Practical advice for parents:
How to discuss vaccine hesitancy with your child or teen

Topics
• Vaccine Awareness
• Attitudes and influences affecting youth
• Age-appropriate talking points
• Constructive solutions for parents who disagree
• The role of doctors and teachers supporting vaccine administrations
• Latest on COVID-19
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Good Health Is Good Business
Legal Disclosure:

The Coronavirus pandemic is an ongoing, continuously evolving situation. Northern Light Health encourages everyone to follow federal and state governmental guidance and mandates.

Northern Light Health does not know the particulars of your situation, so the information presented today is general in nature and is based upon Northern Light Health’s own experience, which may or may not apply in your specific situation, and which may be revised as we learn more about the Coronavirus.

Accordingly, following any guidance Northern Light Health presents today in no way guarantees that you, your employees and/or your customers and clients will not contract or spread the Coronavirus.
Ask us questions – give us feedback – this hour is for you

- Please use the chat function to ask your questions at anytime.
COVID-19 Updates
The Take-home Message

Vaccinate
Epidemic Curve Trajectory Classification

Epidemic curve trajectory categories:
- <10 Cases in past 7 days
- Low/Moderate Incidence, Decreasing
- Low/Moderate Incidence, Increasing
- Substantial/High Incidence, Decreasing
- Substantial/High Incidence, Increasing

What’s Happening in Maine?

New cases

Purpose: Measure incidence of new COVID-19 cases

COVID-19: Maine Data | Coronavirus Disease 2019 (COVID-19) | Airborne Disease Surveillance Epidemiology Program | MeCDC | Maine DHHS
Critical care beds available

Purpose: Ensure adequate hospital capacity if the number of cases rise
Worldwide Vaccination Rates – Hmmm ...

Understanding Vaccination Progress by Country - Johns Hopkins Coronavirus Resource Center (jhu.edu)
And, Here’s the Rest of the Story
Where Do We Go From Here?

• Worldwide Goal = >70% Vaccinated
• New cases fall to a lower steady level
• Viral mutations decrease and new variants decrease
• Possibility of increased transmissibility, illness, and deaths decreases to almost zero
• Summer in US will be better because of successful vaccinations and some seasonal effects
• Fall in US questionable; Fall worldwide likely to be worse due to low vaccination rates in many locations
• **Bottom Line:** Vaccinations worldwide are our best bet to outrun the pandemic, starting in our own backyard
Use the chat function to ask your questions:
Tools you can use:

https://northernlighthealth.org/Resources/Safe-Return-to-Business

Vaccine Talking Points

16 years and under must be accompanied by an adult to their vaccination, whether it is scheduled or walk in.

- While younger people are at a lower risk of the more serious side effects of COVID-19, they play an important role in keeping our more vulnerable friends and family safe.

- The more people who are vaccinated, the less the virus can spread – slowing the further mutation of the virus and reducing risk for all of us.

- While it is rare, children and teens can experience serious illness, and even death, from COVID-19.

- If you have questions about vaccination, for you or your child, please reach out to your primary care provider. They will talk over your specific healthcare needs and whether vaccination is the right choice for you.

- There will always be members of our community who cannot be vaccinated due to allergies or illness, and people whose immune systems can not build up the same response after vaccination to protect them against COVID-19 – it is for these people that we should all consider getting vaccinated.
Join us Thursday, June 17: Tackling the challenges and concerns related to vaccine hesitancy and pandemic fatigue

Topics:

- Latest on COVID-19
- Vaccine hesitancy and women’s health
- Vaccine availability
- Continuing to mask and wash hands
- Conflict management
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