**Activities**

**Arts & Crafts**
- Adult coloring pages
- Homemade stationary & Card stock/stamps
- Drawing/painting
- Clay/playdough
- Pipe cleaner crafts
- Tie blankets or pillows for patients to keep
- Painting rocks
- Tissue paper flowers
- Marble sun catchers
- Decoupage
- Paper snowflakes
- Salt dough-beads
- Friendship bracelets
- Plant flowers in pots

**Games**
- Bingo for dollar store prizes
- Card games
- Puzzles, 300 or under
- Trivia-Joke-Quips
- Word searches, crosswords, sudoku, jumbles
- Ring toss
- Balloon ball
- Checkers
- Pictionary

**Exercise**
- Exercise to music
- Walking with different pictures to see on the walls

**General Relaxation**
- Manicures
- Music
- Movies
- Sensory stim. Kits
- Books, magazines, newspaper, maps, audio books

**Supplies**
- Adult coloring pages
  - Books can be donated, and pages can be photocopied
  - Binder to organize copies into
  - Crayons
  - Colored pencils
  - Markers
- Puzzles, 300 pieces or under
- Trivia games
- Word Searches
- Crosswords
- Sudoku
- Nail polish
- Nail files
- Small hand lotions
- CDs
- DVDs
- Sensory Stimulation Kits
  - Playdough/silly putty
  - Stress ball
- Books
- Magazines
- Maps
- Audio books
- Paint
- Paint Brushes
- Watercolors
- Water color paper
- Thick painting paper
- Pencils
- Erasers
- Balloons—Latex Free
- Checkers
- Pipe cleaners
- Pictionary
- Tie blankets/pillows
  - Fleece fabric
  - Stuffing
- Rocks
- Tissue paper
- Tape
• Liquid Elmer’s glue
• Glue sticks
• Glue gun
• Marbles
• Yarn
• Crochet hooks
• Construction paper
• Friendship bracelet string
• Card games
  o UNO
  o Playing Cards
  o Skip-Bo
  o Anything
• Sock-topus
  o Socks
• Dream catchers
  o Doilies
  o Feathers
  o Craft hoops
  o https://bellamumma.com/weekend-diys-doyls-dreamcatchers/
• Dominos
• Connect 4
• Craft kits from the dollar store
• Fuzzy socks with grippers on the bottom from the dollar store
• Round loom set to make hats