

NORTHERN LIGHT EASTERN MAINE MEDICAL CENTER
ORIENTATION TO LIFE SAFETY
(This form MUST be signed and returned)

Name _____ Location Desired _____

The following is to be read and signed by every applicant requesting an observational experience at Northern Light Eastern Maine Medical Center.

Reporting Incidents/Emergencies

Northern Light Eastern Maine Medical Center Campus – Dial x4444 to report all emergencies, such as fire, doctor stat, child or adult abductions, and toxic spills.

Code Designations (will be pages overhead on Northern Light Eastern Maine Medical Center campus):

CODE RED: Fire

CODE BLUE: Adult medical emergency

CODE BLUE PEDIATRIC: pediatric medical emergency

CODE PINK: Infant/child abduction

CODE YELLOW: Bomb threat

CODE GRAY: Combative person

CODE SILVER: Person with weapon/hostage

CODE ORANGE: Hazardous material spill or release

CODE GREEN: Trauma team response

CODE TRIAGE: (Internal or external) Possibility of disaster situation.

RAPID RESPONSE TEAM: to provide intervention by the rapid response team early in the patient's deterioration with the goal of preventing cardiac or respiratory arrest.

CODE RED: Announcement via page system means there is a fire in the hospital. In the event of fire, think "RACE".

R – rescue anyone in immediate danger

A – alarm – activate fire alarm and dial x4444

C – confine the fire

E – Extinguish the fire if your safety can be assured.

- Do not use elevators during a fire or earthquake.
- Store flammable substances in flammable storage containers.
- Keep aisles and passage ways clear for emergency access or evacuation.

OFF CAMPUS:

Dial x4444 as above if on Northern Light Eastern Maine Medical Center's telephone system. Dial 911 otherwise.

Hand Antisepsis:

1. Can occur simultaneously with hand washing when soaps or detergents are used.
2. Category 1A Center for Disease Control and Prevention (CDC) recommendation to utilize alcohol-containing antiseptic hand rubs when hands are not visibly soiled with dirt or organic matter.
3. Hands must be cared for by hand washing with soap and water or by hand antisepsis with alcohol-based hand rubs (if hands not visibly soiled).

Sneezing and Coughing:

1. If you are ill or have a fever, cancel your job shadow and reschedule.
2. Expected or unexpected sneezing, coughing, please bend your arm and direct the moisture into your sleeve.

Hospital Safety:

1. Walk, don't run.
2. Familiarize yourself with emergency exits, fire alarms, and extinguishers.
3. Return to assigned area in the event of an emergency unless unable to do so.

I have read and understand the above Life Safety Orientation checklist.

Signature

Date:

Name (Print)