

# COVID-19: Critically relevant information and discussion

## Topics:

- Latest on COVID-19
- Vaccines
- Our mental health
- Plenty of time for questions





Karen Hawkes, MS  
VP Operations  
Northern Light  
Beacon Health



Ed Gilkey, MD, MS,  
MBA, CPE, Senior  
Physician  
Executive,  
Northern Light  
Beacon Health



Jim Jarvis, MD, FAAFP,  
Senior Physician  
Executive , Incident  
Command, Northern  
Light Health, Director,  
Clinical Education,  
Northern Light EMMC



Elisabeth Marnik,  
Ph.D, Assistant  
Professor College  
of Science and  
Humanities,  
Husson University



Yemaya St. Clair,  
NCC, LCPC-C, EAP  
Counselor,  
Northern Light  
Work Force

## Legal Disclosure:

The Coronavirus pandemic is an ongoing, continuously evolving situation.

Northern Light Health encourages everyone to follow federal and state governmental guidance and mandates.

Northern Light Health does not know the particulars of your situation, so the information presented today is general in nature and is based upon Northern Light Health's own experience, which may or may not apply in your specific situation, and which may be revised as we learn more about the Coronavirus.

Accordingly, following any guidance Northern Light Health presents today in no way guarantees that you, your employees and/or your customers and clients will not contract or spread the Coronavirus.

# Ask us questions – give us feedback – this hour is for you

- Please use the [Q and A](#) function to ask your questions at anytime.

**Good Health Is Good Business Survey (Updated July 15)**

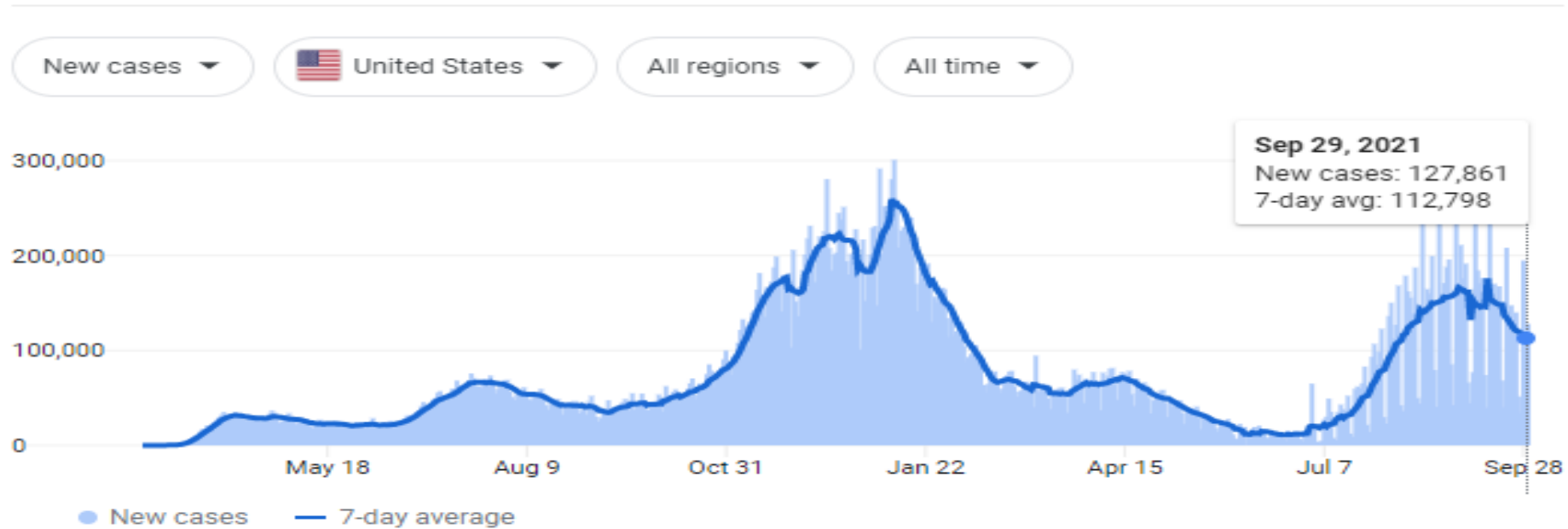
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1. I am able to apply the tools and guidance provided today to support my workplace and/or employees.\*
  - Strongly Agree
  - Agree
  - Neutral
  - Disagree
  - Strongly Disagree
2. The information provided today was easy to understand and relevant.\*
  - Strongly Agree
  - Agree
  - Neutral
  - Disagree
  - Strongly Disagree
3. How likely are you to recommend the Business to Business Zoom Conference series to a fellow colleague and / or Maine employer?\*
4. How likely are you to attend one of our Business to Business Zoom Conferences in the future?\*
5. What topic(s) would you like us to focus on in the future?

Done

# Latest on COVID-19

# Cases in the United States

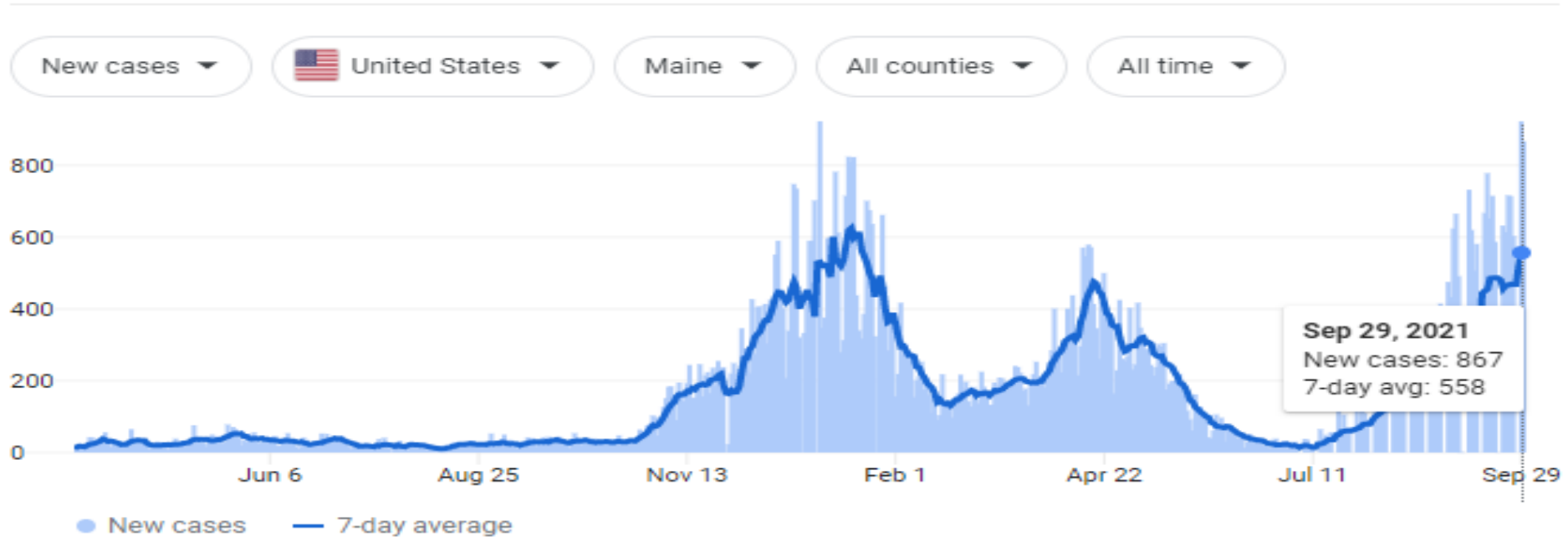


Each day shows new cases reported since the previous day · [About this data](#)

## 🌐 Cases

From [The New York Times](#) · Last updated: 15 hours ago

# Cases in Maine



Each day shows new cases reported since the previous day · [About this data](#)

## 🌐 Cases

From [The New York Times](#) · Last updated: 15 hours ago

# Vaccinations in US and ME

## Vaccination overview

From [Our World in Data](#) · Last updated: 2 days ago

### Maine

Doses given

**1.92M**

Fully vaccinated

**921K**

% of population fully vaccinated

**68.5%**



### United States

Doses given

**392M**

+1.33M

Fully vaccinated

**184M**

+446K

% of population fully vaccinated

**56.2%**

+0.1%



# Key Points

- **Hospitalizations high**
  - staff throughout Maine are overtaxed
  - facilities near or at capacity
  - staffed ICU beds extremely limited statewide
- **Deaths are high**
  - unvaccinated
- **Many hospitalizations and most deaths are preventable by vaccinations**
- **Pfizer Boosters available:**
  - >65
  - medical conditions
  - high risk workers,
  - if >6 months since second dose
  - Can be given with Flu vaccination
- **Prime Directive: Vaccinate the unvaccinated. This is the path to end the pandemic**

Now's your time to ask questions. Please use the Q and A option.



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## Tools you can use:

<https://northernlighthealth.org/Resources/Safe-Return-to-Business>

### Due to Regional COVID-19 Rates



**Masking is Required Inside**

Regardless of Vaccination Status


**Thank You!**



# Be sure to register for Thursday, October 21: Treatment options for COVID-19 long haulers and tips for living with continued stress

## Topics:

- Latest on COVID-19
- Booster rollout
- What is the treatment for COVID long haulers?
- How to live with the ongoing stress of COVID-19




One-hour Zoom Conferences  
Moderated forum with Q and A  
presented by Northern Light Health

**zoom** Business to Business Conference Series

### GOOD HEALTH IS GOOD BUSINESS

**Treatment options for COVID-19 long haulers and tips for living with continued stress**

**Thursday, October 21 at 11 am**  
The Zoom meeting ID will be sent to you upon registering



**Topics will include:**

- Latest on COVID-19
- Booster rollout
- What is the treatment for COVID long haulers?
- How to live with the ongoing stress of COVID-19

Learn how to support your employees and your customers to operate a safe and healthy business.

**Our Panelists:**

**Jim Jarvis, MD, FAAFP**  
Senior Physician Executive  
Incident Command, Northern Light Health  
Director, Clinical Education, Northern Light EMMC

**Angela Filecda, LCSW**  
Director Healthy Life Resource Program  
Northern Light Acadia

**Su-Anne Hammond, DO**  
Primary Care Lead  
Northern Light Primary Care, Windham

**Moderated by:**

**Ed Gilkey, MD, MS, MBA, CPE**  
Senior Physician Executive  
Northern Light Beacon Health

**PLEASE REGISTER BY CLICKING HERE BEFORE JOINING THE MEETING**

Attendees are asked to join the conference by Zoom and listen to audio using your computer only. Please do not dial in while also connected via your computer. The dial-in number is for those not joining by computer. This will help accommodate a larger number of participants. **See you Thursday!**  
Please contact Lanie Abbott for more information: [lwabbott@northernlight.org](mailto:lwabbott@northernlight.org)

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