Depression can develop weeks, months, or even years after a stroke. It can stop the progression of recovery and even rehabilitation and impact patients quality of life. The National Stroke Association states "more than 30% of stroke survivors experience these emotions" 2018. By using the PHQ9 tool we will be able to identify risk factors that are associated with depression and will be able to provide appropriate intervention and suggest early referrals for treatment.

Identified stroke patients
Provide staff with educational material to understand the PHQ9 tool.
Use PHQ9 tool for twenty post stroke patients within a two week period.
Analyze data collected using the tool.
Notify staff of the project outcomes.

Our work was the first step, but in during the project there were limitations in the results:
While implementing the project, two of the project members left during this time and all of the results were not completed and returned to the remaining group member.
The project was not completed.
In order to complete the project, more time will be needed.

Post stroke depression is a very important topic. This project has a great opportunity to change how we care for post stroke patients and identify early signs of depression. If this tool becomes used, we will be able to identify patients and implement ways to improve their outcomes.