



**Maine Crisis Line 1.888.568.1112** provides confidential 24/7 support and information



Contact your companies **Employee Assistance Program** or **Occupational Health Provider**



**Reduce stigma** and be sure to have compassion and resources at the ready to **help employees**. Know what your company's benefits plan provides; have a clear **drug free workplace** policy and expectation.



Educate yourself and your company on the impact of substance use on health, productivity, and teams. Contact Substance Abuse and Mental Health Services Administration (**SAMHSA.gov**) for information.



**Northern Light Acadia Substance Use treatment**

207.973.6100