

Auxiliary News

Supporting our community's healthcare and advocating for patient needs
at Northern Light Eastern Maine Medical Center

Fall, 2019

Fifteenth Annual **Kitchen Tour**

This October 5, we will celebrate Northern Light EMMC Auxiliary's fifteenth annual Kitchen Tour! It's hard to believe, but nearly 100 kitchens have been toured so far. This year will make 96!

People attend the Kitchen Tour for many reasons. Certainly, it's a great way to spend a fall afternoon in Maine. Then there are lots of tips that can be picked up relating to decorating and kitchen design, appliance selection, even lighting, paint colors, and construction. And the samples that are available in the kitchens (often of the edible variety), add to the adventure.

While staying close to the original model, the Kitchen Tour has evolved over the years. At first, area caterers provided tasty treats, some even cooking them up in the kitchens. Our next version included a larger number of vendors housed at a central location where tour-goers could sample and purchase food and other items. Now, responding to our tour participants' requests, we have items to sample and purchase in each kitchen.

Many types of homes have been featured on the tour. Homes from the 1800's and early 1900's, mid-century modern, and remodels of all types, up to and including pristine new homes, have all been on the Auxiliary's Kitchen Tour. While residential kitchens have been our mainstay, industrial kitchens have been showcased, and one year we even had our own "Quirk Shuttle" delivering us to the door.

Fall 2019 has the Auxiliary in full swing planning this year's Kitchen Tour, and we could not be more excited. We are featuring six stunning homes in Bangor, Veazie and Orono, in a variety of styles and sizes. There is something for everyone to enjoy. As always, the homes highlight

the work of various kitchen designers and contractors in the area. Each kitchen will have information available, so have your questions handy, and get ready to be impressed. We'll have a raffle and a door prize, in addition to having our fabulous vendors in the kitchens.

Tickets for the tour are \$30 and will be available after September 1 online at www.northernlighthealth.org/kitchen



(continued inside)

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President's Note Fall, 2019



What a summer we had in Eastern Maine! It seemed like a long time coming this year, but I am certainly enjoying the sunshine now.

Even though the Board takes a short break from meeting during the summer, several areas of the Auxiliary worked hard to assure that our membership is stimulated and our fundraising is successful. We hosted our very first flower-arranging event, Petals and Sip, at Chapel Hill Floral on June 26, and what a fun night that was! Mark Pellon was an entertaining instructor and we all got to take a beautiful arrangement home. Coffee and Conversation is a great opportunity to gather and visit the second Tuesday of each month at the Logical Sip, and everyone had a great time at our annual Tapas event on August 15 at Heidi Edelman's lovely home. These fun events are all brought to us through our Program/Advocacy Committee, and they are currently working on planning our next events. Our Fundraising Committee is also hard at work year-round to assure our philanthropic legacy continues. Summer is prime time for our Kitchen Tour Committee. They worked diligently lining up homes for the tour, recruiting vendors and hostesses to appear at each home, etc. This October 5 marks our fifteenth annual Kitchen Tour! What a testament to those working on this event that we have been able to keep this successful and achieve such a milestone.

Since our inception 126 years ago, our Board of Directors has been blessed with talented women who are extremely hard working, and a membership that has stepped in when needed, to help ensure undertakings were successful. Aided by your dedication and invaluable support, we have donated over \$3.7 million over the past 126 years. These funds have always gone to benefit the healthcare needs of those in our community--such as supporting the purchase of operating equipment, ECG machines, nursing scholarships, educational awards, funding towards the Pediatric Intensive Care Unit, the purchase of specialized incubators for neonatal intensive care babies, supporting funding of Cancer Care in Brewer with additional specific funding of the Raish Peavey Haskell Children's Cancer and Treatment Center, and we are currently paying on our five year pledge to the new Neonatal Intensive Care Unit, which we will complete in the fall of 2020. I am in awe of what we have been able to accomplish and excited at what the future holds.

We will all be back at it this fall with more structured meetings, school and sporting events, etc. taking over our calendars, but I hope you take time to enjoy yourselves, take some time to relax and surround yourselves with family and friends. I recently got to spend some time splashing in a rain puddle with my grandson, and how wonderful it was to be reminded just what fun you could have when you slow down and take a few minutes to stomp your feet!

Make your own splash,

A handwritten signature in cursive script that reads "Susan Nasberg".

Susan Nasberg



Fifteenth Annual Kitchen Tour continued...

and at the following locations: Anthony John's Day Spa, Chapel Hill Floral, Northern Light EMMC Auxiliary Gift Shop, Northern Light Pharmacy – Westgate, Not So Empty Nest, Patrick's Fine Gifts, and Rebecca's Gift Shop. All proceeds from the Kitchen Tour continue to support Northern Light EMMC Auxiliary's five-year pledge to the Remarkable Begins With You campaign, benefitting the new Neonatal Intensive Care Unit at Northern Light EMMC. Our thanks go to the gracious homeowners, sponsors, volunteers, Kitchen Tour Committee members, and also, to each of you planning to go on the tour. We are grateful for your support and hope that you have a great afternoon!



Husson University Nursing Awards



Pictured from left to right, **Kasey Schmersal**, Valerie Patch (Auxiliary) and **Audrey Tulloss**

Each year the Auxiliary presents two awards to graduating seniors of the Husson University School of Nursing. This year the school had a special breakfast for the senior class to recognize them and provide recognition for their achievements. Kasey Schmersal was given an award recognizing her performance for her increase in Personal and Clinical Growth. Audrey Tulloss was presented with an award recognizing her for the Highest Proficiency in Theory. The Auxiliary wishes to extend to all the graduates congratulations and best wishes in their nursing careers.

Champion the Cure Challenge

In August, for the tenth year, Northern Light EMMC Auxiliary participated in Champion the Cure Challenge. The EMMC Auxiliary Champions helped celebrate this special milestone year and joined many in the area to support treatment and research at Northern Light Cancer Care.

Friends of the Auxiliary

Just some of what's been going on...

- Our well-attended **Lunch and Learn** event on April 17 was entitled, *Beyond the Reusable Shopping Bag*. Guest speakers were Christine Seibert, the Americorps Energy Efficiency Coordinator, Office of Sustainability, University of Maine, and Kyle Parrish, an educator and historian from the Green Store in Belfast.
- On May 9, everyone had a great afternoon at our **May Social** and cocktail party at Seasons in Bangor. Auxiliary President, Susan Nasberg gave an overview of the Auxiliary and its mission.
- Fourteen budding artists enjoyed the **Paint and Sip** event on March 28. The proceeds of \$420 benefitted the Auxiliary's pledge.
- **Petals and Sip***, with Mark Pellon at Chapel Hill Floral, was a huge success on June 26. The large group in attendance had a wonderful time as they created beautiful arrangements.

*Photos from the Petals and Sip event:



Thirteenth Annual Winter Beach Ball



The thirteenth annual Winter Beach Ball, held on March 9 at the Anah Shrine, was a tremendous evening of fun, and a wonderful success. Close to 500 people danced to the music of Motor Booty Affair, while helping raise money for the NICU at Northern Light EMMC. More than \$23,500 was raised. Rollie's of Belfast provided delicious food and beverages, and silent and chance auctions and a 50/50 raffle added to the fun. Thanks go to all who attended, and to our generous sponsors, especially Presenting sponsor, KeyBank!

Save the date

Fifteenth Annual Northern Light
EMMC Auxiliary Kitchen Tour
October 5, 2019

Northern Light EMMC Auxiliary
Annual Meeting
November 6, 2019

Fourteenth Annual Winter
Beach Ball
March 7, 2020

Coffee and Conversation
Second Tuesday each month,
9 am, Logical Sip, 103 Center
St., Brewer

New Board Members



Libby Perry has spent her career in healthcare administration, primarily in quality and performance improvement. She is the Director of Performance Improvement at the Medical Center and has held this role since 2017. Libby was born at Eastern Maine Medical Center so serving the hospital in the Auxiliary is an exciting and heartwarming way to give back to the hospital. She lives in Bangor with her husband Michael, her two children, Teddy and Elsie, and her dog, Lucy.

When she's not walking very quickly to keep up with her busy family, Libby enjoys reading, crossword puzzles, and the Maine outdoors.



Mikele Neal earned a bachelor's degree in Child Development/Family Relations, and taught private school for one year before returning to nursing school. She has been a registered nurse for 19 years, all of which have been at EMMC. Mikele was an adult medical surgical nurse for three years, a hospital-wide nursing supervisor for one year, and a nurse manager for 15 years. She managed a former adult outpatient and infusion unit, was interim manager for women's health

(L&D, OB/postpartum), and currently manages the Inpatient Pediatric Unit, the Neonatal Intensive Care Unit, the Pediatric Sedation Department, and the Family Support Services team. Originally from Lincoln, Mikele's degrees are from the University of Maine and Husson University. She is currently enrolled in a Master's of Nursing program and lives in Hampden with her husband Jay, and two children, Drew and Camryn. She is active with her family, in the school and athletic boosters, and in her community.



We're on Facebook!



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Eastern Maine Medical
Center Auxiliary
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Thank You Auxiliary sponsors*

Presenting: **KeyBank**

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Auxiliary Board members, left to right: Nazrin Dixon, Mikele Neal, Kelli Roy, Eileen Hernandez, Jan Currier, Laurie Cates, Martha Wildman (*Auxiliary liaison*), Heidi Edelman, Roberta Winchell, Colleen Russell, Kathy Bernier, Suzette Vernon, Libby Arrico, Stacey Young, Susan Nasberg, Jamie Haining, Valerie Patch. Absent from photo: Mary Brooks, Stephanie Oiler, Libby Perry, Rebecca Potter, Sarah Quirk

*As of August 1, 2019