EBP Process:
3. Determine PICOT
4. Contact nurse researcher/EBPC for support/guidance
5. Search/review evidence
   • Research evidence
   • Systematic Reviews
   • Expert opinions
   • Patient preference
   *Sufficient evidence?
      • If yes, continue EBP process below
      • If no, follow research process
3. Target unit for pilot project
4. Determine measurable outcome variable
5. Recognize potential barriers to implementations
6. Recognize essential stakeholders
7. Consider supplies, standards, equipment
8. Submit EBP application to EBPC
9. Implement
10. Evaluate
11. Make changes towards improvement

QPI Process:
3. EBPC submission to record project
4. Implement project
5. Disseminate findings
   • poster, presentation, publication

Research Process:
3. Contact nurse researcher for support/guidance
4. Submit to Internal Review Board for review and approval
5. Submit project plan to EBPC to record project
6. Implement project
7. Disseminate findings
   • poster, presentation, publication

QPI
• Problem solving process by which teams use data driven approaches to improve processes
• CUSP/PDSA frameworks

EBP
• Problem solving approach using best evidence, clinical expertise, with considerations of internal and external influences to the organization

Research
• A systematic investigation to test or evaluate and create generalizable knowledge that does not necessarily benefit the participants in the project

When changes are made to the pilot program
• Institute widespread changes
• Ongoing evaluation

Disseminate findings
• poster, presentation, publication

For Process Examples, see Appendix

Northern Light Eastern Maine Medical Center’s Nursing Model for Practice Change