COVID-19: Critically relevant information and discussion

Topics:
• Latest on COVID-19
• Vaccines
• Our mental health
• Plenty of time for questions
The Coronavirus pandemic is an ongoing, continuously evolving situation. Northern Light Health encourages everyone to follow federal and state governmental guidance and mandates.

Northern Light Health does not know the particulars of your situation, so the information presented today is general in nature and is based upon Northern Light Health’s own experience, which may or may not apply in your specific situation, and which may be revised as we learn more about the Coronavirus.

Accordingly, following any guidance Northern Light Health presents today in no way guarantees that you, your employees and/or your customers and clients will not contract or spread the Coronavirus.
Ask us questions – give us feedback – this hour is for you

- Please use the **Q and A** function to ask your questions at anytime.
Latest on COVID-19
Cases in the United States

Each day shows new cases reported since the previous day.

New cases: 127,861
7-day avg: 112,798

From The New York Times - Last updated: 15 hours ago
### Vaccination overview

From [Our World in Data](https://ourworldindata.org) - Last updated: 2 days ago

#### Maine

<table>
<thead>
<tr>
<th>Doses given</th>
<th>Fully vaccinated</th>
<th>% of population fully vaccinated</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.92M</td>
<td>921K</td>
<td>68.5%</td>
</tr>
</tbody>
</table>

#### United States

<table>
<thead>
<tr>
<th>Doses given</th>
<th>Fully vaccinated</th>
<th>% of population fully vaccinated</th>
</tr>
</thead>
<tbody>
<tr>
<td>392M</td>
<td>184M</td>
<td>56.2%</td>
</tr>
</tbody>
</table>

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*Northern Light Health.*
Key Points

• Hospitalizations high
  • staff throughout Maine are overtaxed
  • facilities near or at capacity
  • staffed ICU beds extremely limited statewide
• Deaths are high
  • unvaccinated
• Many hospitalizations and most deaths are preventable by vaccinations

• Pfizer Boosters available:
  • >65
  • medical conditions
  • high risk workers,
  • if >6 months since second dose
  • Can be given with Flu vaccination

• Prime Directive: Vaccinate the unvaccinated. This is the path to end the pandemic
Now’s your time to ask questions. Please use the Q and A option.
Tools you can use:

https://northernlighthealth.org/Resources/Safe-Return-to-Business

Due to Regional COVID-19 Rates

Masking is Required Inside
Regardless of Vaccination Status
Thank You!
Be sure to register for Thursday, October 21: Treatment options for COVID-19 long haulers and tips for living with continued stress

Topics:

• Latest on COVID-19
• Booster rollout
• What is the treatment for COVID long haulers?
• How to live with the ongoing stress of COVID-19
Legal Disclosure:

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