Which type of mask do I need?







WHO SHOULD WEAR:

General Public

WHO SHOULD WEAR:

Patients Healthcare Workers

WHO SHOULD WEAR:

Healthcare Workers

WHEN TO WEAR:

When Social Distancing is difficult (e.g. grocery store, pharmacies)

It should fit snuggly, but comfortably against the side of the face; use ties or ear loops to secure it in place; include multiple layers of fabric; and allow for breathing without restriction.

Cloth face coverings include cloth face masks, bandannas, and scarves.

Wash your cloth face covering after each use (hot water wash, hot cycle in dryer).

DO NOT use on children under 2 years of age or on someone who cannot remove cloth face covering by themselves.

WHEN TO WEAR:

Patients: When seeking healthcare for fever or respiratory symptoms.

Healthcare Workers: When inside a healthcare facility, or a setting where healthcare services are being provided.

WHEN TO WEAR:

Healthcare Workers:
When within 6 feet of a suspected or confirmed
COVID-19 person, or as defined in facility
policy/protocol.

SOURCE: Maine CDC

