Leading during a pandemic—Maine business leaders share their experience about leading through crisis and preparing for the future

Topics:
• Latest on COVID-19
• Roundtable discussion
Legal Disclosure:

The Coronavirus pandemic is an ongoing, continuously evolving situation. Northern Light Health encourages everyone to follow federal and state governmental guidance and mandates.

Northern Light Health does not know the particulars of your situation, so the information presented today is general in nature and is based upon Northern Light Health’s own experience, which may or may not apply in your specific situation, and which may be revised as we learn more about the Coronavirus.

Accordingly, following any guidance Northern Light Health presents today in no way guarantees that you, your employees and/or your customers and clients will not contract or spread the Coronavirus.
Please use the **Q and A** function to ask your questions at anytime.
Latest on COVID-19
Moving in the Right Direction

U.S. COVID-19 Community Levels by County Map

Maps, charts, and data provided by CDC, updates every Thursday by 8 pm ET

Updated: March 10, 2022

Good Health Is Good Business
But Not Out of the Woods Yet
Defining your community as low, medium, or high

**Low**
- Indicates the virus is having a limited effect on the healthcare system
- Low levels of severe disease

**Medium**
- More people with severe disease
- Beginning to see an increase in how much COVID-19 is affecting their healthcare system
- People who may be at increased risk talk to their healthcare providers about taking additional precautions, such as mask-wearing

**High**
- High level of severe disease
- High potential for a community's healthcare system to become strained
- Everyone wear a mask indoors and in schools
- In addition to the precautions at the low and medium levels

COVID-19 by County | CDC
New CDC mask update – based on your community level COVID-19

**Low**
- Stay up to date with COVID-19 vaccines
- Get tested if you have symptoms

**Medium**
- If you are at high risk for severe illness, talk to your healthcare provider about whether you need to wear a mask and take other precautions
- Stay up to date with COVID-19 vaccines
- Get tested if you have symptoms

**High**
- Wear a mask indoors in public
- Stay up to date with COVID-19 vaccines
- Get tested if you have symptoms
- Additional precautions may be needed for people at high risk for severe illness
MANDATORY MASKING IN SCHOOLS REDUCED COVID-19 CASES DURING DELTA SURGE
NIH-funded study compared more than 1.1 million students across nine states

Took place during Delta Surge
Schools in North Carolina, Wisconsin, Missouri, California, Washington, Georgia, Tennessee, Kansas and Texas
Schools with mandatory masking had ~72% fewer cases of in-school transmission of COVID-19 when compared to schools with optional or partial masking policies
Most cases of COVID-19 infection for either group occurred through community spread
Easy access to schedule your vaccine, booster, or Flu shot

COVID-19 (Coronavirus) Portal - Public Vaccination (northernlighthealth.org)

COVID-19 Vaccination and Booster Eligibility Updates

Booster dose appointments for Pfizer, Moderna, and Johnson & Johnson COVID-19 vaccines are now available for people 18 and over who meet criteria.

People 5 years or older are currently eligible to schedule a COVID-19 vaccination.

Important:
- Community members under age 18 who would like to be vaccinated, must have a parent or guardian complete and initial the online scheduling form on their behalf.
- In addition to scheduling a vaccine using the online process, patients under 18 are be required to bring a completed consent to treat form signed by their parent or guardian to their appointment.
- Patients under the age of 16 must be accompanied by a parent or guardian to their vaccination.
- If you have any questions please call: 207-204-8551*
  *Long distance or carrier fees may apply.

Scheduling your vaccination:

- If you cannot find an appointment that works for you at a Northern Light Health location, please visit the state COVID-19 vaccination sites list.
- Please print your appointment confirmation and bring it with you. Vaccination candidates will receive an email confirming their vaccination location.
Roundtable Discussion

Ed Gilkey, MD, MS, MBA, CPE, Senior Physician Executive, Northern Light Beacon Health

Jim Jarvis, MD, FAAFP, Senior Physician Executive Incident Command, Northern Light Health, Director, Clinical Education, Northern Light EMMC

Bob Montgomery-Rice, President and CEO Bangor Savings Bank

Scott Oxley, MBA, CAP President, Northern Light Acadia Hospital

Robert Tracy, Executive VP, RH Foster

Good Health Is Good Business

3.17.22 12
Tools you can use:

https://northernlighthealth.org/Resources/Safe-Return-to-Business

View Past and Upcoming Meetings, Download Resources, and Watch Informational Videos

February 10, 2022
Frontline employees share their experiences: lessons that promote team strength, resiliency, and compassion

January 27, 2022
Pandemic Fatigue - Investing in your employees to build a culture of caring

December 16, 2021
A Safe and Healthy Holiday and New Year

January 13, 2022
Build a plan to help employees manage stress and treat burnout
Thursday, April 7 at 11am – Delaying care, at what cost? Why prioritizing your health is important

Topics:

• Latest on COVID-19
• Roundtable discussion
• Plenty of time to ask your questions
Legal Disclosure:

The Coronavirus pandemic is an ongoing, continuously evolving situation. Northern Light Health (NLH) encourages everyone to follow federal and state governmental guidance and mandates.

NLH does not know the particulars of your situation, so the information presented today is general in nature and is based upon NLH’s own experience, which may or may not apply in your specific situation, and which may be revised as we learn more about the Coronavirus.

Accordingly, following any guidance NLH presents today in no way guarantees that you, your employees and/or your customers and clients will not contract or spread the Coronavirus.