What can you do?



If you need resources or support, please contact one of the numbers below....

Non-Crisis Peer Support

Statewide Intentional Warm Line



1-866-771-9276

Offers non-crisis peer support 24 hours a day/7 days week

Maine Crisis Line



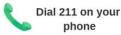
1-888-568-1112

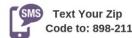
To access your local, mobile crisis services, please call the statewide hotline above...

Offers crisis phone support 24 hours a day/7 days week

Information & Referral Resources







Contact for information related to COVID-19 and/or referrals to needed services

- Consult HR or an employment attorney.
- Familiarize yourself with the company benefits plan.
- Drug free workplace clear expectations with written policies
- Have compassion and resources at the ready
- Help reduce Stigma
- Educate on how substance use impacts health, productivity, and teams

Additional Resources:

- Northern Light Acadia Hospital 207.949.4634
- https://www.maine.gov/dhhs/samhs/virtual-recovery.shtml