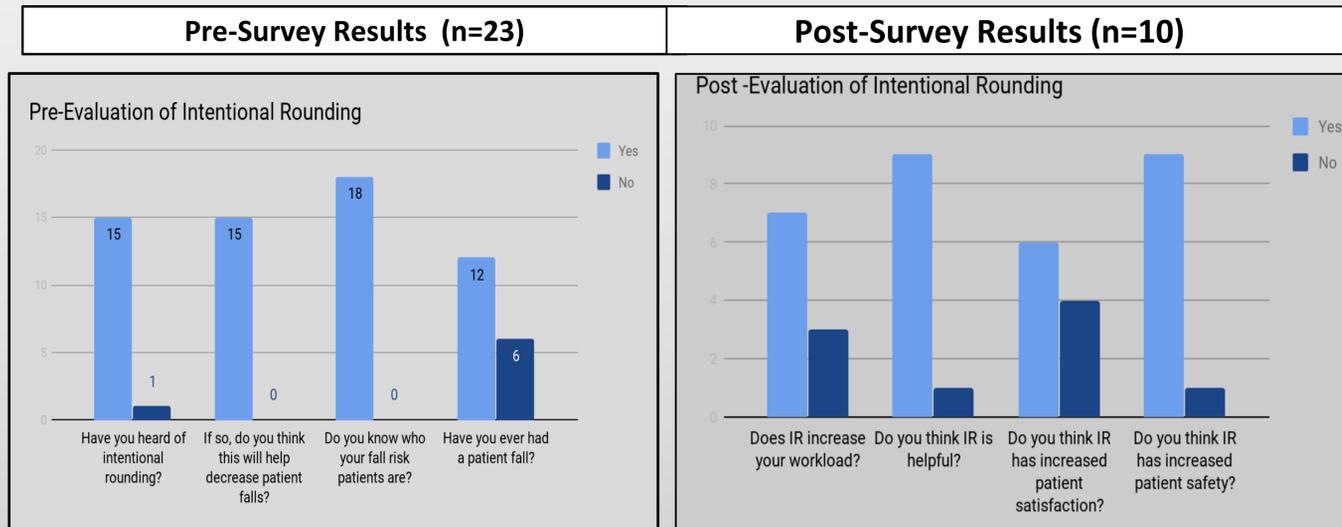


Background

- Falls in the hospital remain a continuing complication of hospitalization, leading to increased cost of stay and further complications
- Intentional rounding inclusive of toileting schedules are proposed solutions in acute settings to combat and reduce falls
- By educating and initiating programs tailored to toileting, staff have the opportunity to initiate fall prevention strategies profitable to patient outcome

Measures and Results



Summary/Discussion

Next Steps:

- Continue to evaluate effectiveness of toileting regime in fall prevention
- Improve education implementation by:
 - Mandatory on site education for all staff participating in direct patient care.
 - Audit bedside tool use to accurately assess implementation

Barriers of Project:

- Lack of employee buy-in/education.
- High acuity of hospital population.
- Lack of patient participation in toileting.

Practice Change

- Implement intentional rounding with emphasis on toileting needs to decrease inpatient falls staff education

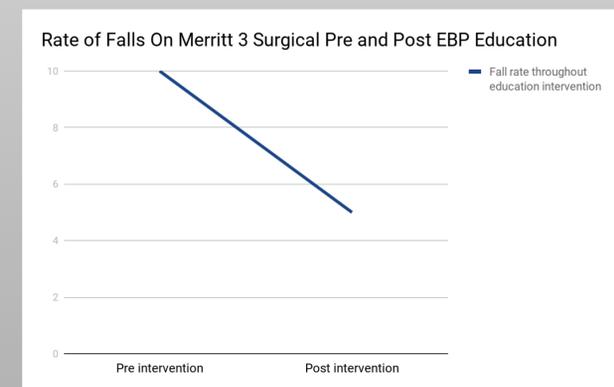
Educational Pamphlet

Toileting Schedule

Date _____ Room # _____

- This patient is to be assisted to the bathroom every 2 hours.
- Please stay with the patient while they are in the bathroom. Do not leave them unattended.
- Document the time, results and initial each time.
- Always engage the bed alarm/chair alarm.
- When this sheet is complete place in NM mailbox.
- Start a new sheet each morning.

Time	Results	Other	Initials
0700			
0900			
1100			
1300			
1700			
1900			
2100			
2300			
0100 *Final check before bed			
0400 *check-in do not wake if sleeping			



Methods

- Pre intentional-rounding survey for Merritt 3 Surgical Staff
- Collect fall records from Merritt 3 Surgical
- Present implementation tool to staff:
 - *Toileting schedule distributed in all high fall risk rooms
 - * Intentional rounding with toileting regimen evaluation
- Collect fall records from Merritt 3 Surgical post intentional rounding implementation

Conclusion

- Written education provided to RNs and CNAs will help outline why intentional rounding should be a priority in the clinical setting
- Rate of falls on Merritt 3 Surgical progressively decreases following completion of intentional rounding education
- Patient satisfaction and safety increased post-survey with implementation of education
- Management support is required for continuing education regarding intentional rounding and toileting schedules
- Fall rates decreased by 50% from pre to post implementation periods

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