Frontline employees share their experiences – lessons that promote strength, resiliency, and compassion

Topics:
• Latest on COVID-19
• Roundtable discussion
Ed Gilkey, MD, MS, MBA, CPE, Senior Physician Executive, Northern Light Beacon Health

Jim Jarvis, MD, FAAFP, Senior Physician Executive Incident Command, Northern Light Health, Director, Clinical Education, Northern Light EMMC

Jesse Higgins, NP-Psychiatry, Director, Integrated Behavior Health, Northern Light Acadia

Jake Knight, AVP Branch Manager, Brewer, Bangor Savings Bank

Darren Lord, Director, Convenience and Retail RH Foster

Chris Laird, RN, AVP Patient Care Service, Northern Light EMMC

Good Health Is Good Business
Legal Disclosure:

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Ask us questions – give us feedback – this hour is for you

- Please use the **Q and A** function to ask your questions at anytime.
Latest on COVID-19
COVID in the US

Tests

Hospitalized

Deaths

<table>
<thead>
<tr>
<th></th>
<th>Daily Avg. on Feb. 6</th>
<th>14-Day Change</th>
<th>Total Reported</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cases</td>
<td>295,922</td>
<td>-57%</td>
<td>76,419,014</td>
</tr>
<tr>
<td>Tests</td>
<td>2,080,588</td>
<td>-14%</td>
<td>—</td>
</tr>
<tr>
<td>Hospitalized</td>
<td>121,600</td>
<td>-23%</td>
<td>—</td>
</tr>
<tr>
<td>Deaths</td>
<td>2,565</td>
<td>+18%</td>
<td>901,405</td>
</tr>
</tbody>
</table>
US vs World

Cumulative deaths per capita during the Omicron wave

Source: New York Times database; Johns Hopkins University

Share of population with booster dose

Sweden data available only since Jan. 20. | Source: C.D.C.; Our World in Data
To boost or not to boost?

Will you get a booster dose?

- As soon as I can: 39%
- I will wait and see how boosters are working for others: 16%
- Only if required for work, school, or other activities: 22%
- Definitely not: 19%

From a survey of 530 vaccinated adults who had not already received a booster, Jan. 2022 | Source: Kaiser Family Foundation
COVID-19 Vaccinations Prevent Hospitalization!

95 HOSPITALIZED

50 VACCINATED 45 UNVACCINATED

20 IN ICU

7 VACCINATED 13 UNVACCINATED

9 ON VENTILATORS

4 VACCINATED 5 UNVACCINATED

63 is the average age for currently hospitalized patients, but younger vaccinated and unvaccinated individuals are being treated as well.

COVID hospitalizations February 9, 2022 | Vaccinated patients have received at least one dose of a COVID-19 vaccine, but may not be considered fully-vaccinated per CDC guidelines.
Why we shouldn’t stop trying to stop COVID

People who reported always wearing a mask in indoor public settings were less likely to test positive for COVID-19 than people who didn’t.*

WEARING A MASK LOWERED THE ODDS OF TESTING POSITIVE

Among 534 participants reporting mask type:

- NO MASK
- CLOTH MASK
- SURGICAL MASK
- RESPIRATOR (N95/KN95)

- 56% lower odds
- 66% lower odds
- 83% lower odds

* Matched case-control study, LU299 people, Feb 10-Dec 1, 2020
* Compared people with similar characteristics (e.g., vaccination)
* Not statistically significant

bit.ly/MMWR7106
Easy access to schedule your vaccine, booster, or Flu shot

COVID-19 (Coronavirus) Portal - Public Vaccination (northernlighthealth.org)

COVID-19 Vaccination and Booster Eligibility Updates

Booster dose appointments for Pfizer, Moderna, and Johnson & Johnson COVID-19 vaccines are now available for people 18 and over who meet criteria.

People 5 years or older are currently eligible to schedule a COVID-19 vaccination.

Important:

- Community members under age 18 who would like to be vaccinated, must have a parent or guardian complete and initial the online scheduling form on their behalf.
- In addition to scheduling a vaccine using the online process, patients under 18 are be required to bring a completed consent to treat form signed by their parent or guardian to their appointment.
- Patients under the age of 18 must be accompanied by a parent or guardian to their vaccination.
- If you have any questions please call: 207-204-8551*

*Long distance or carrier fees may apply.

Scheduling your vaccination:

- If you cannot find an appointment that works for you at a Northern Light Health location, please visit the state COVID-19 vaccination sites list.
- Please print your appointment confirmation and bring it with you. Vaccination candidates will receive an email confirming their vaccination location.
Roundtable Discussion.

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Tools you can use:

https://northernlighthealth.org/Resources/Safe-Return-to-Business

View Past and Upcoming Meetings, Download Resources, and Watch Informational Videos

**February 10, 2022**
Frontline employees share their experiences: lessons that promote team strength, resiliency, and compassion

**January 27, 2022**
Pandemic Fatigue - Investing in your employees to build a culture of caring

**December 16, 2021**
A Safe and Healthy Holiday and New Year

**January 13, 2022**
Build a plan to help employees manage stress and treat burnout
Making Maine Stronger By Working Together
Maine’s two largest health systems share their COVID story

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• Latest on COVID-19
• Roundtable discussion
• Plenty of time to ask your questions
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