



## Empowering community health: Connecting patients with social care

A community's health is determined by the health of the people living there. "Socioeconomic status, availability of safe and affordable housing, reliable transportation, access to healthcare services, and food security can play a significant role in one's health," says Zoe Tenney, FNP, a family nurse practitioner at Northern Light Blue Hill Hospital's Palliative Care Clinic.

Through trusted partnerships, Northern Light Health connects patients with critical resources to improve their well-being, particularly through their web-based search engine of community resources: [northernlighthealth.findhelp.com](https://northernlighthealth.findhelp.com).



Pictured left to right are Bridging Neighbors volunteers Cheryl Michaud, Joanna Bentley, Lori Johnson, Suzie Nutbrown, LeCain Smith, and Anne Schroth.

The Bridging Neighbors program, a collaboration between Healthy Peninsula and Healthy Island Project supports older adults with social health needs by connecting them with trained volunteers who assist with tasks such as navigating local

resources, filling out paperwork, and following up on medical needs. Bridging Neighbors partnered with Northern Light Blue Hill Hospital for their pilot year to take referrals only from Blue Hill Hospital clinical providers. After learning from this

partnership, Bridging Neighbors now continues to accept referrals from Blue Hill Hospital practices as well as other community sources. “I frequently refer patients to Bridging Neighbors,” Tenney explains, “Their volunteers can identify creative solutions to challenges I may have missed, helping me better care for my patients.”

In rural Maine, where resources can be limited, Bridging Neighbors provides invaluable support for individuals facing challenges like transportation, food insecurity, and isolation. “Although we cannot solve all presenting concerns, we can provide some of the support they need that they are not receiving elsewhere. In our first year of implementation, we received more than 50 referrals for those aged 60+ who live on the Blue Hill Peninsula and Deer Isle/ Stonington, speaking volumes for the need for such a program,” says Lori Johnson, healthy aging coordinator, Healthy Peninsula. “Our hope is to continue training more volunteers so that we can continue with these much needed and appreciated services.”



To learn more go to:  
[northernlighthealth.org/communitybenefitreports](https://northernlighthealth.org/communitybenefitreports)



Total Community Investment by Category	
Community Health Improvement Services	\$2,054,800
Health Professions Education	\$2,546,828
Research	\$1,750,995
Cash and In-Kind Contributions	\$294,442
Community Building Activities	\$382,218
Community Benefit Operations	\$2,375,347
Traditional Charity Care	\$12,124,185
Unpaid Cost of Public Programs:	
Medicaid	\$113,174,114
Medicare	\$185,512,480
<b>Total Systemwide</b>	<b>\$320,215,409</b>

Northern Light Health Member Community Benefit	
Acadia Hospital .....	\$14,462,529
AR Gould Hospital .....	\$18,154,359
Blue Hill Hospital.....	\$1,488,341
CA Dean Hospital .....	\$713,688
Eastern Maine Medical Center .....	\$201,679,824
Home Care & Hospice .....	\$825,834
Inland Hospital .....	\$13,260,339
Maine Coast Hospital.....	\$12,956,106
Mayo Hospital .....	\$2,208,258
Mercy Hospital .....	\$51,691,851
Northern Light Health Home Office .....	\$664,404
Sebasticook Valley Hospital .....	\$2,109,876

## Acadia Hospital

Community Health Improvement Services .....	\$196,494
Health Professions Education .....	\$1,018,794
Cash and In-Kind Contributions.....	\$63,433
Community Benefit Operations.....	\$240,952
Traditional Charity Care.....	\$9,656,106
Unpaid Cost of Public Programs:	
Medicare .....	\$3,286,750

**Total \$14,462,529**

[northernlighthouse.org/Acadia-Hospital](http://northernlighthouse.org/Acadia-Hospital)

## AR Gould Hospital

Community Health Improvement Services .....	\$171,216
Health Professions Education .....	\$627,201
Cash and In-Kind Contributions.....	\$17,544
Community Building Activities .....	\$31,684
Community Benefit Operations.....	\$18,495
Traditional Charity Care.....	\$193,426
Unpaid Cost of Public Programs:	
Medicaid.....	\$5,449,956
Medicare .....	\$11,644,837

**Total \$18,154,359**

[northernlighthouse.org/A-R-Gould-Hospital](http://northernlighthouse.org/A-R-Gould-Hospital)

## Blue Hill Hospital

Community Health Improvement Services .....	\$8,709
Health Professions Education .....	\$11,742
Cash and In-Kind Contributions.....	\$35,604
Community Benefit Operations.....	\$199,947
Traditional Charity Care.....	\$29,701
Unpaid Cost of Public Programs:	
Medicare .....	\$1,202,638

**Total \$1,488,341**

[northernlighthouse.org/Blue-Hill-Hospital](http://northernlighthouse.org/Blue-Hill-Hospital)

## CA Dean Hospital

Health Professions Education .....	\$45,062
Community Benefit Operations.....	\$40,454
Traditional Charity Care.....	\$28,600
Unpaid Cost of Public Programs:	
Medicare .....	\$ 599,572

**Total \$713,688**

[northernlighthouse.org/C-A-Dean-Hospital](http://northernlighthouse.org/C-A-Dean-Hospital)

## Eastern Maine Medical Center

Community Health Improvement Services .....	\$16,995
Health Professions Education .....	\$625,313
Research .....	\$1,750,995
Cash and In-Kind Contributions.....	\$9,720
Community Building Activities .....	\$21,456
Community Benefit Operations.....	\$677,075
Traditional Charity Care.....	\$1,313,632
Unpaid Cost of Public Programs:	
Medicaid.....	\$80,016,084
Medicare .....	\$117,248,554

**Total \$201,679,824**

[northernlighthouse.org/Eastern-Maine-Medical-Center](http://northernlighthouse.org/Eastern-Maine-Medical-Center)

## Home Care & Hospice

Community Health Improvement Services .....	\$14,187
Cash and In-Kind Contributions.....	\$118
Community Benefit Operations.....	\$124,996
Traditional Charity Care.....	\$3,794
Unpaid Cost of Public Programs:	
Medicaid.....	\$682,739

**Total \$825,834**

[northernlighthouse.org/Homecare-Hospice](http://northernlighthouse.org/Homecare-Hospice)





## Inland Hospital

Community Health Improvement Services .....	\$53,205
Health Professions Education .....	\$30,382
Cash and In-Kind Contributions .....	\$20,916
Community Building Activities .....	\$2,918
Community Benefit Operations .....	\$68,864
Traditional Charity Care .....	\$64,840
Unpaid Cost of Public Programs:	
Medicaid .....	\$7,947,164
Medicare .....	\$5,072,050

**Total \$13,260,339**

[northernlighthealth.org/Inland-Hospital](http://northernlighthealth.org/Inland-Hospital)

## Maine Coast Hospital

Community Health Improvement Services .....	\$12,917
Health Professions Education .....	\$29,937
Cash and In-Kind Contributions .....	\$16,250
Community Benefit Operations .....	\$226,803
Traditional Charity Care .....	\$221,174
Unpaid Cost of Public Programs:	
Medicaid .....	\$4,749,609
Medicare .....	\$7,699,416

**Total \$12,956,106**

[northernlighthealth.org/Maine-Coast-Hospital](http://northernlighthealth.org/Maine-Coast-Hospital)

## Mayo Hospital

Health Professions Education .....	\$119,598
Community Benefit Operations .....	\$26,667
Traditional Charity Care .....	\$102,275
Unpaid Cost of Public Programs:	
Medicare .....	\$1,959,718

**Total \$2,208,258**

[northernlighthealth.org/Mayo](http://northernlighthealth.org/Mayo)

## Mercy Hospital

Community Health Improvement Services .....	\$1,437,580
Cash and In-Kind Contributions .....	\$22,661
Community Building Activities .....	\$322,857
Community Benefit Operations .....	\$226,768
Traditional Charity Care .....	\$314,996
Unpaid Cost of Public Programs:	
Medicaid .....	\$14,328,562
Medicare .....	\$35,038,427

**Total \$51,691,851**

[northernlighthealth.org/Mercy-Hospital](http://northernlighthealth.org/Mercy-Hospital)

## Northern Light Health Home Office

Community Health Improvement Services .....	\$43,771
Cash and In-Kind Contributions .....	\$107,014
Community Benefit Operations .....	\$513,619

**Total \$664,404**

[northernlighthealth.org](http://northernlighthealth.org)

## Sebasticook Valley Hospital

Community Health Improvement Services .....	\$99,726
Health Professions Education .....	\$38,799
Cash and In-Kind Contributions .....	\$1,182
Community Building Activities .....	\$3,303
Community Benefit Operations .....	\$10,707
Traditional Charity Care .....	\$195,641
Unpaid Cost of Public Programs:	
Medicare .....	\$1,760,518

**Total \$2,109,876**

[northernlighthealth.org/Sebasticook-Valley-Hospital](http://northernlighthealth.org/Sebasticook-Valley-Hospital)

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