

Welcome new board members

Jamie Haining

Jamie has been in banking for over 12 years and currently works at Katahdin Trust Company in the Bangor market as vice president, business development officer. An active member of her local community, she volunteers her time as a youth football cheerleading coach and has served on the Recreation and Bicentennial Committees for the Town of Newport. Over the years she has spent time supporting causes such as Junior Achievement of Maine, United Way of Eastern Maine, March of Dimes, and Champion the Cure Challenge. Jamie lives in Palmyra with her husband, James and their three children: Andrew, Amber, and Atticus.

Laurie Cates

Laurie has years of sales and marketing expertise. She worked for the Bangor Daily News for close to 15 years, and she is currently the sales director at Dirigo Pines, a community in Orono for people 55 and older. Laurie lives in Old Town with her husband of 25 years, Scott. They have a son and daughter-in-law, Nate and Kate, and a daughter, Kristin, all who live in Southern Maine. Laurie and her husband recently purchased a camp on Beech Hill, where they enjoy their summers. They have two nephews and two nieces, Grady, Lauren, Kaylee, and Carson, who they love to spend time with.

Heidi Edelman

Heidi holds a master's degree in cardiac rehabilitation & primary prevention, and a degree in nursing, and has worked in healthcare for nearly 35 years. She previously served as the coordinator of a cardiac rehab program at a Philadelphia area hospital, served as an officer in a professional society, the Tri-State Society for Cardiac and Pulmonary Rehabilitation, and worked with the American Heart Association to develop educational materials. Most recently, she worked at Hartford Hospital in Connecticut. Since moving to Bangor 18 months ago with her husband Marc, Heidi has been an active Literacy Volunteer. Their two adult children, Lee and Gretchen, have enjoyed their visits to Maine. Heidi is excited to be part of the Auxiliary and remains impressed with the accomplishments of its dedicated members.



Pictured, from left to right: new board members Jamie Haining, Laurie Cates, and Heidi Edelman.

Keeping Current

The Auxiliary is keeping with the times is by moving to a new, more comprehensive fundraising model, whereby our sponsorships are on a yearly basis, rather than by event. This plan was rolled out this past fall, and sponsors and Auxiliary friends alike are pleased with the changes. For more information about becoming an Auxiliary sponsor, please contact Jenn Morin at jenn@jennmorinconsulting.com.

Thank you Auxiliary sponsors*

Presenting: KeyBank

Platinum: Bangor Daily News, Rollie's

Silver: Acadia Federal Credit Union, Bangor Savings Bank, Dirigo Pines, Hammond Lumber Company, Katahdin Trust Company

Bronze: Anchor Design Co., Parker K. Bailey & Sons, Bangor International Airport, The Chez Renee Team at Realty of Maine, JanCurrier.REALTOR, John T. Cyr & Sons, Inc., Home Instead Senior Care, LG&H Certified Public Accountants, PrintBangor, Shindigs

Donor: OTELCO

*List current as of February 8, 2019.

Auxiliary News

News for friends of the Northern Light Eastern Maine Medical Center Auxiliary

Auxiliary celebrates 125 years of service

Since 1893, when we were known as the Women's Hospital Aid Society, our Auxiliary has been dedicated to serving the hospital and our community. This past year has been a special one for us, as we celebrated a milestone that's been 125 years in the making, and shared in the excitement of the new brand changes across the healthcare system. Despite the changes, our mission has remained the same, and we continue to be a crucial link between Northern Light Eastern Maine Medical Center and the community.



On November 10, 2018, Auxiliary members gathered to celebrate at the Bangor Arts Exchange. The gala, A Toast to the Times, featured great food and festive drinks, while music from the band **The Dogs** had everyone on the dance floor. Colorful characters from the past stopped by to entertain the crowd, and magician Deane Stern wowed the guests with his sleight-of-hand. A silent auction rounded out the evening. Those in attendance received a complimentary copy of the Auxiliary's updated version of **Our Cherished Memories**, along with a commemorative wine glass. The evening was a fitting "toast" to an exceptional 125 years, and we look forward to many more years to come.



Pictured, from left to right, are past Auxiliary presidents Helen Genco, Jan Currier, Barbara Fister, Cindy Curran, Ginger Ward-Green, Eileen Hernandez, and Jennifer Morin.

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Susan Nasberg

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Jennifer Morin

Secretary

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President's note



We're off to an exciting start for the Northern Light Eastern Maine Medical Center Auxiliary's 126th year of service to our communities! As you can see on the front cover of the newsletter, we had a fantastic Gala Celebration for our 125th in November. We're so thankful for the support that has allowed us to contribute more than \$3,000,000 to essential projects at the hospital.

We also celebrated last November at our Annual Meeting as we announced gifts to support patient care and scholarships for Husson University nursing students. In December, we capped off the year with an enthusiastic group of carolers that included Santa and Mrs. Claus (Mary and Joe Brooks), Auxiliary board members, friends of the Auxiliary, and many talented young singers from the Bangor Area Children's Choir, visiting Ross Manor and the hospital's Pediatric, Cardiac, and Rehabilitation wings, as well as a brief concert from the second floor of the Pavilion lobby. We also delivered Auxiliary tote bag gifts to hospital nursing stations to give to patients spending the holidays in the hospital on Christmas morning.

Exciting plans are in store for 2019, including our two major fundraisers, the Winter Beach Ball on March 9, and the Kitchen Tour on October 5. Our Lunch and Learn series will continue to provide quality health educational topics for our friends (dates to be announced), and Coffee and Conversation will be held from 9-10 am at the Logical Sip on the second Tuesday of each month. Watch your email for updated locations. We will also be planning a Paint and Sip event or two in 2019 so be on the lookout for that!

As we grow as an Auxiliary, we're always looking for new ways to deliver value, educational and networking opportunities, and encourage your ideas and participation. Wishing you a happy and healthy 2019!

Susan Nasberg



Thirteenth Annual Northern Light Eastern Maine Medical Center Auxiliary **Winter Beach Ball**

Featuring Motor Booty Affair

Saturday, March 9, 2019
7-11 pm · Anah Shrine · \$35 per person

Dancing · Cash Bar · Light Refreshments
Chance and Silent Auctions · 50/50 Raffle
Beach or Disco Attire Encouraged

Reservations available by calling
973.5055 or online at emmcuxiliary.org

Proceeds to benefit Northern Light Eastern Maine
Medical Center's Neonatal Intensive Care Unit



Kitchen tour supports tiniest patients

The 14th annual Kitchen Tour is a wrap! More than \$9,000 was raised for the Neonatal Intensive Care Unit. The homes were fabulous and we received such positive feedback from tourgoers about the variety of styles, materials, and decor. Thanks go to the homeowners for allowing us to showcase their beautiful kitchens, our event volunteers and sponsors, and to the vendors: Basil Creek Catering, Biggi's Organic Breads, Specialty Sweets, Mimi's Little Loveys, and Sarah Walker Caron.



Stay connected

We'd love to see you! Join a committee, meet us for coffee, attend an Auxiliary event, and explore all the opportunities available to our Auxiliary friends--there is no fee. If you aren't currently on our mailing list, please contact Kathy Bernier, katsfb3@yahoo.com. For those already on our mailing list, please make sure we have your current email address as we are exploring moving to an electronic newsletter format and we want to keep you informed.

125th Annual Meeting a great success

The Northern Light Eastern Maine Medical Center Auxiliary's 125th Annual Meeting was held on October 30, 2018 at the Hilton Garden Inn in Bangor. President Jennifer Morin welcomed the large group and recapped the Auxiliary's fundraising accomplishments for the year. The guest speaker was Matt Weed, Northern Light Health senior vice president and chief strategy officer, who spoke about the new Northern Light Health Brand.

The slate of officers for 2018-2019 was presented and approved unanimously, and Donna Russell-Cook, FACHE, president of Northern Light Eastern Maine Medical Center led the induction. The minutes from the previous year's Annual Meeting, along with the proposed budget for 2019 were approved as presented. Outgoing board members Helen

Genco, Nancy Long, and Terri Sleeper were recognized and new board members Heidi Edelman, Laurie Cates, and Jamie Haining were introduced. Four Husson University Nursing students received \$1,000 awards.

Fundraising efforts for the year were highlighted with the symbolic presentation of two checks. The first check of \$56,594, was presented to Donna Russell-Cook, FACHE, representing the total amount the Auxiliary donated this past year, including the Remarkable Begins With You campaign pledge. The second check for \$15,499 was presented to Wendy Lux, vice president of philanthropy, Northern Light Health Foundation, and Kelly Pearson, director, Northern Light Eastern Maine Medical Center Children's Miracle Network Hospitals. These gifts bring the Auxiliary's total lifetime giving to \$3,751,000!



New officers for 2018-2019 were presented and approved at the annual meeting. Pictured, from left to right: Susan Nasberg, president; Kathy Bernier, vice president; Libby Arrico, secretary; and Nazrin Dixon, treasurer.

Auxiliary presents Husson University Nursing Awards

On behalf of the Auxiliary, education co-chairs Valerie Patch and Suzette Vernon presented four \$1000 awards to senior nursing students from the Husson University Nursing Program at our Annual Meeting held on October 30. The recipients were selected by the faculty of Husson University based on their demonstration of excellence in their academics, as well as being recognized as outstanding people both on and off campus. Congratulations to Adais Viruet-Torres, Kendra Thurlow, Courtney Smart, and Natalie Rush, and best wishes in your future nursing careers.



Pictured, from left to right, are Valerie Patch, Auxiliary; nursing student award recipients Adais Viruet-Torres, Kendra Thurlow, Courtney Smart, and Natalie Rush; and Suzette Vernon, Auxiliary.