

## Pre-Procedure COVID-19 Testing

For your safety and the safety of others, Northern Light Eastern Maine Medical Center is requiring all patients scheduled for surgery or procedures, except those being performed under local anesthesia only, to be tested for COVID-19. NL EMMC's Surgical Navigation department will order the test and call you 5-7 days prior to your surgery or procedure to provide you with information on how and when to get your test completed.

To ensure we receive your result in a timely fashion, we ask that you please use a Northern Light testing facility whenever possible. This helps us to minimize potential of not having a result when you show up on the day of your procedure. Lack of a result could lead to a delay or postponement of your procedure. **It is critical that you have your test done within the 3 days prior to your surgery or procedure! If you test outside that timeframe, we will call and ask that you be retested so please be sure you are within the 3 day window!** Example: if you are scheduled for a surgery on Monday, your test cannot be done prior to Friday of the previous week.

Once you have received a phone call from NL EMMC Surgical Navigation regarding your COVID-19 test, the information below should help arrange for your test. The caller from NL EMMC Surgical Navigation will go over this information with you on the phone as well as answer questions you might have. They can also give you information about the NL locations that are available for you to get your test completed.

1. Registering for your test via phone:
  - a. For a Northern Light Health testing location **other than Maine Coast Memorial Hospital** please call 1-844-489-1822 and press 1 when prompted.
  - b. If you plan to go to Maine Coast Memorial Hospital for your test, please call 207-405-1163. They will be able to register you for your test and tell you the hours they are open.
2. You may also register online for your Pre-Procedure COVID19 test by visiting [www.preregistration.northernlighthealth.org](http://www.preregistration.northernlighthealth.org) and clicking PRE-REGISTER NOW. If you are a myEMHShealth portal user, you can login to pre-registration using your portal username and password. If you are not a myEMHShealth portal user, then you must set up an account before you register. In either case, you must enter some personal information into the online pre-registration system in order to register for your test.
3. Patients going to **the NEW BANGOR TEST SITE LOCATION NEAR BANGOR INTERNATIONAL AIRPORT (721 Main Avenue in Bangor)**.
  - a. Go to the 721 Maine Avenue location near Bangor International Airport 2-3 days before your surgery. The testing site is open **Mon-Fri 8-5, Sat 8-12, and Sun 8-12**.
  - b. If you can only go the day before your surgery, you must arrive by 2:00pm.
4. Patients going to another Northern Light facility:
  - a. Go to the testing site 2-3 days before surgery (not the day before as this could result in not having a result back prior to your surgery).

You will receive the result of your test the morning of your surgery, unless your result is positive. If positive, you will be contacted by your surgeon or PCP office soon after the result.

We appreciate the opportunity to provide you the very best of care! Your safety and the safety of all our patients and our staff matters greatly to us. We truly appreciate your cooperation and patience with our COVID-19 testing process. Should you have any questions, please feel free to reach out to NL EMMC Surgical Navigation at 973-5456. Thank you.