



Supporting stroke patients in our community

Upcoming 2024 In Person Stroke Support Groups

- Thursday, July 11
- Thursday, August 8
- Thursday, September 12
- Thursday, October 10
- Thursday, November 14
- Thursday, December 12

Have you experienced a stroke, are you a caregiver, or do you have a stroke survivor in your family? Would you like to speak to others who understand what it's like to recover from a stroke? Patients and family members are invited to join us IN PERSON or ONLINE at our next Stroke Support Group from 4 to 5 pm.

We are so pleased to meet face to face for our Stroke Support Group at Eastern Maine Medical Center in the Cardiac Rehab Kitchen on the State Street Campus. To attend the next session in person, come to Northern Light Eastern Maine Medical Center at 489 State Street and enter through the Vascular Care door on Level 2 of the Parking Garage.



Northern LightSM
Eastern Maine Medical Center

To attend the group virtually, visit northernlighthealth.org/StrokeSupport, scan the QR code to the right with your smartphone, or contact Angela Wheelden, BSN, RN, SCRNP, nurse program manager, Northern Light Stroke Care at 207-973-8278 or awheelden@northernlight.org.

