Hand hygiene is considered one of the most basic and essential techniques for protecting healthcare workers, patients, families and the community against spread of pathogens.

Simply washing one’s hands can significantly reduce the burden of contaminating another person, and is one of the least cost effective preventative measure for healthcare facilities.

The method and technique of hand washing are significant in ridging one’s hands of all spreadable microbial pathogens, which must be practiced by all healthcare associates to protect the community from deadly infections.

Our project conducted was a simple educational method to educate the RN’s of Grant 6 Respiratory of EMMC on proper hand washing techniques, but requires additional teaching to help prevent the spread of pathogens.

Efficient hand washing needs to be further encouraged to all health care workers to improve prevention of health care associated infections.

Additional hand washing education and close monitoring of hand washing techniques to help establish problems that arise with proper hygiene.

Feedback from RN’s on our proper hand hygiene project include:

- The glitter bug require vigorous hand friction, scrubbing and rinsing that is not always allotted during the traditional working timeframe.
- Hand sanitizer is often utilized between direct patient care rather than the soap and water hand washing method.
- Most RN’s felt the educational project valuable to their hand washing techniques, even though the outcome statistics were not ideally successful.
- RNs are eager and willing to implement a more conscious effort when performing hand hygiene, before and after patient care.

References

