 donations to
 Auxiliary**
 In memory of Roscoe
 Littlefield
 Mr. and Mrs. Austin
 Deane

**In memory of
 Walter Ebersteen**
 Dover-Foxcroft
 Congregational Church

**In memory of
 Marjorie Warren**
 John Clark, DDS office

**In memory of
 Marjorie Eldridge**
 John Clark, DDS office
 Helen Brown

**In memory of
 Kenneth and
 Margaret Badger**
 Marion Race

**In memory of
 Frank Murch**
 Viola Murch

**In memory of
 Jeffrey Parola**
 Mr. and Mrs. Paul
 Raymond

**In memory of
 Clyde Nason**
 Joyce Mazerolle

Mr. and Mrs. Philip S.
Annis
Ethel M. Ayres, in honor of
all staff Dr. James W.
Berry
Roy A. Bither Jr.
Richard D. Boss
Mr. and Mrs. James A.
Brown
Mark and Elizabeth
Donaghy
Mr. and Mrs. George E.
Emmons
Lisa H. Fortier

In memory of Mary
Beth Dean
Junior Cosmopolitan
Club
Kathrine Green

In memory of
Brenda Ambler
Mr. and Mrs. Donald
Ambler

Every effort has been made to ensure the accuracy of this donor list. If the information is incorrect, we apologize and ask that you call Tom Lizotte, 564-4342, about any error.

Donations may be sent to Development Office, Mayo Regional Hospital, 897 West Main Street, Dover-Foxcroft, Maine 04426.

[Back to Menu](#) || [Send this page to others](#)

Copyright © 1998-08, **MAYO REGIONAL HOSPITAL**, All Rights Reserved
Designed & Maintained by Judy Craig Consulting - Updated: