Making Maine Stronger By Working Together – Maine’s two largest health systems share their COVID story

Topics:
• Latest on COVID-19
• Roundtable discussion
Legal Disclosure:

The Coronavirus pandemic is an ongoing, continuously evolving situation.
Northern Light Health encourages everyone to follow federal and state
governmental guidance and mandates.

Northern Light Health does not know the particulars of your situation, so the
information presented today is general in nature and is based upon Northern Light
Health’s own experience, which may or may not apply in your specific situation,
and which may be revised as we learn more about the Coronavirus.

Accordingly, following any guidance Northern Light Health presents today in no
way guarantees that you, your employees and/or your customers and clients will
not contract or spread the Coronavirus.
Ask us questions – give us feedback – this hour is for you

• Please use the **Q and A** function to ask your questions at anytime.
Latest on COVID-19
Cases in Maine

From The New York Times • Last updated: 22 hours ago

New cases
Deaths
Vaccinations

Feb 27, 2022
New cases: 23
7-day avg: 1,111

Northern Light Health

Good Health Is Good Business
Maine - Hospitalizations

Hospitalized COVID-19 Patients

COVID-19 Patients in Critical Care

COVID-19 Patients on Ventilators

New CDC mask update – based on your community level COVID-19

**Low**
- Stay up to date with COVID-19 vaccines
- Get tested if you have symptoms

**Medium**
- If you are at high risk for severe illness, talk to your healthcare provider about whether you need to wear a mask and take other precautions
- Stay up to date with COVID-19 vaccines
- Get tested if you have symptoms

**High**
- Wear a mask indoors in public
- Stay up to date with COVID-19 vaccines
- Get tested if you have symptoms
- Additional precautions may be needed for people at high risk for severe illness
Defining your community as low, medium, or high

COVID-19 by County | CDC

**Low**
- Indicates the virus is having a limited effect on the healthcare system
- Low levels of severe disease

**Medium**
- More people with severe disease
- Beginning to see an increase in how much COVID-19 is affecting their healthcare system
- People who may be at increased risk talk to their healthcare providers about taking additional precautions, such as mask-wearing

**High**
- High level of severe disease
- High potential for a community's healthcare system to become strained
- Everyone wear a mask indoors and in schools
- In addition to the precautions at the low and medium levels
Recently tested positive for COVID-19? Self-referrals to be screened for treatment options are now open.

For people at high risk of severe illness from COVID-19, early treatment for COVID-19 is available.

COVID-19 home tests are easy to use.

Get Treatment - Northern Light Health

Call your PCP
Easy access to schedule your vaccine, booster, or Flu shot

COVID-19 (Coronavirus) Portal - Public Vaccination (northernlighthealth.org)

COVID-19 Vaccination and Booster Eligibility Updates
Booster dose appointments for Pfizer, Moderna, and Johnson & Johnson COVID-19 vaccines are now available for people 18 and over who meet criteria.

People 5 years or older are currently eligible to schedule a COVID-19 vaccination.

Important:
- Community members under age 18 who would like to be vaccinated, must have a parent or guardian complete and initial the online scheduling form on their behalf.
- In addition to scheduling a vaccine using the online process, patients under 18 are required to bring a completed consent to treat form signed by their parent or guardian to their appointment.
- Patients under the age of 16 must be accompanied by a parent or guardian to their vaccination.
- If you have any questions please call: 207-204-8581*
*Long distance or carrier fees may apply.

Scheduling your vaccination:
- If you cannot find an appointment that works for you at a Northern Light Health location, please visit the state COVID-19 vaccination sites list.
- Please print your appointment confirmation and bring it with you. Vaccination candidates will receive an email confirming their vaccination location.
Roundtable Discussion.

Ed Gilkey, MD, MS, MBA, CPE, Senior Physician Executive, Northern Light Beacon Health

Jim Jarvis, MD, FAAFP, Senior Physician Executive Incident Command, Northern Light Health, Director, Clinical Education Northern Light EMMC

Dora Mills, MD, MPH, FAAP, Chief Health Improvement Officer MaineHealth
Roundtable Discussion.

Ed Gilkey, MD, MS, MBA, CPE, Senior Physician Executive, Northern Light Beacon Health

Timothy Dentry, MBA
President and CEO
Northern Light Health

Andrew Mueller, MD
President and CEO
MaineHealth
Tools you can use:

https://northernlighthealth.org/Resources/Safe-Return-to-Business

View Past and Upcoming Meetings, Download Resources, and Watch Informational Videos

February 10, 2022
Frontline employees share their experiences: lessons that promote team strength, resiliency, and compassion

January 27, 2022
Pandemic Fatigue - Investing in your employees to build a culture of caring

December 16, 2021
A Safe and Healthy Holiday and New Year

January 13, 2022
Build a plan to help employees manage stress and treat burnout
Thursday, March 17 at 11am – Leading during a pandemic: Maine business leaders share their experience about leading through crisis and preparing for the future

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• Roundtable discussion
• Plenty of time to ask your questions
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