COVID-19 Impacts on Older Adults

Greater risks:
- Greater social isolation
- More likely to be dependent on others
- Much more vulnerable to severe consequences of infection
- More likely to be in congregate living settings with greater exposure
- Less internet connectedness and less savvy with internet resources

Those at greatest risk:
- Long term care
- Recently widowed
- Dementia caregivers

Unclear whether mental health impact was greater:
- Older adults may have adapted better with certain exceptions