Stressful Incident Debriefing: What Are the Necessary Components of a Debriefing Tool?

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Practice Change

Starting the process of creating a preliminary survey that will be used to create a debriefing tool that will be used after traumatic events

Methods

1. Present pre-survey to staff including but not limited to management and trauma teams via emails, posters, distribute flyers in staff break rooms and mailboxes
2. Gather pre-survey data to compile information needed to create a debriefing checklist tool.
3. Compile data into graphs to show pre-survey results

Measures and Results

Pre-Survey Results

<table>
<thead>
<tr>
<th>Topics</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cardiac Arrest</td>
<td>16</td>
<td>4</td>
</tr>
<tr>
<td>Respiratory Arrest</td>
<td>16</td>
<td>4</td>
</tr>
<tr>
<td>Code Green</td>
<td>16</td>
<td>4</td>
</tr>
<tr>
<td>Death</td>
<td>16</td>
<td>4</td>
</tr>
<tr>
<td>Pediatric</td>
<td>16</td>
<td>4</td>
</tr>
<tr>
<td>Violence to Staff</td>
<td>16</td>
<td>4</td>
</tr>
<tr>
<td>Sexual Assault</td>
<td>16</td>
<td>4</td>
</tr>
<tr>
<td>Sentinel Event</td>
<td>16</td>
<td>4</td>
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</tbody>
</table>

Summary/Discussion

Next Steps:
- Gather pre-survey data to compile information needed to create a debriefing checklist tool.
- Create the debriefing checklist.
- Pass the data onto a future Residency group for implementation.

Barriers of this Study:
- Participation of employees in the Emergency Department
- Lack of time to complete a post survey
- Global pandemic with social distancing regulations.

Conclusion

- When surveyed a majority of staff agreed that debriefing is an important tool for the workplace
- Staff generally agree on topics that need to be debriefed
- Staff consensus showed a general lack of offered debriefings
- These findings may indicate that there would be effective implementation of a standardized debriefing tool

References:
