

Program Goal

This eighteenth biennial conference, is designed for nurses, physicians, and other healthcare providers who care for obstetrical and neonatal patients. The goals for this program are to study and discuss current issues, controversies, and advances in practice, in order to improve patient outcomes.

Registration

You can register online at: northernlighthealth.org/perinatal or call 207.973.8979

Registration is required by October 12.

Accreditation

Northern Light Eastern Maine Medical Center, Education Department, is an approved provider of continuing nursing education by the Northeast Multistate Division (NE-MSD), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

(7) Contact Hours provided for day one.

(7) Contact Hours provided for day two.

Northern Light Eastern Maine Medical Center designates this live activity for a maximum of (7) AMA PRA Category 1 Credits™ for day one and (7) for day two. Physicians should only claim credit commensurate with the extent of their participation in the activity. Eastern Maine Medical Center is accredited by the Maine Medical Association's Committee on Continuing Medical Education to provide Continuing Medical Education (CEH) for practicing physicians.

We have applied for approval of 14 American Academy of Family Physicians prescribed credits.

To receive full CEH/CME credits you must attend all sessions each day.

Tuition

The tuition fee for this two day conference is \$10 per day and will include a certificate of attendance with accreditation statements included. A member of our team will reach out to you to arrange payment.

Conference tuition is waived for Northern Light Health employees.

Be sure to take a few moments to look at poster presentations on the following topics:

- CUSP
- Resolve Through Sharing
- Hypoglycemia in the Newborn
- Stop the Bleed
- Breast Milk Management
- Remembering KC
- Improving Exclusive Breastfeeding Rates

Poster presentations will be available online beginning October 14 and after the conference at: northernlighthealth.org/perinatal



 **Northern Light**SM
Eastern Maine Medical Center

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Trends and Issues in Perinatal Practice Virtual Conference



October 14-15, 2021

**Registration is required via Zoom at:
northernlighthealth.org/perinatal**

This conference sponsored and planned by Northern Light Eastern Maine Medical Center Women's and Children's Services and Clinical Education Department.

Trends and Issues in Perinatal Practice

Agenda: October 14

8-8:15 am	Welcome and Introduction Rand O'Leary, MSA, FACHE, Senior Vice President, Northern Light Health and President, Northern Light Eastern Maine Medical Center
8-9 am	COVID-19 and Pregnancy Ilona Goldfarb, MD, MPH, Maternal-Fetal Medicine Specialist, Massachusetts General Hospital
9-10 am	NSAIDS and Pregnancy Emily Tilton, PharmD, Clinical Pharmacist, Northern Light Eastern Maine Medical Center
10-10:15 am	Break
10:15-11:15 am	Rural Care in Pregnancy Martha Carlough, MD, MPH, Professor, University of North Carolina School of Medicine
11:15 am-12:15 pm	Lunch
12:15-1:15 pm	Anesthesia Obstetric Emergencies and Liver Path Jacob Mintzer, DO, Anesthesiologist, Northern Light Eastern Maine Medical Center
1:15-2:15 pm	Trauma in Pregnancy Pret Bjorn, RN, BS, TCRN, Trauma Program Manager, Northern Light Eastern Maine Medical Center

2:15-2:30 pm	Break
2:30-3:30 pm	Connecting the Dots: Working with Rural Opioid-Affected Families Alison Mitchell, PhD, LCSW, University of Maine
3:30-4:30 pm	Osteopathic Manipulative Low Back Pain Lori Isenhower, DO, Northern Light Eastern Maine Medical Center

10:15-11:15 am	Hypoglycemia and the Newborn Ann Boomer, NNP, Northern Light Eastern Maine Medical Center
11:15 am-12:15 pm	Lunch
12:15-1:15 pm	Stop the Bleed Pret Bjorn, RN, BS, TCRN, Trauma Program Manager, Northern Light Eastern Maine Medical Center
1:15-2:15 pm	Cell Saver Use in OB Jennifer Wickett, RN, Northern Light Eastern Maine Medical Center

Agenda: October 15

7:45-8 am	Welcome and Introduction James Clarke, MD, Senior Vice President and Senior Physician Executive, Northern Light Eastern Maine Medical Center
8-9 am	Liability and Documentation Amie Costello, RN, BSN, CPHQ, CPHRM, CPPS, HACP, Risk Manager, Medical Mutual
9-10 am	Infant/Maternal Transport Norman Dinerman, MD, FACEP, Medical Director, Lifeflight of Maine; Medical Director, Transfer Center; Physician Advisor, EMTALA compliance, Northern Light Eastern Maine Medical Center
10-10:15 am	Break

2:15-2:30 pm	Break
2:30-3:30 pm	To Make a Long Story Short.. Olamide Sobowale, MD, OB/GYN, Northern Light Eastern Maine Medical Center
3:30-4:30 pm	Importance of Debriefing Steve Babin, BSN, RN, CCRN-K, Clinical Educator, Northern Light Eastern Maine Medical Center