

# EMMC Surgical Weight Loss Program Referral Form

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Social Security# \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Cell) \_\_\_\_\_

**Primary Insurance (PLEASE SEND COPY OF CARD):**

Name/certificate/group# \_\_\_\_\_

**Secondary Insurance**

Name/certificate/group# \_\_\_\_\_

**Relative contraindications to gastric bypass surgery (please check✓):**

- Smoking\* Yes or No  Repeated no-shows for scheduled office visits  
 Significant psychiatric diagnosis  Active drug/alcohol/prescription narcotic abuse\*\*

\*As of 08/08 we can no longer accept referrals on patients who smoke. Your office must provide documentation regarding smoking cessation before we can begin the program.

**Pt. Height:** \_\_\_\_\_ **Pt. Weight:** \_\_\_\_\_ **Body Mass Index:** \_\_\_\_\_

**Indications for referral:**

- Morbid obesity (Body Mass Index  $\geq$  40)  
 Obesity (Body Mass Index 35-39.9 with 1 of the following :heart disease, type 2 diabetes, poorly controlled HTN, obstructive sleep apnea (latter two must be treated)

**Comorbid Diagnosis:**

- Diabetes (Last HgA1C= \_\_\_\_\_)\*  Cardiovascular disease  
 Hypertension  Fatty Liver  Venous stasis ulcers/cellulitis  
 Hyperlipidemia  Chronic pain (please indicate where: \_\_\_\_\_)  
 GERD  Osteoarthritis  
 Sleep apnea (If checked please indicate current treatment \_\_\_\_\_)  
 PCOS  Other: \_\_\_\_\_

\*HbA1C must be  $\leq$  8 to proceed to surgery

**Past treatments for weight loss/control:**

- Diet therapy (documented attempts at therapy by MD, DO, PA, NP, RD)  
 Weight Loss Medications (please list: \_\_\_\_\_)  
 Prior weight loss surgery; What year \_\_\_\_\_ What surgery: \_\_\_\_\_  
(operative reports or discharge summaries helpful if the patient has had prior weight loss surgery. May need UGI study to determine if reoperation is an option).

**Present Medications: Please send medication list**

- Procedure Requested:**  Gastric Bypass Surgery  
 Adjustable Gastric Band  
 Sleeve Gastrectomy

**Bariatric Surgeon Preference (leave blank if no preference):**

- Dr. Michelle Toder  Dr. Fariba Dayhim  Dr. Michael St. Jean

**With this referral and my signature I authorize the following evaluations prior to surgeon consult and surgery:**

1. Med. Nutrition Therapy
2. Psychological Evaluation
3. Physical Therapy Evaluation/Treatment
4. Split-Study polysomnography and sleep apnea treatment as indicated (screening protocol completed by SWLP personnel and Appointment coordinated by SWLP)

Signature of the Referring Provider: \_\_\_\_\_ Printed Name: \_\_\_\_\_

Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_ Date of referral: \_\_\_\_\_

**Mail /fax this form along with a recent H/P and OV notes to:**

SWLP, 905 Union Street, Suite 11, Bangor, ME 04401: Phone 973-6383 Fax 973-7364