

Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

Location: Kagan Endoscopy – Kagan 3 Garage

EUS allows your physician to examine the lining and walls of your upper and lower gastrointestinal tract. The upper tract is the esophagus, stomach, and duodenum; the lower tract includes your colon and rectum. EUS is also used to study internal organs that lie next to the gastrointestinal tract such as the gallbladder and pancreas.

Your physician will use a thin, flexible tube called an endoscope that has a built-in-miniature ultrasound probe. Your doctor will pass the endoscope through your mouth or anus to the area to be examined. Your doctor will then use the ultrasound to use sound waves to create visual images of the digestive tract.

EUS provides your physician with more information than other imaging tests by providing detailed images of your digestive tract. Your doctor can use the EUS to diagnose certain conditions that may cause abdominal pain or abnormal weight loss. EUS is also used to evaluate known abnormalities including lumps or lesions which were detected at a prior endoscopy or were seen on x-ray tests such as CT scan.\*

*\*ASGE Patient information Booklet.*

## 1 Day Before Your Procedure

- Full liquid diet all day
  - Milk, plain ice cream, water, tea, coffee, juice, soup broth, Jello, carbonated beverages (nothing red, blue or purple)
- **6 pm** take one Fleets Enema

## The Day of Your Procedure

- Do not eat
- **6 hours** prior to your procedure
  - Stop all liquids
- **2 to 3 hours** prior to your procedure
  - Take one Fleets Enema

## Questions about your procedure?

Please call \_\_\_\_\_ at \_\_\_\_\_

For more information, please contact

Northern Light Gastroenterology, 417 State Street, Suite 121, Bangor, Maine 04401  
Phone: 207.973.4266 | fax: 207.973.5151