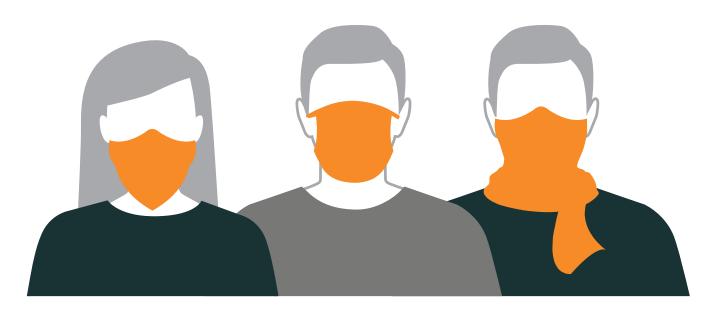# Please Wear a Face Covering
Beyond This Point

Northern Light Health is asking everyone who comes to our facilities (over the age of two) to wear a face covering.

This covering can be a face mask, bandana, or scarf.

Face coverings help stop the community spread of COVID-19.
Even if you do not have symptoms, you should wear a face covering.
It's possible to transmit COVID-19 even if you do not feel sick.

If you do not have a face covering, please ask if one can be provided when you enter.

Northern Light Health℠