



Contact **Work Force EAP** at 1-800-769-9819 to inquire about services available for your employees



Contact **Healthy Life Resources** at 207.973.6446 or [AcadiaHLR@northernlight.org](mailto:AcadiaHLR@northernlight.org)  
A comprehensive, coordinated, and actionable set of supports for employers to promote a strong functional workforce.



Contact **Northern Light Wellness** at 207.973.8273 to learn about programs to support your employees' journey to wellness.



**Northern Light Acadia Substance Use treatment**  
207.973.6100



**Maine Crisis Line 1.888.568.1112** provides confidential 24/7 support and information