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Community Benefit

ARE YOU EATING OK?

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When he attended college at the University of Maine in 2014, Dexter already had a list of obligations for community service, something he had instilled in him at a young age. An avid runner, he organized a fundraiser for the Lafayette Cancer Institute, turning it into a community event the size of a marathon. “It started off very, very simple—raise $2,000 for the Lafayette Cancer Institute, and then it grew. I quickly realized that that’s what I was meant to do, and that’s how the Christine B. Foundation (CBF) got its start.”

From its humble beginnings as a college student’s road race in his mother’s name, CBF has transformed into a nonprofit agency that provides nutrition assistance and financial counseling to patients and families in Maine. “We have supported more than 1,300 families and provided nearly $10 million in financial assistance and nutritious food since its start,” Dexter said.

Community Health Improvement Services .......................... $57,421
Health Professions Education ........................................... $169,032
Community Benefit Operations ........................................ $21,718.14
Traditional Charity Care .................................................. $9,247.27
Unpaid Cost of Public Programs: Medicare ....................... $2,975,351

Total $12,948,815

northernlighthealth.org/C-A-Dean-Hospital

CA Dean Hospital

Community Health Improvement Services .......................... $532
Health Professions Education ........................................... $56,336
Community Benefit Operations ........................................ $152
Traditional Charity Care .................................................. $25,749
Unpaid Cost of Public Programs: Medicare ....................... $44,461

Total $129,640

northernlighthealth.org/C-A-Dean-Hospital

Christine B. Foundation (CBF) got its start.

ACadia Hospital

Community Health Improvement Services .......................... $100,782
Health Professions Education ........................................... $104,949
Cash and In-Kind Contributions ....................................... $47,304
Community Benefit Operations ........................................ $63,034
Traditional Charity Care .................................................. $211,323
Unpaid Cost of Public Programs: Medicare ....................... $6,412,746
Medicare .......................................................... $11,462,514

Total $16,778,272

northernlighthealth.org/Gould-Hospital

ARR Gould Hospital

Community Health Improvement Services .......................... $128,853
Health Professions Education ........................................... $105,576
Research ............................................................. $2,123,109
Cash and In-Kind Contributions ....................................... $14,451
Community Benefit Operations ........................................ $62,037
Traditional Charity Care .................................................. $2,321,347
Unpaid Cost of Public Programs: Medicare ....................... $82,910,293
Medicare .......................................................... $139,846,125

Total $227,976,812

northernlighthealth.org/Eastern-Maine-Center

Eastern Maine Medical Center

Community Health Improvement Services .......................... $138,572
Health Professions Education ........................................... $68,103
Community Benefit Operations ........................................ $62,037
Traditional Charity Care .................................................. $2,321,347
Unpaid Cost of Public Programs: Medicare ....................... $82,910,293
Medicare .......................................................... $139,846,125

Total $227,976,812

northernlighthealth.org/Eastern-Maine-Center

Blue Hill Hospital

Community Health Improvement Services .......................... $14,702
Health Professions Education ........................................... $5,987
Cash and In-Kind Contributions ....................................... $19,911
Community Building Activities ....................................... $133
Community Benefit Operations ........................................ $24,540
Traditional Charity Care .................................................. $98,167
Unpaid Cost of Public Programs: Medicare ....................... $4,716,444

Total $4,883,678

northernlighthealth.org/Blue-Hill-Hospital

Home Care & Hospice

Community Health Improvement Services .......................... $3,737
Community Benefit Operations ........................................ $113,246
Traditional Charity Care .................................................. $4,248
Unpaid Cost of Public Programs: Medicare ....................... $204,225

Total $423,276

northernlighthealth.org/Homecare-Hospice

Blue Hill Hospital

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Community Building Activities ....................................... $133
Community Benefit Operations ........................................ $24,540
Traditional Charity Care .................................................. $98,167
Unpaid Cost of Public Programs: Medicare ....................... $4,716,444

Total $4,883,678

northernlighthealth.org/Blue-Hill-Hospital

Inland Hospital

Community Health Improvement Services .......................... $92,465
Health Professions Education ........................................... $79,958
Cash and In-Kind Contributions ....................................... $152
Traditional Charity Care .................................................. $11,117
Community Benefit Operations ........................................ $170,141
Unpaid Cost of Public Programs: Medicare ....................... $8,912,377
Medicare .......................................................... $8,440,713

Total $13,117,525

northernlighthealth.org/Inland-Hospital

Maine Coast Hospital

Community Health Improvement Services .......................... $18,654
Health Professions Education ........................................... $41,930
Research ............................................................. $1,293,078
Cash and In-Kind Contributions ....................................... $23,947
Community Benefit Operations ........................................ $21,964
Traditional Charity Care .................................................. $272,049
Unpaid Cost of Public Programs: Medicare ....................... $1,003,486
Medicare .......................................................... $11,220,141

Total $13,105,471

northernlighthealth.org/Maine-Coast-Hospital

Mayo Hospital

Community Health Improvement Services .......................... $3,718
Health Professions Education ........................................... $116,077
Community Benefit Operations ........................................ $138,765
Traditional Charity Care .................................................. $30,570
Unpaid Cost of Public Programs: Medicare ....................... $403,911

Total $662,439

northernlighthealth.org/Mayo

Mercy Hospital

Community Health Improvement Services .......................... $1,165,312
Cash and In-Kind Contributions ....................................... $9,691
Community Benefit Operations ........................................ $11,314
Traditional Charity Care .................................................. $221,952
Community Benefit Operations ........................................ $382,476
Traditional Charity Care .................................................. $1,293,161
Unpaid Cost of Public Programs: Medicare ....................... $13,850,692
Medicare .......................................................... $32,642,239

Total $49,879,565

northernlighthealth.org/Mercy-Hospital

Northern Light Health Home Office

Community Health Improvement Services .......................... $24,880
Cash and In-Kind Contributions ....................................... $109,008
Community Benefit Operations ........................................ $224,056

Total $462,944

northernlighthealth.org

Sebasticook Valley Hospital

Community Health Improvement Services .......................... $272,049
Cash and In-Kind Contributions ....................................... $61,930
Community Benefit Operations ........................................ $132,047
Community Benefit Operations ........................................ $26,964
Traditional Charity Care .................................................. $272,049
Unpaid Cost of Public Programs: Medicare ....................... $1,003,486
Medicare .......................................................... $11,220,141

Total $13,105,471

northernlighthealth.org/Sebasticook-Valley-Hospital

CAM Hospital

Community Health Improvement Services .......................... $75,137
Health Professions Education ........................................... $60,859
Cash and In-Kind Contributions ....................................... $6,138
Community Building Activities ....................................... $1,150
Community Benefit Operations ........................................ $21,900
Traditional Charity Care .................................................. $91,482
Unpaid Cost of Public Programs: Medicare ....................... $159,248

Total $409,139

northernlighthealth.org/CAM-Hospital
Community Benefit
2022

The Cianchette Building
43 Whiting Hill Road
Brewer, Maine 04412
northernlighthealth.org

Community Health Improvement Services
$1,688,053

Health Professions Education
$2,014,444

Research
$1,263,509

Cash and In-Kind Contributions
$258,760

Community Building Activities
$551,469

Community Benefit Operations
$1,798,788

Traditional Charity Care
$13,994,429

Unpaid Cost of Public Programs:

Medicare
$112,654,916

Medicaid
$283,057,310

Cash and In-Kind Contributions
$250,058

Community Building Activities
$551,469

Community Benefit Operations
$1,798,788

Traditional Charity Care
$13,994,429

Unpaid Cost of Public Programs:

Medicare
$112,654,916

Medicaid
$283,057,310

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Health Professions Education
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Research
$1,263,509

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Community Building Activities
$551,469

Community Benefit Operations
$1,798,788

Traditional Charity Care
$13,994,429

Unpaid Cost of Public Programs:

Medicare
$112,654,916

Medicaid
$283,057,310

Total Community Investment by Category
$342,776,876

Northern Light Health Member Community Benefit to our Communities

Acadia Hospital .................$12,948,815
All Gould Hospital .............$16,776,272
Blue Hill Hospital .............$4,883,678
CA Dean Hospital ..............$329,640
Eastern Maine Medical Center  .$227,976,812
Home Care & Hospice ........$242,576
Inland Hospital .................$13,117,525
Maine Coast Hospital .........$13,105,471
Mayo Hospital .................$662,439
Mercy Hospital ...............$49,878,565
Northern Light Health .........$13,105,471
Home Office ..................$462,944
Sebasticook Valley Hospital  ....$409,139

Total Systemwide
$342,776,876

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Community Benefit

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When he attended college at University of Maine in 2014, Dexter already had a list of activities for community service; something he has instilled in him at a young age. An avid runner, he organized a fundraising series of events in his mother’s honor and called it the Eastern Maine Medical Center Trek for Cancer. “It started off very, very simple—raise funds, give them out, have a good time. I quickly realized that was how the Christine B. Foundation (CBF) got its start.”

From its humble beginnings as a college student’s race in her mother’s name, CBF has transformed into a nonprofit agency that provides nutrition assistance to cancer patients across Maine. “We have supported more than 1,300 Maine families and provided nearly $4,883,678 in Cash and In-Kind Contributions.”

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Additional tables and text are not displayed here. For the full content, please refer to the original image or the provided URLs for further information.
Community Benefit

ARE YOU EATING OK?

Matt Dexter was 13 years old when his mom headed off for what was supposed to be a routine checkup with her doctor. Seven months later, in April of 2008, Matt’s mother died of stomach cancer. “She was our family’s rock and a generous person. When she was diagnosed with cancer that changed dramatically. She lost weight, and barely spoke to any family or friends. It really shook my sister, my dad, and me,” Dexter recalls.

When he attended college at University of Maine in 2014, Dexter already had a list of interest for community service, something he had noticed in his mom at a young age. An avid runner, he organized a fundraiser for his mother’s hospital and called it the Eastern Trek for Cancer. “It started off very, very simple—raise some money to grow awareness,” Dexter said.

From his humble beginnings as a college student’s road race in his mother’s honor, the Christine B. Foundation (CBF) has evolved into a non-profit agency that provides nutrition assistance to cancer patients across Maine. “We have supported more than 1,300 families and provided nearly $12,948,815 in Community Benefit to our region,” said Matt Dexter, CBF President & CEO.

Eastern Maine Medical Center

Community Health Improvement Services: $128,853
Health Professions Education: $55,076
Research: $2,128,109
Cash and In-Kind Contributions: $7,504,767
Community Benefit Operations: $52,037
Traditional Charity Care: $2,315,367
Unpaid Cost of Public Programs: Medicare: $62,095,292
Medicare: $139,984,135

Total $277,976,812
northernlighthealth.org/Eastern-Maine-Medical-Center

Blue Hill Hospital

Community Health Improvement Services: $14,702
Health Professions Education: $9,057
Cash and In-Kind Contributions: $9,911
Community Building Activities: $333
Community Benefit Operations: $24,540
Traditional Charity Care: $59,161
Unpaid Cost of Public Programs: Medicare: $8,176,444

Total $4,883,678
northernlighthealth.org/Blue-Hill-Hospital

Community Health Improvement Services...$57,621
Health Professions Education...$439,002
Community Benefit Operations...$19,718.54
Traditional Charity Care...$9,247,327
Unpaid Cost of Public Programs: Medicare: $2,975,351

Total $12,948,815
northernlighthealth.org/Acadia-Hospital

CA Dean Hospital

Community Health Improvement Services...$532
Health Professions Education...$56,336
Cash and In-Kind Contributions...$18,131
Community Benefit Operations...$25,749
Traditional Charity Care...$4,461

Total $129,640
northernlighthealth.org/CA-Dean-Hospital

Maine Coast Hospital

Community Health Improvement Services: $18,654
Health Professions Education: $81,390
Cash and In-Kind Contributions: $12,347
Community Benefit Operations: $24,964
Traditional Charity Care: $272,549
Unpaid Cost of Public Programs: Medicare: $1,003,686
Medicare: $11,720,141

Total $13,105,471
northernlighthealth.org/Maine-Coast-Hospital

Mercy Hospital

Community Health Improvement Services...$1,165,312
Cash and In-Kind Contributions...$9,691
Community Benefit Operations...$18,920
Traditional Charity Care...$382,476
Unpaid Cost of Public Programs: Medicare: $13,850,692
Medicare: $32,642,239

Total $49,879,565
northernlighthealth.org/Mercy-Hospital

Northern Light Health Home Office

Community Health Improvement Services: $24,880
Cash and In-Kind Contributions: $198,008
Community Benefit Operations: $236,056

Total $462,944
northernlighthealth.org

Sebasticook Valley Hospital

Community Health Improvement Services: $75,137
Health Professions Education: $60,609
Cash and In-Kind Contributions: $673
Community Building Activities: $1,150
Community Benefit Operations: $21,900
Traditional Charity Care: $192,017
Unpaid Cost of Public Programs: Medicare: $15,600

Total $409,139
northernlighthealth.org/Sebasticook-Valley-Hospital

Merrimack Hospital

Community Health Improvement Services: $3,718
Health Professions Education: $116,377
Community Benefit Operations: $44,150
Traditional Charity Care: $30,570
Unpaid Cost of Public Programs: Medicare: $403,911

Total $662,439
northernlighthealth.org/Merrimack

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northernlighthealth.org/Sebasticook-Valley-Hospital
Total Community Investment by Category

Community Health Improvement Services $1,688,053
Health Professions Education $2,074,444
Research $1,243,109
Cash and In-Kind Contributions $205,256
Community Building Activities $551,466
Community Benefit Operations $1,798,788
Traditional Charity Care $13,994,429

Unpaid Cost of Public Programs:
Medicaid $112,654,916
Medicare $288,057,110

Total Systemwide $342,776,876

Northern Light Health Member Community Benefit to our Communities
Acadia Hospital $12,948,815
All Gould Hospital $16,778,272
Blue Hill Hospital $4,683,678
CA Dean Hospital $129,640
Eastern Maine Medical Center $227,976,812
Home Care & Hospice $643,576
Inland Hospital $13,117,525
Maine Coast Hospital $13,105,471
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Sebasticook Valley Hospital $409,139

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Community Benefit 2022

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