

### Program Goal

This seventeenth biennial conference, is designed for nurses, physicians, and other healthcare providers who care for obstetrical and neonatal patients. The goals for this program are to study and discuss current issues, controversies, and advances in practice, in order to improve patient outcomes.

### Registration

You can register online at: [northernlighthealth.org/perinatal](http://northernlighthealth.org/perinatal)

Or by mailing the enclosed registration form to:  
Northern Light Eastern Maine Medical Center  
Attn: Clinical Education Department  
489 State Street, PO Box 404  
Bangor, ME 04401

Make all checks payable to Northern Light Eastern Maine Medical Center.

**Registration is required by October 1 to assure space and meal accommodations.**

### Directions

To reach the Hilton Garden Inn, 250 Haskell Road, Bangor, Maine (207.262.0099), take exit 187 off of I-95. Coming from the south, make a right turn off of the exit and a left at the first stop light. Coming from the north, make a left turn off of the exit ramp and a left at the second stop light.

### Facility and Accommodations

The facility is fully accessible. If accommodations for hearing are required, please note when registering.

Hotel rooms are available at a discounted rate if booked by October 1. Just mention the conference when making your reservation.

### Accreditation

Northern Light Eastern Maine Medical Center, Education Department, is an approved provider of continuing nursing education by the Northeast Multistate Division (NE-MSD), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

(6.75) Contact Hours provided for day one.

(7.5) Contact Hours provided for day two.

*Northern Light Eastern Maine Medical Center designates this live activity for a maximum of (6.75) AMA PRA Category 1 Credits™ for day one and (7.5) for day two. Physicians should only claim credit commensurate with the extent of*

*their participation in the activity.* Eastern Maine Medical Center is accredited by the Maine Medical Association's Committee on Continuing Medical Education to provide Continuing Medical Education (CME) for practicing physicians.

*We have applied for approval of 14.25 American Academy of Family Physicians prescribed credits.*

**To receive full CEU/CME credits you must attend all sessions each day.**

### Tuition

The tuition fee for this two day conference is \$150 which includes breakfast, lunch, snacks, and a certificate of attendance with accreditation statements included. Tuition fee for one day is \$75.

**Northern Light Health employees are only required to pay \$20 a day for meals. Conference tuition is waived.**

### Cancellations

You will receive a full refund, less a \$15 processing fee, if the Clinical Education Department receives cancellation in writing ten days before the conference dates. If you are unable to attend, substitutions from the same organization are welcome. Please notify us of this change in writing, prior to the conference dates. Cancellations received after the ten day limit, and conference registrants who fail to attend, or attend only a portion of the program, are liable for the full fee. Special circumstances will be reviewed on an individual basis by the program coordinator. We reserve the right to cancel this program at any time, and will notify participants by telephone or mail if adequate information is provided on the registration form. In the event the program is cancelled, tuition will be refunded in full.

### Conference Materials

An outline of all lectures will be provided in a condensed handout at registration both days. PowerPoints will be posted on our website as we receive them from the presenters. Directions on how to access the handouts will be sent to you in your confirmation letter.



## Trends and Issues in Perinatal Practice



**October 17-18, 2019**

Hilton Garden Inn  
250 Haskell Rd - Bangor, ME

**Registration is required. Reserve your seat now at [northernlighthealth.org/perinatal](http://northernlighthealth.org/perinatal)**

This conference sponsored and planned by Northern Light Eastern Maine Medical Center Women's and Children's Services and Clinical Education Department



# Trends and Issues in Perinatal Practice

Agenda: October 17		Agenda: October 18	
7:30-8 am	Registration/Breakfast	2:15-2:30 pm	Break
8-8:15 am	Welcome and introduction Deb Sanford, MBA, MSN, RN, Vice President, Nursing and Patient Care Services and Aida Poblador-Stevens, MSN, RN, AVP, Women's and Children's Services, Northern Light Eastern Maine Medical Center	2:30-3:15 pm	Breakout sessions Option A: Team Kangaroo Journey Dawn Andrews, RN; Wendy Cooper-Plaisted, RNC; Jennifer Wickett, RN; Northern Light Eastern Maine Medical Center Option B: Opioid misuse in pregnancy Sarah Bernstein, MD, maternal fetal medicine, Massachusetts General Hospital
8:15-10:30 am	Fast Track to Breastfeeding: Kangaroo Care for full term infants and Developmental outcomes in Kangaroo Care Susan Ludington-Hoe, PhD, RN, CNM, CKC, FAAN, Carl W. and Margaret Davis Walter Professor of Pediatric Nursing, Frances Payne Bolton School of Nursing, Cleveland, OH	3:15-4:30 pm	Maternal sepsis and Steroids in pregnancy Garrick Slate, MD, FACOG, OBGYN, OB Hospitalist Group, Diplomat Program
10:30-10:45 am	Break	4:30-4:45 pm	Questions/Wrap up
10:45-11:30 am	Opioid misuse impact on the parent and child dyad Elizabeth Cote, MD, MPA, Chief Mission Officer and Medical Director, MyHealthMath	7:30-8 am	Registration/Breakfast
11:30 am-12:30 pm	Lunch	8-8:15 am	Welcome and introduction James Jarvis, MD, senior Vice President and Senior Physician Executive and Aida Poblador-Stevens, MSN, RN, AVP, Women's and Children's Services, Northern Light Eastern Maine Medical Center
12:30-1:30 pm	Current trends in fetal heart monitoring/ Legal implications Patricia Connors, RN, MS, WHNP-BC, former perinatal clinical nurse specialist, Massachusetts General Hospital	8:15-10:15 am	Kangaroo Care: Family care in the NICU Susan Ludington-Hoe, PhD, RN, CNM, CKC, FAAN, Carl W. and Margaret Davis Walter Professor of Pediatric Nursing, Frances Payne Bolton School of Nursing, Cleveland, OH
1:30-2:15 pm	Sudden, unexpected postnatal collapse of the newborn Nancy Gillilan, BSN, RN, NNP-BC, Trinity Health, Columbus, OH	10:15-10:30 am	Break
		10:30-11:30 am	Donor human milk/Fortifications: Clinical outcomes in the NICU Jay Kerecman, MD, neonatologist, Northern Light Eastern Maine Medical Center
		11:30 am-12:15 pm	Tying Kangaroo care to the five pillars of developmental care in the NICU Nancy Gillilan, BSN, RN, NNP-BC, Trinity Health, Columbus, OH
		12:15-1 pm	Lunch
		1-1:45 pm	Pitfalls in clinical documentation Patricia Connors, RN, MS, WHNP-BC, former perinatal clinical nurse specialist, Massachusetts General Hospital
		1:45-2:30 pm	Antenatal Transport: Concepts, Components and Compliance Issues and Concerns Norman Dinerman, MD, FACEP, Medical Director, Lifeflight of Maine; Medical Director, Transfer Center; Physician Advisor, EMTALA Compliance, Northern Light Eastern Maine Medical Center
		2:30-3:15	Federal collaborative project to make safe sleep and breastfeeding a national norm Elizabeth Cote, MD, MPA, Chief Mission Officer and Medical Director, MyHealthMath
		3:15-3:30	Break
		3:30-4:15 pm	Precision Genomic Medicine: A Perinatal Primer Shannon Marchegiani, MD, neonatologist, Northern Light Eastern Maine Medical Center
		4:15-5 pm	Osteopathic management in late pregnancy K. Emily Redding, DO, NMM/OMM Plus One Residency Director, Northern Light Eastern Maine Medical Center

Welcome! Northern Light Eastern Maine Medical Center invites you to our seventeenth biennial conference, Trends and Issues in Perinatal Practice, featuring national and local faculty at one of Bangor's premiere conference centers. Our Medical Center remains on the leading edge of technology, new advances, and compassionate, competent care. In 45 minutes you can reach Mount Desert Island - a great place to hike, bike, and climb Cadillac Mountain. Baxter State Park, located northwest of Bangor, is the "gateway" to the north woods. Maine seafood is always a good choice at any one of our excellent restaurants in Bangor. We hope you will come for a fun fall weekend in Bangor with your family!