



Greenhouse Gas Emissions

2025

April 2026

Version 1

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Who We Are

Northern Light Health is an integrated healthcare delivery system, located in the State of Maine. Northern Light and its subsidiaries provide a broad range of healthcare and related services throughout Maine. We are a non-profit organization comprised of hospitals, primary care locations, cancer care, continuing care facilities, home health/hospice services, a multi-branch retail pharmacy, occupational health clinics, emergency and medical transport, as well as the “home office” system entities. Our more than 10,000 employees provide care and services to hundreds of thousands of patients in Maine.

As a major provider of healthcare services to the people of Maine and a leader in the health and wellness field, we are taking steps to minimize our environmental impact while providing excellent care in a sustainable manner. While uncoordinated efforts to decrease environmental impacts and increase climate resiliency had been in progress for years, Northern Light Health formalized its commitment to these efforts in 2022, with the formation of an employee-driven Climate Health team, and again in 2023 when we signed the U.S. Department of Health and Human Services Health Sector Climate Pledge to reduce Scope 1 and 2 emissions 50% by 2030 and achieve net zero emissions by 2050. The greenhouse gas emissions estimates contained within this document are for calendar year 2025. Our baseline year for the purposes of emissions accounting and evaluating our progress toward carbon neutrality is 2021, and our baseline year emissions estimate is also publicly available.

For the purposes of greenhouse gas accounting, we are publishing our best estimates of greenhouse gas emissions from the following Northern Light Health member organizations, as well those of the System.

On January 1, 2025, Northern Light Health began contracting with Compass Healthcare to provide food and environmental services in our hospitals. Staff in these areas are no longer Northern Light Health employees, but work in our hospitals as they always have. They are included in the employee counts below, identified as contracted employees.

Northern Light Acadia Hospital (Acadia) is an acute care, short stay psychiatric hospital located in Bangor, Maine, and provides a full continuum of mental and behavioral health services for children, teens, and adults. A subsidiary, Northern Light Acadia Healthcare, provides an alcohol and drug treatment program, adult and children’s case management services, school-based services, employee assistance programs, mental health services integrated within primary care practices, and other mental health community services. Acadia is one of few Maine hospitals designated solely to psychiatric health, and as such, serves the majority of the State of Maine. At the end of 2025, Acadia had 74 staffed beds, and the equivalent of 529 full-time employees (plus 24 FTE contracted employees). A significant hospital expansion project was completed in 2024. A small Acadia property, Winterport Sweetser, was sold on December 29, 2025.

Northern Light A.R. Gould Hospital (A.R. Gould) is a community hospital in Presque Isle, with family and specialty practices in Caribou, Fort Fairfield and Presque Isle, Maine., A. R. Gould’s primary service area is comprised of communities in rural and geographically-isolated Aroostook County in Northern Maine. At the end of 2025, A. R. Gould had 53 staffed beds, and the equivalent of 560 full-time employees (plus 43 FTE contracted employees). In 2025, Northern Light Continuing Care Mars Hill, a 72-bed facility providing long-term care, skilled nursing, and rehabilitation services in Mars Hill, Maine was closed. Patients were transferred

to a nearby facility that is not associated with Northern Light Health, and the campus buildings are vacant, awaiting sale.

Northern Light Blue Hill Hospital (Blue Hill) is a critical access hospital located in Blue Hill, with family and specialty practices in Blue Hill, Castine, Stonington, and Bucksport. Blue Hill's service area is the peninsular region of Hancock County, which includes remote coastal towns and island communities, as well as tourists and seasonal residents. At the end of 2025, Blue Hill Hospital had 10 staffed beds, and the equivalent of 120 full-time employees (plus 13 FTE contracted employees).

Northern Light CA Dean Hospital (C. A. Dean) is a critical access hospital in Greenville, Maine, and has family and specialty practices in Greenville, Monson, and Sangerville. C.A. Dean serves the residents of remote, rural areas in northern Somerset and Piscataquis counties, as well as tourists and seasonal residents in the Moosehead Lake/North Woods region. At the end of 2025, C. A. Dean had 15 staffed beds, and the equivalent of 85 full-time employees (plus 7 FTE contracted employees).

Northern Light Eastern Maine Medical Center (EMMC) is an acute care tertiary medical center located in Bangor, Maine, which provides a variety of inpatient and ambulatory healthcare services. Our system's flagship facility, EMMC and its staff provide primary, specialty, and intensive care services in the Bangor area, and is a level II trauma center that serves communities throughout central, eastern, and northern Maine. Primary and specialty services are offered in Bangor, Orono, Brewer, and Hampden. At the end of 2025, EMMC had 402 staffed beds, and the equivalent of 2851 full-time employees (plus 167 FTE contracted employees).

Northern Light Inland Hospital (Inland) was a community hospital located in Waterville, Maine, with primary and specialty care physician offices in Waterville, Oakland, Unity, and Madison, and a continuing care center (**Lakewood**) on the Inland campus. In 2024, Inland had 35 staffed beds (annual average), and the equivalent of 278 full-time employees. In 2024, Lakewood was a 105-bed facility, and had the equivalent of 89 full-time employees. In early 2025, Northern Light Health announced the winding down of services and closure of Inland Hospital. The last patient day at Inland was May 27, 2025. The campus is vacant and awaiting sale. The Unity practice was transferred to Northern Light Sebasticook Valley Hospital. Lakewood was sold on December 1, 2025, and is no longer operated by Northern Light Health.

Northern Light Maine Coast Hospital (Maine Coast) is an acute care hospital located in Ellsworth, Maine, with primary and specialty practices in Ellsworth, Gouldsboro, and Somesville. Maine Coast provides emergency, primary and specialty care, acute inpatient, diagnostic, and surgical services. Maine Coast Hospital serves Hancock and western Washington Counties; coastal areas that are home to both rural communities and prime vacation destinations. At the end of 2025, Maine Coast had 40 staffed beds, and the equivalent of 363 full-time employees (plus 31 FTE contracted employees). A former practice in Southwest Harbor was closed and the property sold in December 2024.

Northern Light Mayo Hospital (Mayo) is a critical access hospital located in Dover-Foxcroft, Maine, and has family and specialty practices in Corinth, Dover-Foxcroft, and Milo. Mayo Hospital provides advanced medical services to Piscataquis, Penobscot, and Somerset counties, which are also popular locations for vacation homes and tourists. At the end of 2025, Mayo had 25 staffed beds, and the equivalent of 234 full-time

employees (plus 17 FTE contracted employees). Two former practices in Dexter and Dover-Foxcroft was closed and the properties sold in December 2024.

Northern Light Mercy Hospital (Mercy) is an acute care hospital in Portland, Maine, and is a sponsored ministry of the Sisters of Mercy of the Americas. Mercy Hospital provides inpatient and outpatient medical and surgical, care, and has family and specialty practices in Portland, Yarmouth, Falmouth, Windham, and Gorham. Located in Maine's largest city, Mercy provides care in Maine's most densely populated and culturally diverse region, with its primary service area being Cumberland and eastern York Counties. At the end of 2025, Mercy had 77 staffed beds, and the equivalent of 1080 full-time employees (plus 10 FTE contracted employees). A former practice in South Portland was closed in 2025 and the property sold on October 2, 2025.

Northern Light Sebecook Valley Hospital (SVH) is a critical access hospital located in Pittsfield, Maine, and has family and specialty practices in Pittsfield, Newport, and Clinton. SVH serves a largely rural area in central Maine, including areas of parts of Somerset and Penobscot Counties primarily, and Kennebec and Waldo Counties secondarily. At the end of 2025, SVH had 25 staffed beds, and the equivalent of 213 full-time employees (plus 19 FTE contracted employees). After the closing of Inland Hospital in May of 2025, the Unity practice was transferred to SVH. All 2025 emissions associated with the Unity practice are included in the SVH totals.

Northern Light Health Home Office (Home Office) provides shared administrative services at the system level to all member organizations of Northern Light Health. The Home Office functions out of the Cianchette Building in Brewer, Maine, and also has employees based around the state at system locations and working remotely.

For the purposes of greenhouse gas accounting in this document, the Home Office figures also include those of the following Northern Light Health entities:

Northern Light Work Health (Work Health) provides occupational and workplace healthcare services. Work Health currently has seven clinics located in Bangor, Dover-Foxcroft, Ellsworth, Pittsfield, Portland, and Presque Isle.

Northern Light Health Foundation (Foundation) holds and manages funds without donor restrictions and funds with donor restrictions for the benefit of various Northern Light Health companies and other exempt organizations in Maine. The Foundation has dedicated employees located across the

In 2025, the Home Office, inclusive of the entities noted above, had the equivalent of 790 full-time employees.

Northern Light Home Care & Hospice (Home Care & Hospice) provides home health, inpatient and community-based hospice, telehealth, palliative care, and community health services statewide, with home care locations in South Portland, Ellsworth, Waterville, Bangor, Presque Isle, and Fort Kent. Home Care & Hospice employees made 132,154 home health visits and 44,736 hospice visits in FY 2025. Home Care & Hospice also plans and staffs immunization clinics, adult health clinics, and education and awareness events for all ages, across the State of Maine. At the end of 2025, Home Care & Hospice had the equivalent of 323 full-time employees.

Northern Light Pharmacy operates retail pharmacies in Bangor, Brewer, Ellsworth, and Portland. Northern Light Pharmacy also operates a division that provides mail order and specialty medications and maintains a small fleet of delivery vehicles. At the end of 2025, Northern Light Pharmacy had the equivalent of 88 full-time employees. The Penny Hill Pharmacy location associated with Inland Hospital was closed on May 9, 2025.

Northern Light Medical Transport (Medical Transport) provides emergency ambulance services to several communities and rural areas in Maine. Medical Transport also provides non-emergency ambulance and wheelchair transportation to destinations throughout New England. Medical Transport operates several ambulances, including a dedicated neonatal transport vehicle and a critical care transport ambulance. For the purposes of greenhouse gas accounting, much of NLMT's Scope 1 and 2 emissions are rolled into those of other Northern Light member organizations where they are physically based. At the end of 2025, Medical Transport had the equivalent of 50 full-time employees.

Scope Notes

Northern Light Health has adopted the International Greenhouse Gas Protocol Corporate Standard ([Corporate Standard | GHG Protocol](#)) as our framework for emissions analysis and have defined our scope and metrics accordingly. We have defined our scope using the “control” approach which includes organizations and entities over which we have direct control.

LifeFlight of Maine, a statewide air ambulance service that is a partner of Northern Light Health, is excluded from our System emissions accounting, as they have independent oversight and so do not fall under NLH’s direct control.

In 2021, Affiliated Laboratories, Inc was a subsidiary organization providing medical laboratory services to Northern Light Health. In December 2022 NLH lab functions were acquired by Quest Diagnostics, an entity external to Northern Light Health and outside Northern Light’s direct control. To the extent that the laboratory facilities are housed at Northern Light Health properties, the Scope 1 and 2 emissions associated with them are included in our emissions accounting, but much of their Scope 3 emissions are not estimated here, as Quest has financial oversight of the supply chain, employees, etc.

In 2023, Northern Light Health embarked upon a strategic partnership with Optum, Inc to transfer management of multiple administrative services. Optum is an entity external to Northern Light Health and outside Northern Light’s direct control. To the extent that these administrative functions are housed and completed at Northern Light Health properties, much of the emissions associated with them are included in our emissions accounting, but some of their Scope 3 emissions are not estimated here, as Quest has financial oversight of those employees.

Northern Light Health began a strategic partnership with Compass One Healthcare transferring operations of hospital-based environmental services and food and nutrition services to Compass One on January 1, 2025. This resulted in the rebadging of Northern Light employees as Compass One employees. Compass One Healthcare is an entity external to Northern Light Health and outside Northern Light’s direct control, but the services and functions managed by Compass One are under the direct control of Northern Light Health. Greenhouse gas emissions associated with those functions are included within the emissions estimates in this document, but some of their Scope 3 emissions are not estimated here, as Compass One has financial oversight of those employees.

Calculation Notes

Emissions reported in this document have been predominantly estimated using version 2.2 of the Health Care Emissions Impact Calculator tool made available to organizational members of Practice Greenhealth (<https://practicegreenhealth.org>). Use of this calculator tool has been attributed in the notes as “Practice Greenhealth Calculator”. Calculations performed outside of the calculator tool are explained in the notes, with methodology and source references as applicable.

In one case, greenhouse gas emissions data sources are only available at the system level, not at the individual member organization level. Those have been reported and annotated accordingly in the “Additional System-level Emissions” section.

Emissions are summarized below, rounded to the nearest MT CO₂e, but are calculated to at least the hundredth’s place. For this reason, the summaries may not appear to sum exactly from the rounded numbers, but the summaries are accurate.

Northern Light Acadia Hospital

Scope 1

Heating/Cooling: 851 MT CO₂e

Mobile Combustion: 1 MT CO₂e

Fugitive Emissions: 24 MT CO₂e

Scope 1 Total: 875 MT CO₂e

Scope 2

Electricity: 411 MT CO₂e

Scope 3

Category 1 & Category 2, Products, Goods & Services: 1,265 MT CO₂e

Category 3, Fuel & Fuel-Related Activities: 399 MT CO₂e

Category 4, Upstream Transportation & Distribution: 8 MT CO₂e

Category 5, Waste: 75 MT CO₂e

Category 6, Business Travel: 36 MT CO₂e

Category 7, Employee Commuting: 852 MT CO₂e

Category 8, Upstream Leased Assets: 4 MT CO₂e

Category 9, Patient Visits: 858 MT CO₂e

Category 11, Use of Sold Products: 8 MT CO₂e

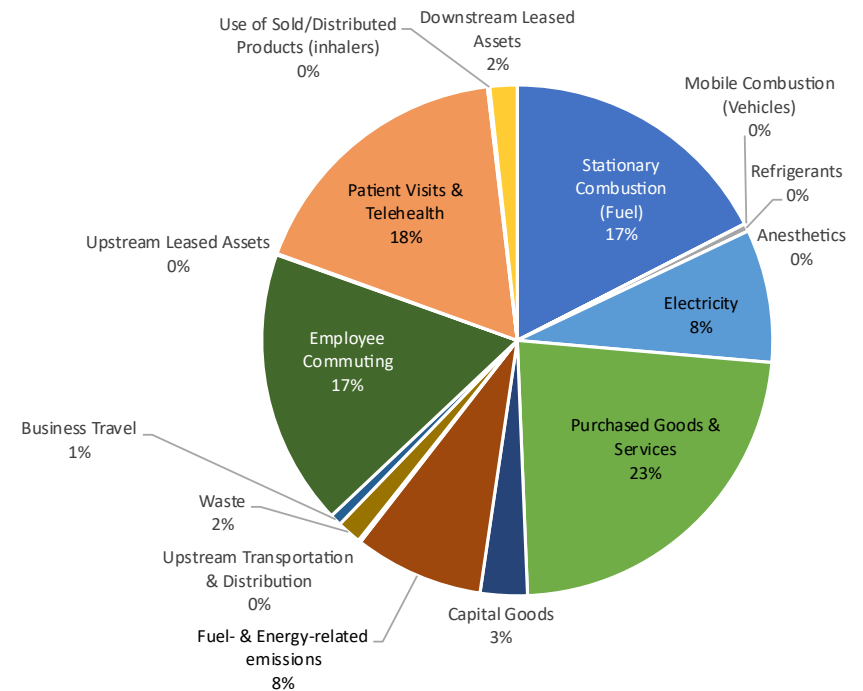
Category 13, Downstream Leased Assets: 84 MT CO₂e

Category 15, Investments: 0 MT CO₂e

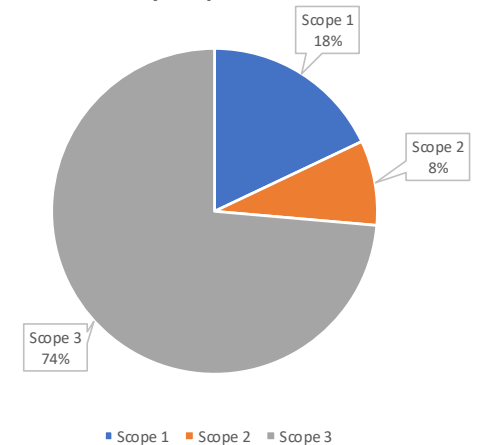
Scope 3 Total: 3,589 MT CO₂e

Northern Light Acadia Hospital Total: 4,874 metric tons CO₂e

Emissions by Source



Emissions by Scope



Northern Light Acadia Hospital Notes

1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.

1.C. Scope 1 Fire Suppression and Refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

2.A. Scope 2 Electricity usage data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

2.A.a. The Practice Greenhouse calculator provides emissions calculations based upon kWh used. Since Acadia Hospital properties receive credits through Northern Light Health's participation in the Net Energy Billing program, which supports the development of renewable energy projects, and through which NLH sells and purchases Renewable Energy Credits (RECs), the total kWh used for this calculation is the difference between the total kWh used at Acadia properties in 2025, and the kWh generated from renewables, proportionally.

3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.B. Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.

3.B.a. For the emissions estimate associated with electricity usage, the total kWh used by Acadia properties is used for the calculation, not just the net kWh from the electrical grid, exclusive of RECs, as in Scope 2.

3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.C.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

3.D.a. Waste volumes estimates calculated using the following industry standards:

3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yd³

3D.a.b. Mixed Recyclables estimated at 50 lbs/yd³

3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yd³

3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yd³

3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yd³

3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.

Northern Light Acadia Hospital Notes, continued

3.D.b. Water volume data sourced from invoices was used as a proxy for wastewater volume when wastewater invoices were unavailable.

3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.

3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:

3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.

3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.

3.F.a. Employee counts based on 12/31/25, with the following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.

3.F.b. PRN employees are included in the counts as part-time employees.

3.G. Scope 3 Category 8 Upstream Leased Assets data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.H. Scope 3 Category 9 Patient Visits data collected from internal records provided by NLH Planning Dept. Emissions calculated using Practice Greenhealth calculator.

3.H.a. Inpatient discharge data used as a proxy for "inpatient visits"

3.H.b. Telehealth average length of visit data unavailable; 20 minutes is used as an estimate.

3.H.c. These are 2025 Fiscal Year data, rather than Calendar Year.

3.I. Scope 3 Category 11 Use of Sold Products emissions at Acadia are predominantly derived from distributed metered dose inhalers. Counts and types of metered dose inhalers have been collected from internal records, and emissions have been estimated based upon inhaler type. Emissions associated with all other sold/distributed products are included in Scope 3, Categories 1 & 2 as purchased goods.

3.I.a. Inhaler emissions calculated using the CO₂E per inhaler estimates published in "Greenhouse Gas Emissions and Costs of Inhaler Devices in the US" by Tirumalasetty, Miller, and Prescott, in Journal of American Medicine (JAMA) August 29, 2024.

3.I.b. Emissions related to the use of inhalers (from the propellants) are captured here. The purchase data of these inhalers is also included in Scope 3 Category 2 as a Purchased Good, to reflect the emissions associated with manufacturing and procurement.

3.J. Scope 3 Category 13 Downstream Leased Assets data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations).

Northern Light A. R. Gould Hospital

Scope 1

Heating/Cooling: 3,706 MT CO₂e

Mobile Combustion: 187 MT CO₂e

Fugitive Emissions: 49 MT CO₂e

Scope 1 Total: 3,942 MT CO₂e

Scope 2

Electricity: 695 MT CO₂e

Scope 3

Category 1 & Category 2, Products, Goods & Services: 6,272 MT CO₂e

Category 3, Fuel & Fuel-Related Activities: 1,084 MT CO₂e

Category 4, Upstream Transportation & Distribution: 36 MT CO₂e

Category 5, Waste: 221 MT CO₂e

Category 6, Business Travel: 34 MT CO₂e

Category 7, Employee Commuting: 972 MT CO₂e

Category 8, Upstream Leased Assets: 0 MT CO₂e

Category 9, Patient Visits: 2,028 MT CO₂e

Category 11, Use of Sold Products: 4 MT CO₂e

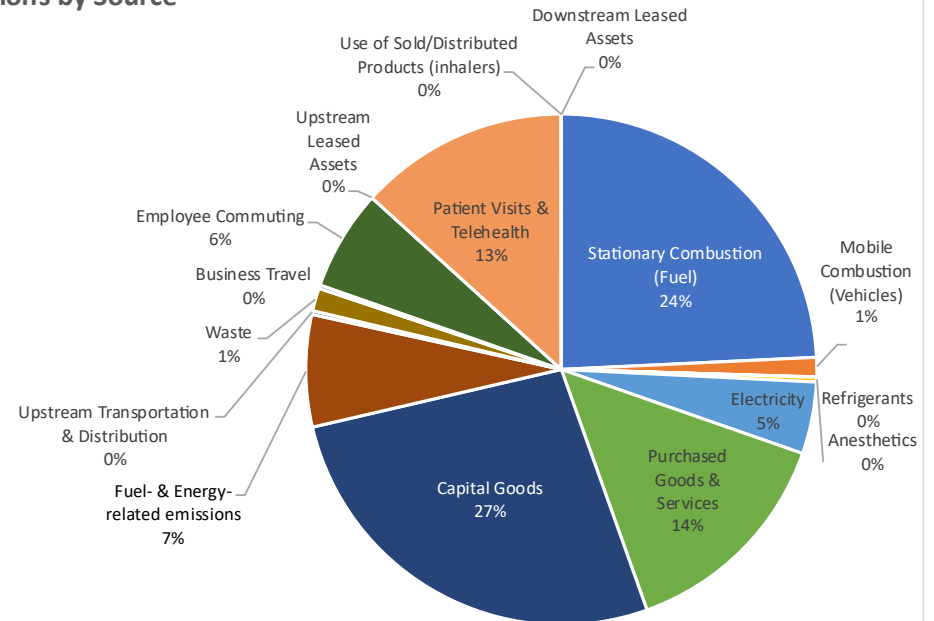
Category 13, Downstream Leased Assets: 0 MT CO₂e

Category 15, Investments: 0 MT CO₂e

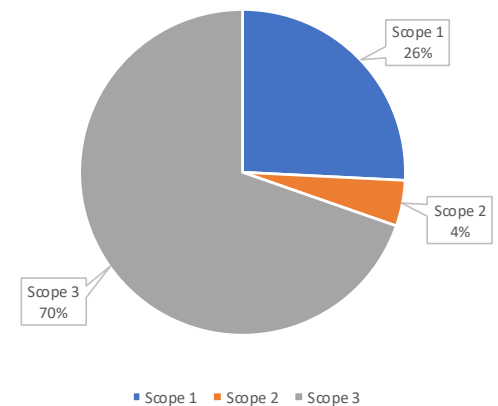
Scope 3 Total: 10,651 MT CO₂e

Northern Light A. R. Gould Hospital Total: 15,288 metric tons CO₂e

Emissions by Source



Emissions by Scope



Northern Light A. R. Gould Hospital Notes

- 1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.
- 1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.
- 1.C. Scope 1 Fire Suppression and Refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.
- 1.D. Scope 1 Fugitive Emissions from inhaled anesthetics calculated from internal purchase records using the Practice Greenhealth calculator.
- 2.A. Scope 2 Electricity usage data collected from invoices. Emissions calculated using Practice Greenhealth calculator.
 - 2.A.a. The Practice Greenhouse calculator provides emissions calculations based upon kWh used. Since A.R. Gould Hospital properties receive credits through Northern Light Health's participation in the Net Energy Billing program, which supports the development of renewable energy projects, and through which NLH sells and purchases Renewable Energy Credits (RECs), the total kWh used for this calculation is the difference between the total kWh used at A.R. Gould properties in 2025, and the kWh generated from renewables, proportionally.
 - 2.A.b. A.R. Gould is part of a Canadian electrical grid. For the purposes of estimating with the Practice Greenhealth calculator, the NEWE NPCC grid was selected to make the formulae work, but since the Canadian grid sources predominantly renewable hydroelectric power, A.R. Gould's Scope 2 emissions are likely overestimated here.
- 3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.
 - 3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.
- 3.B. Scope 3 Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.
 - 3.B.a. For the emissions estimate associated with electricity usage, the total kWh used by A.R. Gould properties is used for the calculation, not just the net kWh from the electrical grid, exclusive of RECs, as in Scope 2.
- 3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.
 - 3.C.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.
- 3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.
 - 3.D.a. Waste volume estimates calculated using the following industry standards:
 - 3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yd³
 - 3D.a.b. Mixed Recyclables estimated at 50 lbs/yd³
 - 3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yd³
 - 3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yd³

Northern Light A. R. Gould Hospital Notes, continued

3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yd³

3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.

3.D.b. Water volume data sourced from invoices was used as a proxy for wastewater volume when wastewater invoices were unavailable.

3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.

3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:

3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.

3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.

3.F.a. Employee counts based on 12/31/25, with the following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.

3.F.b. PRN employees are included in the counts as part-time employees.

3.G. Scope 3 Category 8 Upstream Leased Assets; no data. All A.R. Gould's leased assets are included in Scopes 1 & 2.

3.H. Scope 3 Category 9 Patient Visits data collected from internal records provided by NLH Planning Dept. Emissions calculated using Practice Greenhealth calculator.

3.H.a. Inpatient admissions data used as a proxy for "inpatient visits".

3.H.b. Telehealth average length of visit data unavailable; 20 minutes is used as an estimate.

3.H.c. These are 2025 Fiscal Year data, rather than Calendar Year.

3.I. Scope 3 Category 11 Use of Sold Products emissions at A.R. Gould are predominantly derived from distributed metered dose inhalers. Counts and types of metered dose inhalers have been collected from internal records, and emissions have been estimated based upon inhaler type. Emissions associated with all other sold/distributed products are included in Scope 3, Categories 1 & 2 as purchased goods.

3.I.a. Inhaler emissions calculated using the CO₂E per inhaler estimates published in "Greenhouse Gas Emissions and Costs of Inhaler Devices in the US" by Tirumalasetty, Miller, and Prescott, in Journal of American Medicine (JAMA) August 29, 2024.

3.I.b. Emissions related to the use of inhalers (from the propellants) are captured here. The purchase data of these inhalers is also included in Scope 3 Category 2 as a Purchased Good, to reflect the emissions associated with manufacturing and procurement.

3.J. Scope 3 Category 13 Downstream Leased Assets; no data. A.R. Gould has no downstream leased assets.

3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations).

Northern Light Blue Hill Hospital

Scope 1

Heating/Cooling: 387 MT CO₂e
 Mobile Combustion: 2 MT CO₂e
 Fugitive Emissions: 10 MT CO₂e

Scope 1 Total: 400 MT CO₂e

Scope 2

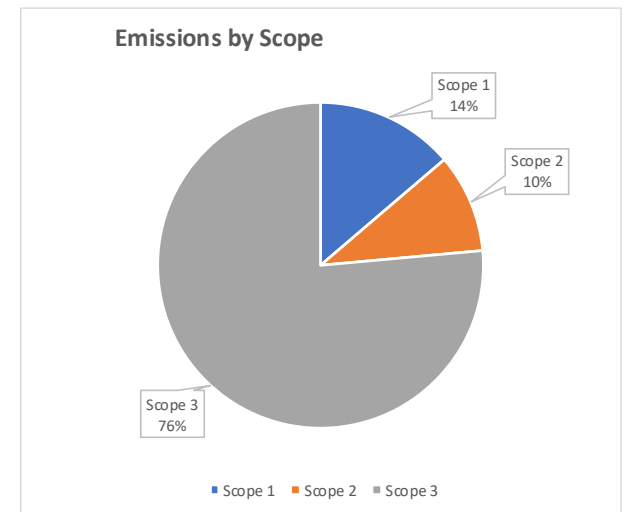
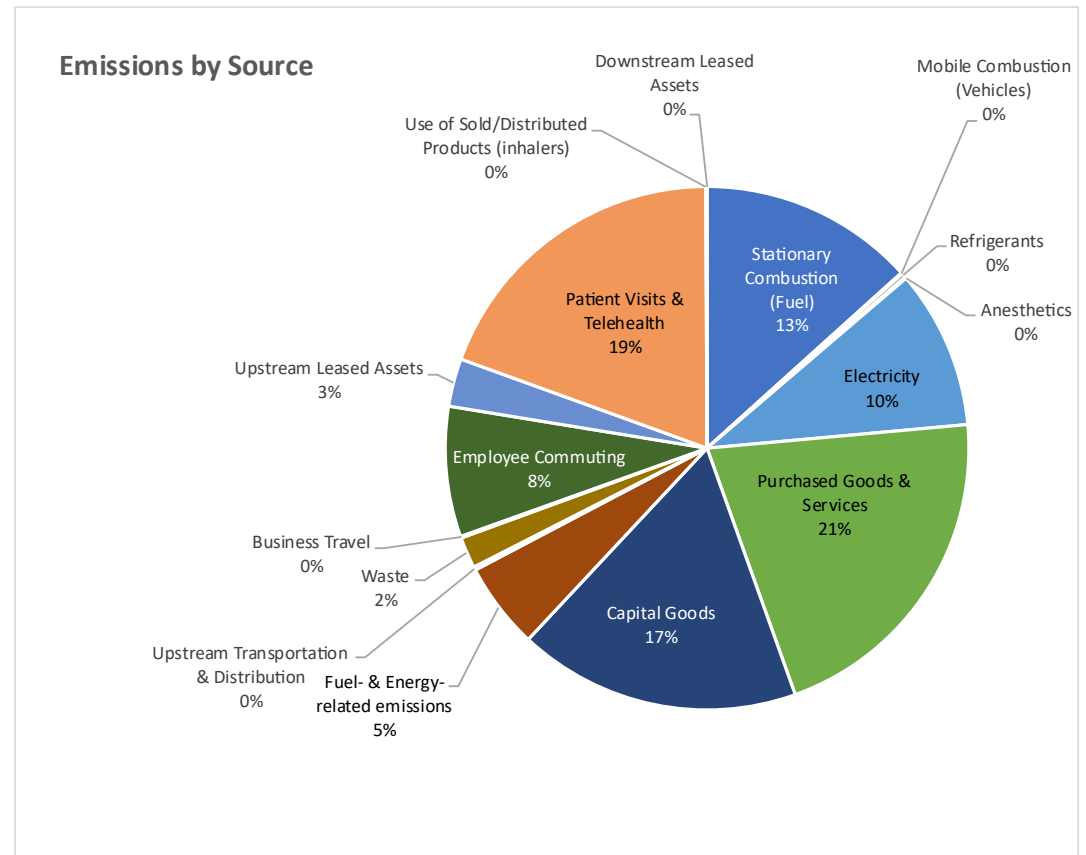
Electricity: 284 MT CO₂e

Scope 3

Categories 1 & 2, Products, Goods & Services: 1,117 MTCO₂e
 Category 3, Fuel & Fuel-Related Activities: 155 MT CO₂e
 Category 4, Upstream Transportation & Distribution: 6 MT CO₂e
 Category 5, Waste: 51 MT CO₂e
 Category 6, Business Travel: 3 MT CO₂e
 Category 7, Employee Commuting: 234 MT CO₂e
 Category 8, Upstream Leased Assets: 86 MT CO₂e
 Category 9, Patient Visits: 564 MT CO₂e
 Category 11, Use of Sold Products: 2 MT CO₂e
 Category 13, Downstream Leased Assets: 0 MT CO₂e
 Category 15, Investments: 0 MT CO₂e

Scope 3 Total: 2,218 MT CO₂e

Northern Light Blue Hill Hospital Total: 2,902 metric tons CO₂e



Northern Light Blue Hill Hospital Notes

- 1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.
- 1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.
- 1.C. Scope 1 Fire Suppression and Refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.
- 1.D. Scope 1 Fugitive Emissions from inhaled anesthetics calculated from internal purchase records using the Practice Greenhealth calculator.
- 2.A. Scope 2 Electricity usage data collected from invoices. Emissions calculated using Practice Greenhealth calculator.
 - 2.A.a. The Practice Greenhouse calculator provides emissions calculations based upon kWh used. Since Blue Hill Hospital properties receive credits through Northern Light Health's participation in the Net Energy Billing program, which supports the development of renewable energy projects, and through which NLH sells and purchases Renewable Energy Credits (RECs), the total kWh used for this calculation is the difference between the total kWh used at Blue Hill properties in 2025, and the kWh generated from renewables, proportionally.
- 3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.
 - 3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.
- 3.B. Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.
 - 3.B.a. For the emissions estimate associated with electricity usage, the total kWh used by Blue Hill Hospital properties is used for the calculation, not just the net kWh from the electrical grid, exclusive of RECs, as in Scope 2.
- 3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.
 - 3.C.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.
- 3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.
 - 3.D.a. Waste volumes calculated using the following industry standards:
 - 3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yd³
 - 3D.a.b. Mixed Recyclables estimated at 50 lbs/yd³
 - 3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yd³
 - 3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yd³
 - 3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yd³
 - 3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.

Northern Light Blue Hill Hospital Notes, continued

3.D.b. Water volume data sourced from invoices and internal records were used as a proxy for wastewater volume when wastewater invoices were unavailable.

3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.

3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:

3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.

3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.

3.F.a. Employee counts based on 12/31/25, with the following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.

3.F.b. PRN employees are included in the counts as part-time employees

3.G. Scope 3 Category 8 Upstream Leased Assets data collected from internal records where not otherwise accounted. Emissions calculated using Practice Greenhealth calculator.

3.H. Scope 3 Category 9 Patient Visits data collected from internal records provided by NLH Planning Dept. Emissions calculated using Practice Greenhealth calculator.

3.H.a. Inpatient discharge data used as a proxy for "inpatient visits"; there were more discharges than admissions in 2025, so this is a conservative estimate.

3.H.b. Telehealth average length of visit data unavailable; 20 minutes is used as an estimate.

3.H.c. These are 2025 Fiscal Year data, rather than Calendar Year.

3.I. Scope 3 Category 11 Use of Sold Products emissions at Blue Hill Hospital are predominantly derived from distributed metered dose inhalers. Counts and types of metered dose inhalers have been collected from internal records, and emissions have been estimated based upon inhaler type. Emissions associated with all other sold/distributed products are included in Scope 3, Categories 1 & 2 as purchased goods.

3.I.a. Inhaler emissions calculated using the CO₂E per inhaler estimates published in "Greenhouse Gas Emissions and Costs of Inhaler Devices in the US" by Tirumalasetty, Miller, and Prescott, in Journal of American Medicine (JAMA) August 29, 2024.

3.I.b. Emissions related to the use of inhalers (from the propellants) are captured here. The purchase data of these inhalers is also included in Scope 3 Category 2 as a Purchased Good, to reflect the emissions associated with manufacturing and procurement.

3.J. Scope 3 Category 13 Downstream Leased Assets; no data. Blue Hill Hospital has no downstream leased assets.

3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations).

Northern Light C.A. Dean Hospital

Scope 1

Heating/Cooling: 289 MT CO₂e

Mobile Combustion: 25 MT CO₂e

Fugitive Emissions: 12 MT CO₂e

Scope 1 Total: 326 MT CO₂e

Scope 2

Electricity: 192 MT CO₂e

Scope 3

Category 1 & Category 2, Products, Goods & Services: 681 MT CO₂e

Category 3, Fuel & Fuel-Related Activities: 113 MT CO₂e

Category 4, Upstream Transportation & Distribution: 4 MT CO₂e

Category 5, Waste: 23 MT CO₂e

Category 6, Business Travel: 9 MT CO₂e

Category 7, Employee Commuting: 165 MT CO₂e

Category 8, Upstream Leased Assets: 36 MT CO₂e

Category 9, Patient Visits: 334 MT CO₂e

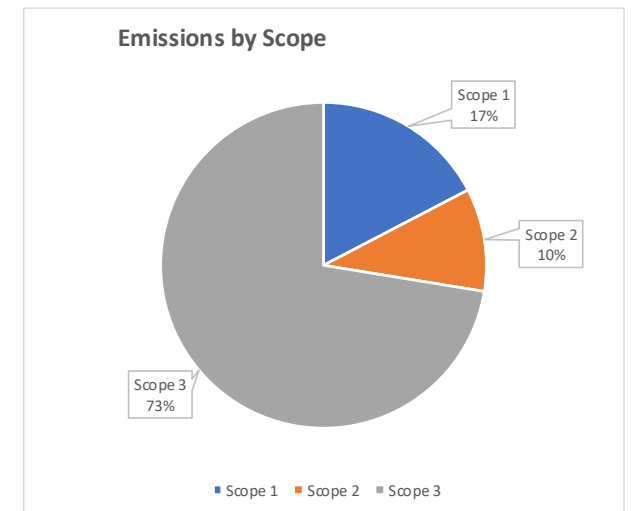
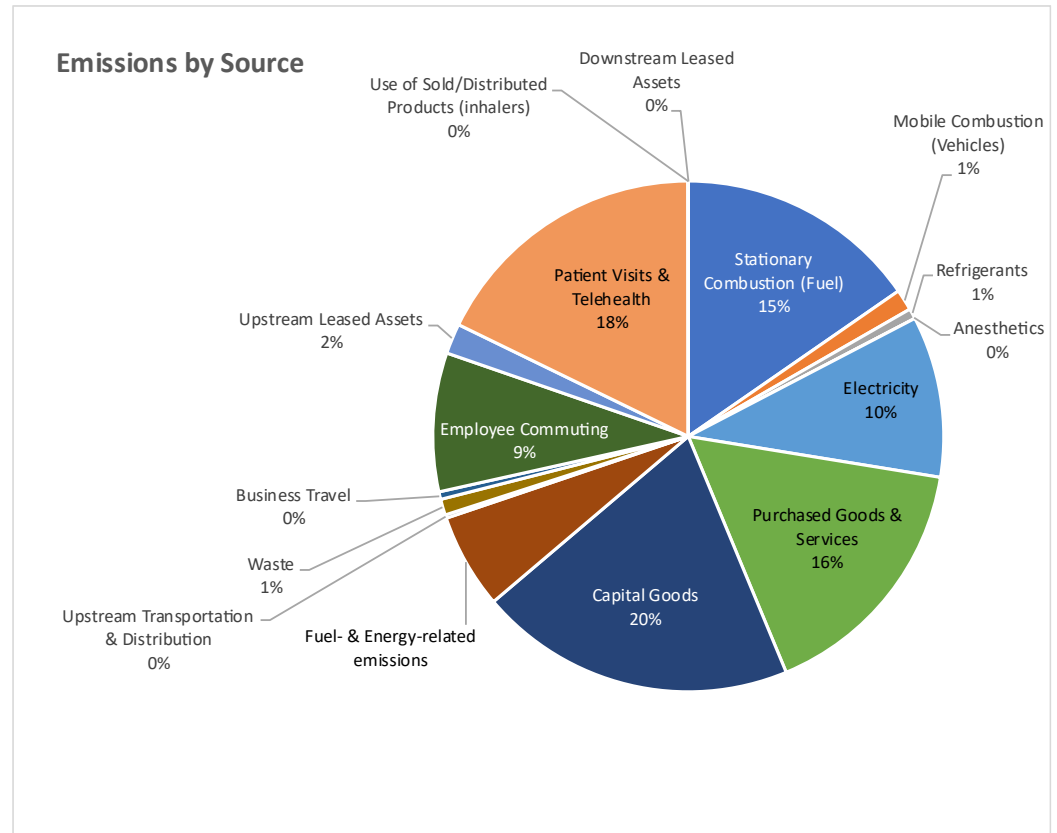
Category 11, Use of Sold Products: 0.17 MT CO₂e

Category 13, Downstream Leased Assets: 0 MT CO₂e

Category 15, Investments: 0 MT CO₂e

Scope 3 Total: 1,365 MT CO₂e

Northern Light C. A. Dean Hospital Total: 1,883 metric tons CO₂e



Northern Light C. A. Dean Hospital Notes

1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.

1.C. Scope 1 Fire Suppression and Refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

1.D. Scope 1 Fugitive Emissions; C.A. Dean had no emissions from the use of inhaled anesthetics in 2025.

2.A. Scope 2 Electricity usage data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.B. Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.

3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.C.a These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

3.D.a. Waste volumes calculated using the following industry standards:

3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yd³

3D.a.b. Mixed Recyclables estimated at 50 lbs/yd³

3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yd³

3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yd³

3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yd³

3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.

3.D.b. Water volume data sourced from invoices was used as a proxy for wastewater volume when wastewater invoices were unavailable. Some water volumes estimated.

Northern Light C. A. Dean Hospital Notes, continued

3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.

3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:

3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.

3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.

3.F.a. Employee counts based on 12/31/25, with the following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.

3.F.b. PRN employees are included in the counts as part-time employees

3.G. Scope 3 Category 8 Upstream Leased Assets data collected from internal records where not otherwise accounted for. Emissions calculated using Practice Greenhealth calculator.

3.H. Scope 3 Category 9 Patient Visits data collected from internal records provided by NLH Planning Dept. Emissions calculated using Practice Greenhealth calculator.

3.H.a. Inpatient admissions data used as a proxy for "inpatient visits".

3.H.b. Telehealth average length of visit data unavailable; 20 minutes is used as an estimate.

3.H.c. These are 2025 Fiscal Year data, rather than Calendar Year.

3.I. Scope 3 Category 11 Use of Sold Products emissions at C. A. Dean Hospital are predominantly derived from distributed metered dose inhalers. Counts and types of metered dose inhalers have been collected from internal records, and emissions have been estimated based upon inhaler type. Emissions associated with all other sold/distributed products are included in Scope 3, Categories 1 & 2 as purchased goods.

3.I.a. Inhaler emissions calculated using the CO₂E per inhaler estimates published in "Greenhouse Gas Emissions and Costs of Inhaler Devices in the US" by Tirumalasetty, Miller, and Prescott, in Journal of American Medicine (JAMA) August 29, 2024.

3.I.b. Emissions related to the use of inhalers (from the propellants) are captured here. The purchase data of these inhalers is also included in Scope 3 Category 2 as a Purchased Good, to reflect the emissions associated with manufacturing and procurement.

3.J. Scope 3 Category 13 Downstream Leased Assets; no data. C. A. Dean Hospital has no downstream leased assets.

3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations).

Northern Light EMMC

Scope 1

Heating/Cooling: 26,360 MT CO₂e

Mobile Combustion: 9 MT CO₂e

Fugitive Emissions: 1,923 MT CO₂e

Scope 1 Total: 28,293 MT CO₂e

Scope 2

Electricity: 1,424 MT CO₂e

Scope 3

Categories 1 & 2, Products, Goods & Services: 37,113 MT CO₂e

Category 3, Fuel & Fuel-Related Activities: 5,318 MT CO₂e

Category 4, Upstream Transportation & Distribution: 229 MT CO₂e

Category 5, Waste: 1,029 MT CO₂e

Category 6, Business Travel: 110 MT CO₂e

Category 7, Employee Commuting: 4,796 MT CO₂e

Category 8, Upstream Leased Assets: 204 MT CO₂e

Category 9, Patient Visits: 5,766 MT CO₂e

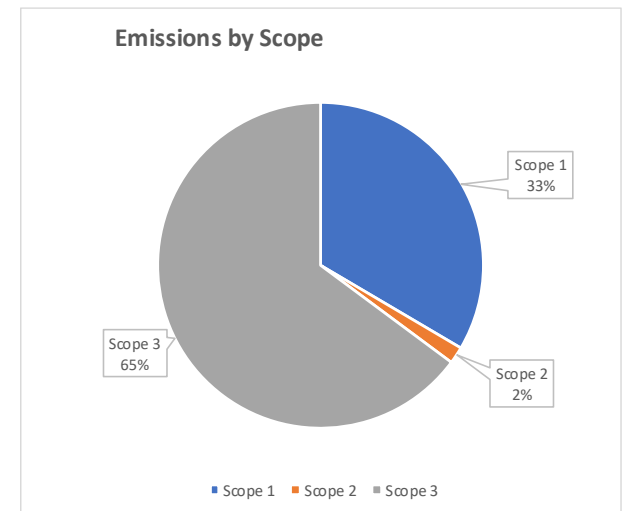
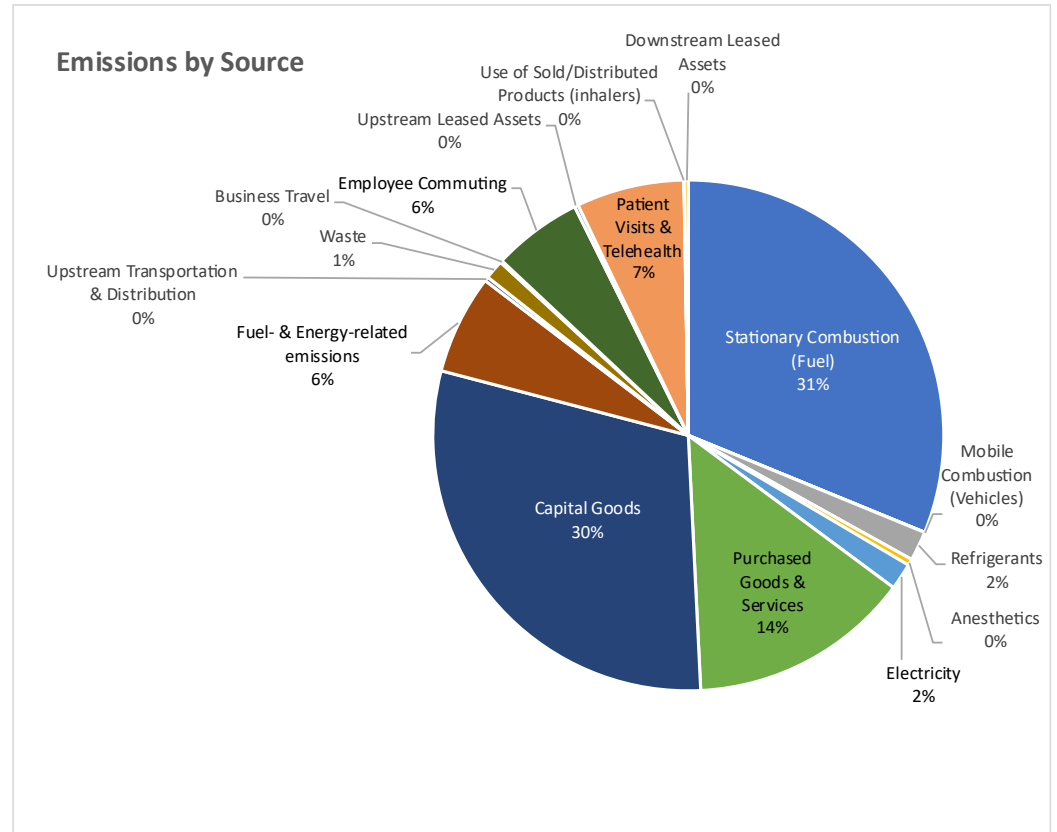
Category 11, Use of Sold Products: 43 MT CO₂e

Category 13, Downstream Leased Assets: 216 MT CO₂e

Category 15, Investments: 0 MT CO₂e

Scope 3 Total: 54,824 MT CO₂e

Northern Light EMMC Total: 84,541 metric tons CO₂e



Northern Light Eastern Maine Medical Center Notes

- 1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.
- 1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.
- 1.C. Scope 1 Fire Suppression and Refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.
- 1.D. Scope 1 Fugitive Emissions from inhaled anesthetics calculated from internal purchase records using the Practice Greenhealth calculator.
- 2.A. Scope 2 Electricity usage data collected from invoices. Emissions calculated using Practice Greenhealth calculator.
 - 2.A.a. The Practice Greenhouse calculator provides emissions calculations based upon kWh used. Since EMMC properties receive credits through Northern Light Health's participation in the Net Energy Billing program, which supports the development of renewable energy projects, and through which NLH sells and purchases Renewable Energy Credits (RECs), the total kWh used for this calculation is the difference between the total kWh used at EMMC properties in 2025, and the kWh generated from renewables, proportionally.
- 3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.
 - 3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.
- 3.B. Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.
 - 3.B.a. For the emissions estimate associated with electricity usage, the total kWh used by EMMC properties is used for the calculation, not just the net kWh from the electrical grid, exclusive of RECs, as in Scope 2.
- 3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.
 - 3.C.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.
- 3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.
 - 3.D.a. Waste volumes calculated using the following industry standards:
 - 3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yd³
 - 3D.a.b. Mixed Recyclables estimated at 50 lbs/yd³
 - 3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yd³
 - 3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yd³
 - 3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yd³
 - 3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.

Northern Light EMMC Notes, continued

3.D.b. Water volume data sourced from invoices was used as a proxy for wastewater volume when wastewater invoices were unavailable.

3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.

3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:

3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.

3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.

3.F.a. Employee counts based on 12/31/25, with the following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.

3.F.b. PRN employees are included in the counts as part-time employees

3.G. Scope 3 Category 8 Upstream Leased Assets data collected from internal records where not otherwise accounted. Emissions calculated using Practice Greenhealth calculator.

3.H. Scope 3 Category 9 Patient Visits data collected from internal records provided by NLH Planning Dept. Emissions calculated using Practice Greenhealth calculator.

3.H.a. Inpatient admissions data used as a proxy for "inpatient visits".

3.H.b. Telehealth average length of visit data unavailable; 20 minutes is used as an estimate.

3.H.c. These are 2025 Fiscal Year data, rather than Calendar Year.

3.I. Scope 3 Category 11 Use of Sold Products emissions at EMMC are predominantly derived from distributed metered dose inhalers. Counts and types of metered dose inhalers have been collected from internal records, and emissions have been estimated based upon inhaler type. Emissions associated with all other sold/distributed products are included in Scope 3, Categories 1 & 2 as purchased goods.

3.I.a. Inhaler emissions calculated using the CO₂E per inhaler estimates published in "Greenhouse Gas Emissions and Costs of Inhaler Devices in the US" by Tirumalasetty, Miller, and Prescott, in Journal of American Medicine (JAMA) August 29, 2024.

3.I.b. Emissions related to the use of inhalers (from the propellants) are captured here. The purchase data of these inhalers is also included in Scope 3 Category 2 as a Purchased Good, to reflect the emissions associated with manufacturing and procurement.

3.J. Scope 3 Category 13 Downstream Leased Assets data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations).

Northern Light Home Care & Hospice

Scope 1

Heating/Cooling: 97 MT CO₂e

Mobile Combustion: 11 MT CO₂e

Fugitive Emissions: 0 MT CO₂e

Scope 1 Total: 108 MT CO₂e

Scope 2

Electricity: 48 MT CO₂e

Scope 3

Category 1 & Category 2, Products, Goods & Services: 428 MT CO₂e

Category 3, Fuel & Fuel-Related Activities: 31 MT CO₂e

Category 4, Upstream Transportation & Distribution: 12 MT CO₂e

Category 5, Waste: 10 MT CO₂e

Category 6, Business Travel: 894 MT CO₂e

Category 7, Employee Commuting: 516 MT CO₂e

Category 8, Upstream Leased Assets: 17 MT CO₂e

Category 9, Patient Visits: 0 MT CO₂e

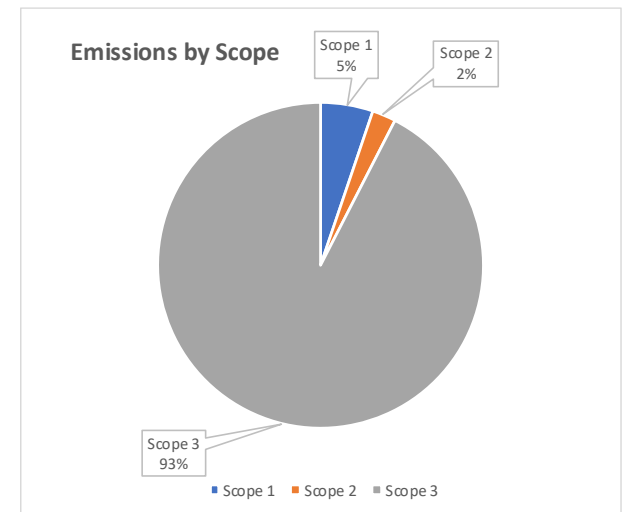
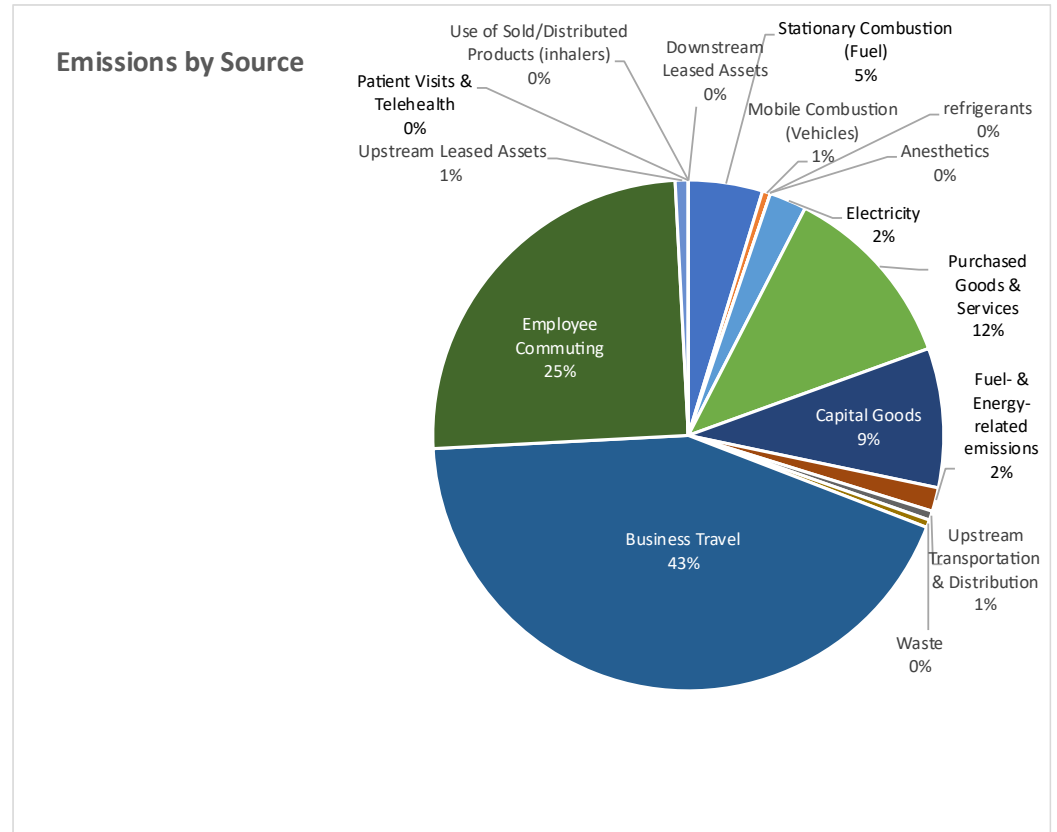
Category 11, Use of Sold Products: 0 MT CO₂e

Category 13, Downstream Leased Assets: 0 MT CO₂e

Category 15, Investments: 0 MT CO₂e

Scope 3 Total: 1,908 MT CO₂e

Northern Light Home Care & Hospice Total: 2,064 metric tons CO₂e



Northern Light Home Care & Hospice Notes

1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.

1.B.a. Emissions from personal and rental vehicle use for business purposes is calculated in Scope 3 Category 6 Business Travel.

1.C. Scope 1 Fire Suppression and Refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

2.A. Scope 2 Electricity usage data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.B. Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.

3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.C.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

3.D.a. Waste volumes calculated using the following industry standards:

3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yd³

3D.a.b. Mixed Recyclables estimated at 50 lbs/yd³

3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yd³

3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yd³

3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yd³

3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.

3.D.b. Water volume data sourced from invoices was used as a proxy for wastewater volume when wastewater invoices were unavailable.

Northern Light Home Care & Hospice Notes, continued

3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.

3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:

3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.

3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.

3.F.a. Employee counts based on 12/31/25, with the following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.

3.F.b. PRN employees are included in the counts as part-time employees

3.G. Scope 3 Category 8 Upstream Leased Assets data collected from internal records where not otherwise accounted. Emissions calculated using Practice Greenhealth calculator.

3.H. Scope 3 Category 9 Patient Visits emissions can be estimated, as patient home visits by Home Care & Hospice staff are tracked. However, these emissions are already being captured in the calculations for personal vehicle use for business purposes (see notes for Scope 3 Category 6, above), so they are not included in this section.

3.I. Scope 3 Category 11 Use of Sold Products; no data. Category 11 emissions at Northern Light Health are derived from distributed metered dose inhalers, and internal records indicate no inhalers distributed by Home Care & Hospice.

3.J. Scope 3 Category 13 Downstream Leased Assets; no data. Home Care & Hospice has no downstream leased assets.

3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations).

Northern Light Home Office

Scope 1

Heating/Cooling: 798 MT CO₂e
 Mobile Combustion: 2 MT CO₂e
 Fugitive Emissions: 27 MT CO₂e

Scope 1 Total: 827 MT CO₂e

Scope 2

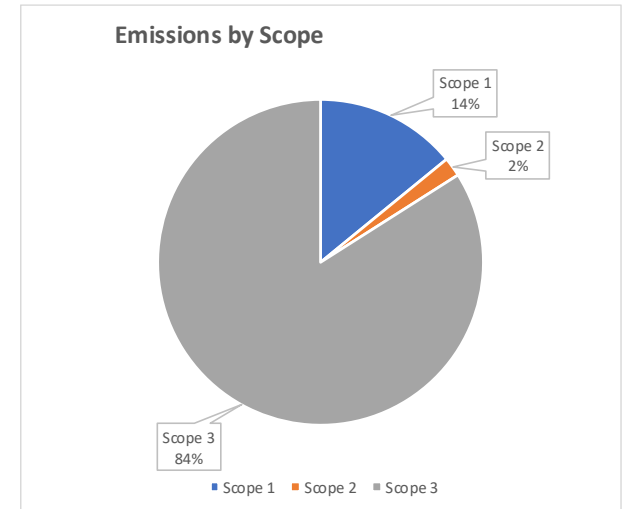
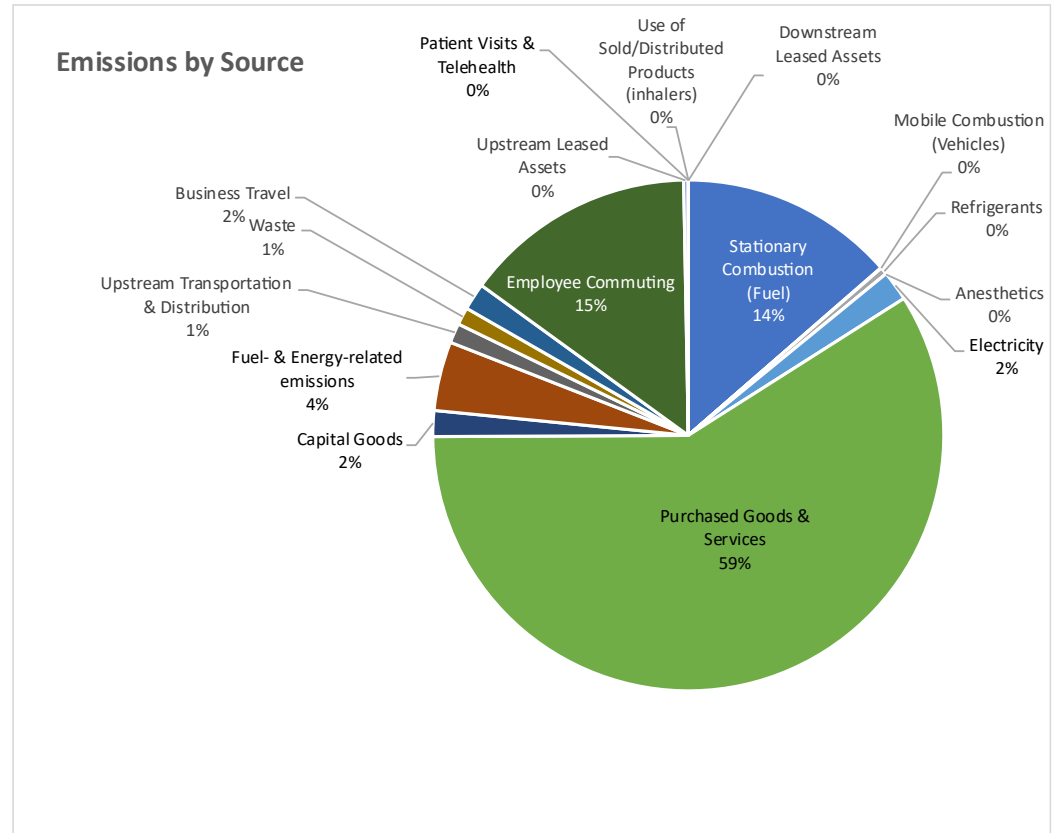
Electricity: 112 MT CO₂e

Scope 3

Category 1 & Category 2, Products, Goods & Services: 3,556 MT CO₂e
 Category 3, Fuel & Fuel-Related Activities: 257 MT CO₂e
 Category 4, Upstream Transportation & Distribution: 73 MT CO₂e
 Category 5, Waste: 65 MT CO₂e
 Category 6, Business Travel: 100 MT CO₂e
 Category 7, Employee Commuting: 864 MT CO₂e
 Category 8, Upstream Leased Assets: 17 MT CO₂e
 Category 9, Patient Visits: 0 MT CO₂e
 Category 11, Use of Sold Products: 0 MT CO₂e
 Category 13, Downstream Leased Assets: 0 MT CO₂e
 Category 15, Investments: 0 MT CO₂e

Scope 3 Total: 4,932 MT CO₂e

Northern Light Home Office Total: 5,871 metric tons CO₂e



Northern Light Health Home Office Notes

- 1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.
- 1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.
- 1.C. Scope 1 Fire Suppression and Refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.
- 2.A. Scope 2 Electricity usage data collected from invoices. Emissions calculated using Practice Greenhealth calculator.
 - 2.A.a. The Practice Greenhouse calculator provides emissions calculations based upon kWh used. Since Home Office properties receive credits through Northern Light Health's participation in the Net Energy Billing program, which supports the development of renewable energy projects, and through which NLH sells and purchases Renewable Energy Credits (RECs), the total kWh used for this calculation is the difference between the total kWh used at Home Office properties in 2025, and the kWh generated from renewables, proportionally.
- 3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.
 - 3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.
- 3.B. Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.
 - 3.B.a. For the emissions estimate associated with electricity usage, the total kWh used by Home Office properties is used for the calculation, not just the net kWh from the electrical grid, exclusive of RECs, as in Scope 2.
- 3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.
 - 3.C.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.
- 3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.
 - 3.D.a. Waste volumes calculated using the following industry standards:
 - 3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yd³
 - 3D.a.b. Mixed Recyclables estimated at 50 lbs/yd³
 - 3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yd³
 - 3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yd³
 - 3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yd³
 - 3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.
 - 3.D.b. Water volume data sourced from invoices was used as a proxy for wastewater volume when wastewater invoices were unavailable.

Northern Light Home Office Notes, continued

3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.

3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:

3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.

3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.

3.F.a. Employee counts based on 12/31/25, with the following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.

3.F.b. PRN employees are included in the counts as part-time employees

3.G. Scope 3 Category 8 Upstream Leased Assets data collected from internal records where not otherwise accounted. Emissions calculated using Practice Greenhealth calculator.

3.H. Scope 3 Category 9 Patient Visits; no data. No patient visits occur at the Home Office.

3.I. Scope 3 Category 11 Use of Sold Products; no data. Category 11 emissions at Northern Light Health are derived from distributed metered dose inhalers, and internal records indicate no inhalers distributed by the Home Office.

3.J. Scope 3 Category 13 Downstream Leased Assets; no data. The Home Office has no downstream leased assets.

3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations).

Northern Light Inland Hospital

Scope 1

Heating/Cooling: 932 MT CO₂e

Mobile Combustion: 0 MT CO₂e

Fugitive Emissions: 25 MT CO₂e

Scope 1 Total: 957 MT CO₂e

Scope 2

Electricity: 536 MT CO₂e

Scope 3

Category 1 & Category 2, Products, Goods & Services: 1,195 MT CO₂e

Category 3, Fuel & Fuel-Related Activities: 367 MT CO₂e

Category 4, Upstream Transportation & Distribution: 18 MT CO₂e

Category 5, Waste: 109 MT CO₂e

Category 6, Business Travel: 2 MT CO₂e

Category 7, Employee Commuting: 210 MT CO₂e

Category 8, Upstream Leased Assets: 0 MT CO₂e

Category 9, Patient Visits: 769 MT CO₂e

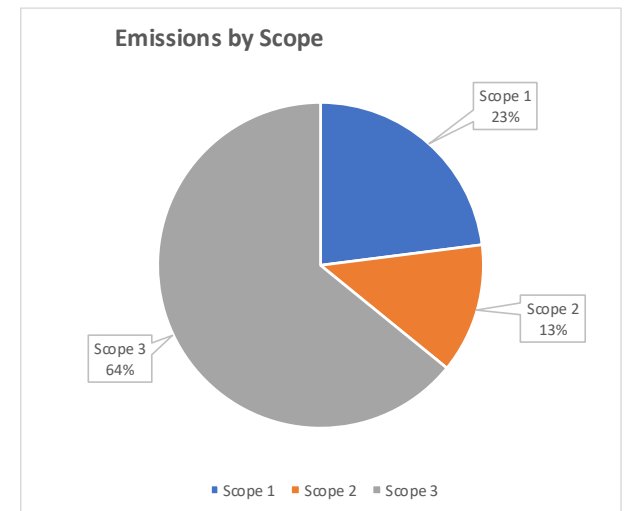
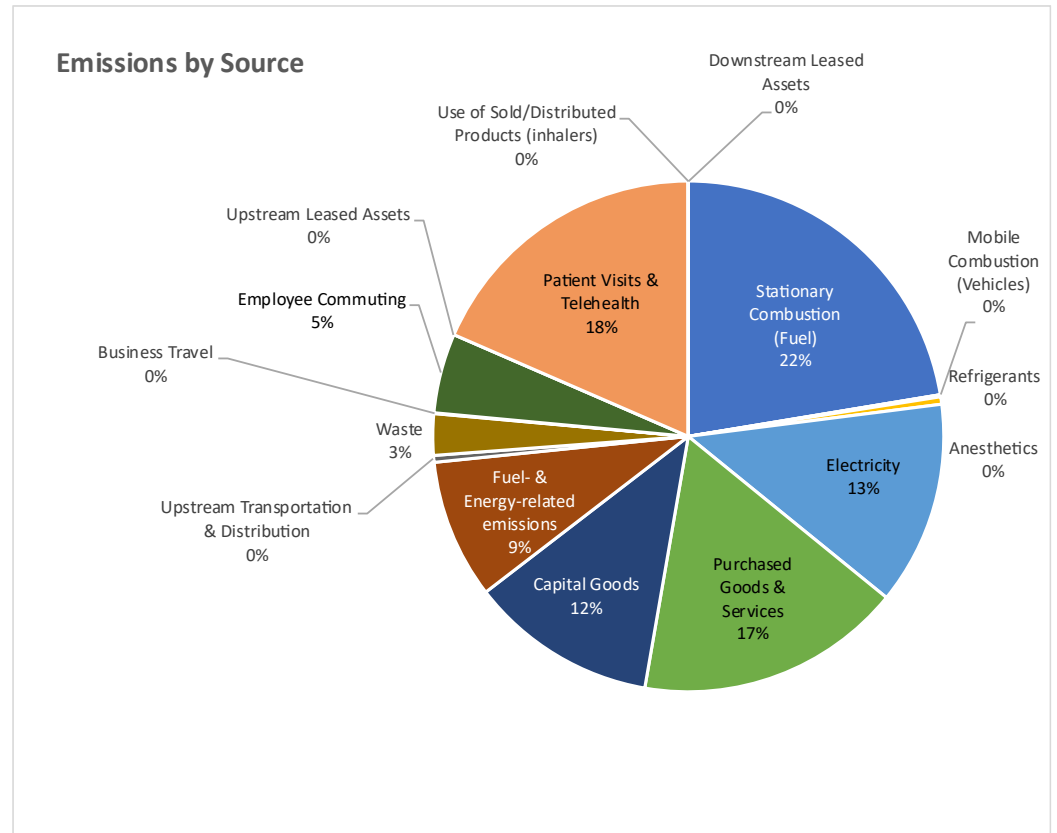
Category 11, Use of Sold Products: 0.45 MT CO₂e

Category 13, Downstream Leased Assets: 0 MT CO₂e

Category 15, Investments: 0 MT CO₂e

Scope 3 Total: 2,670 MT CO₂e

Northern Light Inland Hospital Total: 4,164 metric tons CO₂e



Northern Light Inland Hospital Notes

1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.

1.C. Scope 1 Fire Suppression and Refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

1.D. Fugitive Emissions from inhaled anesthetics calculated from internal purchase records using the Practice Greenhealth calculator.

2.A. Scope 2 Electricity usage data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

2.A.a. The Practice Greenhouse calculator provides emissions calculations based upon kWh used. Since Inland properties receive credits through Northern Light Health's participation in the Net Energy Billing program, which supports the development of renewable energy projects, and through which NLH sells and purchases Renewable Energy Credits (RECs), the total kWh used for this calculation is the difference between the total kWh used at Inland properties in 2025, and the kWh generated from renewables, proportionally.

3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.B. Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.

3.B.a. For the emissions estimate associated with electricity usage, the total kWh used by Home Office properties is used for the calculation, not just the net kWh from the electrical grid, exclusive of RECs, as in Scope 2.

3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.C.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

3.D.a. Waste volumes calculated using the following industry standards, per Alex Siva at Casella.

3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yd³

3D.a.b. Mixed Recyclables estimated at 50 lbs/yd³

3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yd³

3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yd³

3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yd³

3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.

Northern Light Inland Hospital Notes, continued

3.D.b. Water volume data sourced from invoices was used as a proxy for wastewater volume when wastewater invoices were unavailable.

3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.

3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:

3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.

3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.

3.F.a. Employee counts based on 2024 employee counts, and reflect Inland Hospital being open for 21 weeks in 2025. The following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.

3.G. Scope 3 Category 8 Upstream Leased Assets; no data. No upstream leased assets have been included for Inland Hospital in 2025.

3.H. Scope 3 Category 9 Patient Visits data collected from internal records provided by NLH Planning Dept. Emissions calculated using Practice Greenhealth calculator.

3.H.a. Inpatient discharge data used as a proxy for "inpatient visits".

3.H.b. Telehealth average length of visit data unavailable; 20 minutes is used as an estimate.

3.H.c. These are 2025 Fiscal Year data, rather than Calendar Year.

3.I. Scope 3 Category 11 Use of Sold Products emissions at Inland are predominantly derived from distributed metered dose inhalers. Counts and types of metered dose inhalers have been collected from internal records, and emissions have been estimated based upon inhaler type. Emissions associated with all other sold/distributed products are included in Scope 3, Categories 1 & 2 as purchased goods.

3.I.a. Inhaler emissions calculated using the CO₂E per inhaler estimates published in "Greenhouse Gas Emissions and Costs of Inhaler Devices in the US" by Tirumalasetty, Miller, and Prescott, in Journal of American Medicine (JAMA) August 29, 2024.

3.I.b. Emissions related to the use of inhalers (from the propellants) are captured here. The purchase data of these inhalers is also included in Scope 3 Category 2 as a Purchased Good, to reflect the emissions associated with manufacturing and procurement.

3.J. Scope 3 Category 13 Downstream Leased Assets; no data. No downstream leased assets have been included for Inland Hospital in 2025.

3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations).

Northern Light Lakewood Cont. Care

Scope 1

Heating/Cooling: 414 MT CO₂e
 Mobile Combustion: 4 MT CO₂e
 Fugitive Emissions: 0 MT CO₂e

Scope 1 Total: 418 MT CO₂e

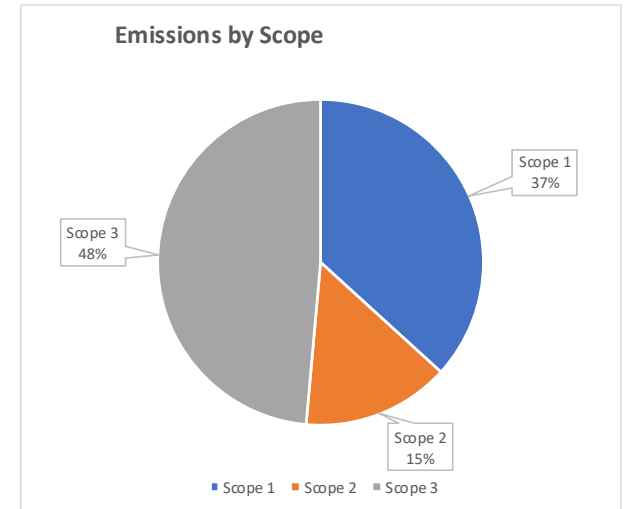
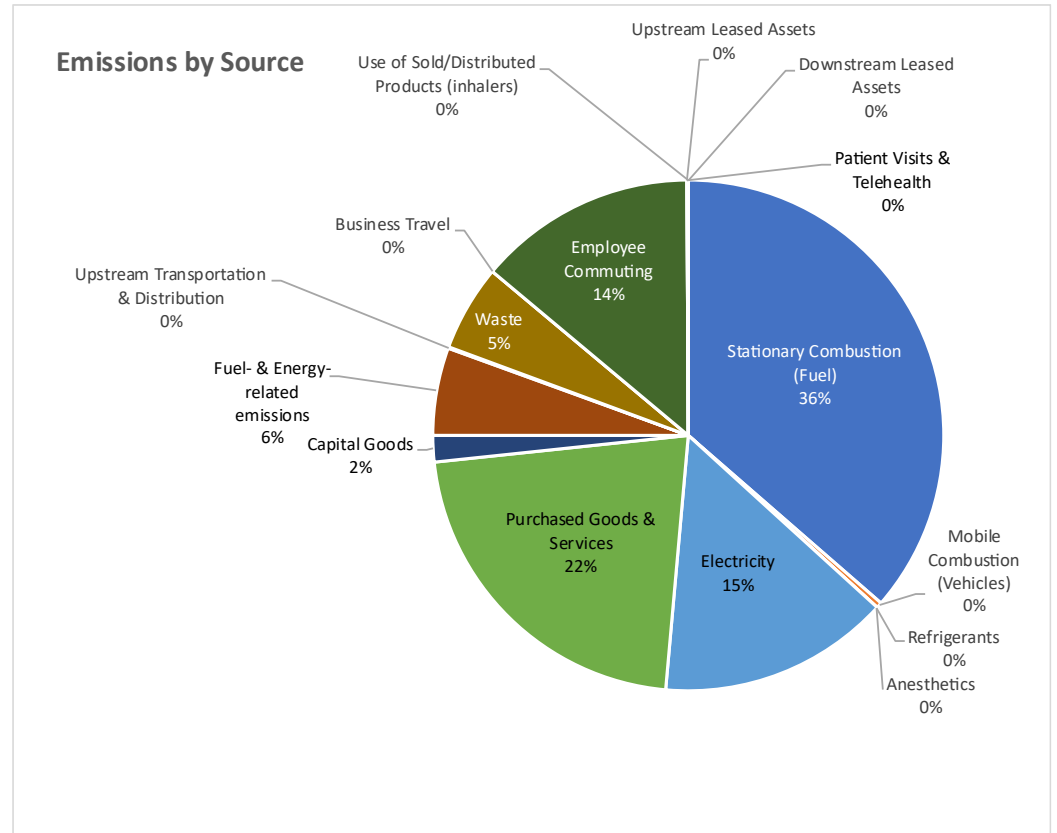
Scope 2

Electricity: 166 MT CO₂e

Scope 3

Category 1 & Category 2, Products, Goods & Services: 268 MT CO₂e
 Category 3, Fuel & Fuel-Related Activities: 63 MT CO₂e
 Category 4, Upstream Transportation & Distribution: 1 MT CO₂e
 Category 5, Waste: 62 MT CO₂e
 Category 6, Business Travel: 0 MT CO₂e
 Category 7, Employee Commuting: 157 MT CO₂e
 Category 8, Upstream Leased Assets: 0 MT CO₂e
 Category 9, Patient Visits: 1 MT CO₂e
 Category 11, Use of Sold Products: 0 MT CO₂e
 Category 13, Downstream Leased Assets: 0 MT CO₂e
 Category 15, Investments: 0 MT CO₂e
Scope 3 Total: 552 MT CO₂e

Northern Light Lakewood Total: 1,136 metric tons CO₂e



Northern Light Lakewood Continuing Care Notes

1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.

1.C. Scope 1 Fire Suppression and Refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

2.A. Scope 2 Electricity usage data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.B. Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.

3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.C.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

3.D.a. Waste volumes calculated using the following industry standards:

3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yd³

3D.a.b. Mixed Recyclables estimated at 50 lbs/yd³

3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yd³

3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yd³

3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yd³

3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.

3.D.b. Water volume data sourced from invoices was used as a proxy for wastewater volume when wastewater invoices were unavailable.

3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.

3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:

3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.

Northern Light Lakewood Continuing Care Notes, continued

3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.

3.F.a. Employee counts based on 12/31/25, with the following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.

3.F.b. PRN employees are included in the counts as part-time employees

3.G. Scope 3 Category 8 Upstream Leased Assets; no data. Lakewood has no upstream leased assets.

3.H. Scope 3 Category 9 Patient Visits data collected from internal records provided by Planning. Emissions calculated using Practice Greenhealth calculator.

3.H.a. Long Term Care discharge data used as a proxy for “inpatient visits”.

3.H.c. These are 2025 Fiscal Year data, rather than Calendar Year.

3.I. Scope 3 Category 11 Use of Sold Products; no data. Category 11 emissions at Northern Light Health are derived from distributed metered dose inhalers, and internal records indicate no inhalers distributed by Lakewood, or that Lakewood’s MDI purchases are not separate from Inland Hospital’s.

3.J. Scope 3 Category 13 Downstream Leased Assets; no data. Lakewood has no downstream leased assets.

3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations)

Northern Light Maine Coast Hospital

Scope 1

Heating/Cooling: 2,210 MT CO₂e

Mobile Combustion: 16 MT CO₂e

Fugitive Emissions: 615 MT CO₂e

Scope 1 Total: 2,841 MT CO₂e

Scope 2

Electricity: 532 MT CO₂e

Scope 3

Category 1 & Category 2, Products, Goods & Services: 3,500 MT CO₂e

Category 3, Fuel & Fuel-Related Activities: 923 MT CO₂e

Category 4, Upstream Transportation & Distribution: 22 MT CO₂e

Category 5, Waste: 135 MT CO₂e

Category 6, Business Travel: 2 MT CO₂e

Category 7, Employee Commuting: 655 MT CO₂e

Category 8, Upstream Leased Assets: 4 MT CO₂e

Category 9, Patient Visits: 1,533 MT CO₂e

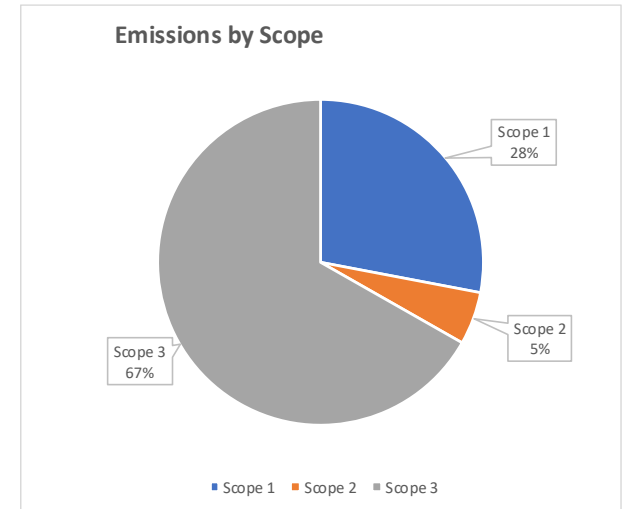
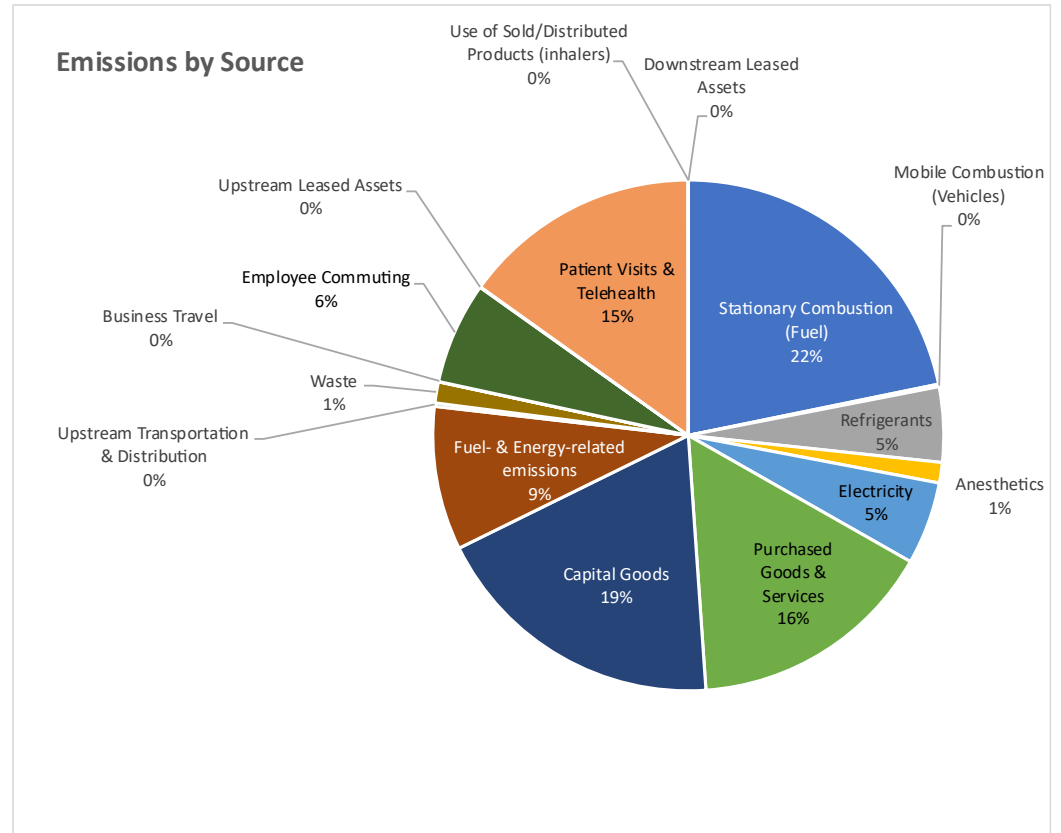
Category 11, Use of Sold Products: 4 MT CO₂e

Category 13, Downstream Leased Assets: 0 MT CO₂e

Category 15, Investments: 0 MT CO₂e

Scope 3 Total: 6,778 MT CO₂e

Northern Light Maine Coast Hospital Total: 10,150 metric tons CO₂e



Northern Light Maine Coast Hospital Notes

- 1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.
- 1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.
- 1.C. Scope 1 Fire Suppression and Refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.
- 1.D. Fugitive Emissions from inhaled anesthetics calculated from internal purchase records using the Practice Greenhealth calculator.
- 2.A. Scope 2 Electricity usage data collected from invoices. Emissions calculated using Practice Greenhealth calculator.
 - 2.A.a. The Practice Greenhouse calculator provides emissions calculations based upon kWh used. Since Maine Coast properties receive credits through Northern Light Health's participation in the Net Energy Billing program, which supports the development of renewable energy projects, and through which NLH sells and purchases Renewable Energy Credits (RECs), the total kWh used for this calculation is the difference between the total kWh used at Maine Coast properties in 2025, and the kWh generated from renewables, proportionally.
- 3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.
 - 3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.
- 3.B. Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.
 - 3.B.a. For the emissions estimate associated with electricity usage, the total kWh used by Maine Coast properties is used for the calculation, not just the net kWh from the electrical grid, exclusive of RECs, as in Scope 2.
- 3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.
 - 3.C.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.
- 3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.
 - 3.D.a. Waste volumes calculated using the following industry standards:
 - 3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yd³
 - 3D.a.b. Mixed Recyclables estimated at 50 lbs/yd³
 - 3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yd³
 - 3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yd³
 - 3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yd³
 - 3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.

Northern Light Maine Coast Hospital Notes, continued

3.D.c. Water volume data sourced from invoices was used as a proxy for wastewater volume when wastewater invoices were unavailable.

3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.

3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:

3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.

3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.

3.F.a. Employee counts based on 12/31/25, with the following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.

3.F.b. PRN employees are included in the counts as part-time employees

3.G. Scope 3 Category 8 Upstream Leased Assets data collected from internal records where not otherwise accounted for. Emissions calculated using Practice Greenhealth calculator.

3.H. Scope 3 Category 9 Patient Visits data collected from internal records provided by Planning. Emissions calculated using Practice Greenhealth calculator.

3.H.a. Inpatient discharge data used as a proxy for "inpatient visits".

3.H.b. Telehealth average length of visit data unavailable; 20 minutes is used as an estimate.

3.H.c. These are 2025 Fiscal Year data, rather than Calendar Year.

3.I. Scope 3 Category 11 Use of Sold Products emissions at Maine Coast Hospital are predominantly derived from distributed metered dose inhalers. Counts and types of metered dose inhalers have been collected from internal records, and emissions have been estimated based upon inhaler type. Emissions associated with all other sold/distributed products are included in Scope 3, Categories 1 & 2 as purchased goods.

3.I.a. Inhaler emissions calculated using the CO₂E per inhaler estimates published in "Greenhouse Gas Emissions and Costs of Inhaler Devices in the US" by Tirumalasetty, Miller, and Prescott, in Journal of American Medicine (JAMA) August 29, 2024.

3.I.b. Emissions related to the use of inhalers (from the propellants) are captured here. The purchase data of these inhalers is also included in Scope 3 Category 2 as a Purchased Good, to reflect the emissions associated with manufacturing and procurement.

3.J. Scope 3 Category 13 Downstream Leased Assets; no data. Maine Coast Hospital has no downstream leased assets.

3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations).

Northern Light Mayo Hospital

Scope 1

Heating/Cooling: 1,548 MT CO₂e

Mobile Combustion: 117 MT CO₂e

Fugitive Emissions: 58 MT CO₂e

Scope 1 Total: 1,724 MT CO₂e

Scope 2

Electricity: 376 MT CO₂e

Scope 3

Category 1 & Category 2, Products, Goods & Services: 974 MT CO₂e

Category 3, Fuel & Fuel-Related Activities: 623 MT CO₂e

Category 4, Upstream Transportation & Distribution: 7 MT CO₂e

Category 5, Waste: 93 MT CO₂e

Category 6, Business Travel: 30 MT CO₂e

Category 7, Employee Commuting: 450 MT CO₂e

Category 8, Upstream Leased Assets: 0 MT CO₂e

Category 9, Patient Visits: 854 MT CO₂e

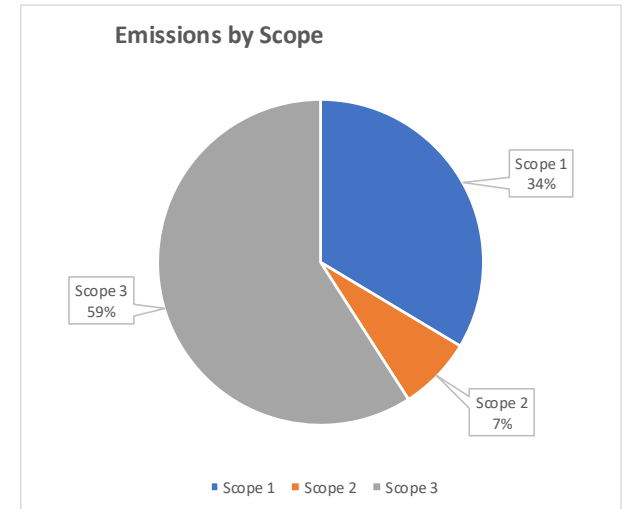
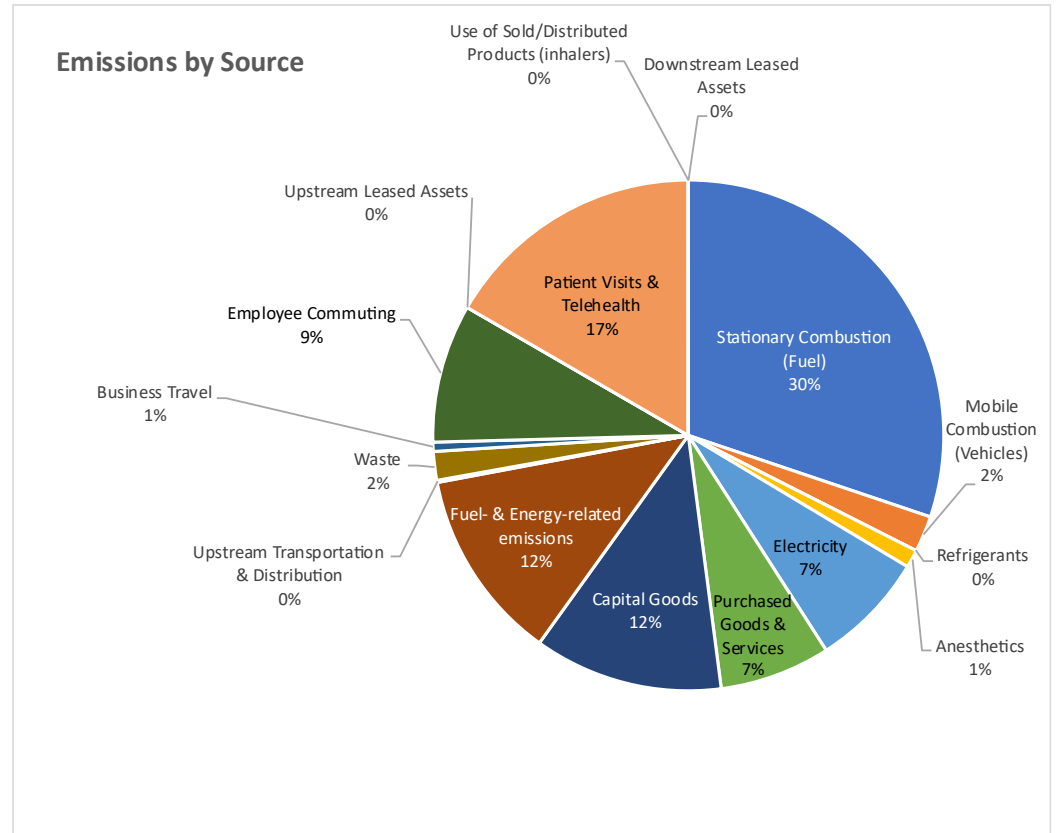
Category 11, Use of Sold Products: 2 MT CO₂e

Category 13, Downstream Leased Assets: 0 MT CO₂e

Category 15, Investments: 0 MT CO₂e

Scope 3 Total: 3,033 MT CO₂e

Northern Light Mayo Hospital Total: 5,132 metric tons CO₂e



Northern Light Mayo Hospital Notes

- 1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.
- 1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.
- 1.C. Scope 1 Fire Suppression and Refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.
- 1.D. Scope 1 Fugitive Emissions from inhaled anesthetics calculated from internal purchase records using the Practice Greenhealth calculator.
- 2.A. Scope 2 Electricity usage data collected from invoices. Emissions calculated using Practice Greenhealth calculator.
 - 2.A.a. The Practice Greenhouse calculator provides emissions calculations based upon kWh used. Since Mayo properties receive credits through Northern Light Health's participation in the Net Energy Billing program, which supports the development of renewable energy projects, and through which NLH sells and purchases Renewable Energy Credits (RECs), the total kWh used for this calculation is the difference between the total kWh used at Mayo properties in 2025, and the kWh generated from renewables, proportionally.
- 3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.
 - 3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.
 - 3.A.b. Due to a difference in accounting software, Mayo's general ledger data is limited to certain categories; some spend data for Scope 3 Categories 1&2 is missing, but this is consistent with how these data have been reported in past years. Complete spend data is expected in 2026.
- 3.B. Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.
 - 3.B.a. For the emissions estimate associated with electricity usage, the total kWh used by Maine Coast properties is used for the calculation, not just the net kWh from the electrical grid, exclusive of RECs, as in Scope 2.
- 3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.
 - 3.C.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.
- 3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.
 - 3.D.a. Waste volumes calculated using the following industry standards:
 - 3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yd³
 - 3D.a.b. Mixed Recyclables estimated at 50 lbs/yd³
 - 3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yd³
 - 3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yd³

Northern Light Mayo Hospital Notes, continued

3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yd³

3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.

3.D.c. Water volume data sourced from invoices was used as a proxy for wastewater volume when wastewater invoices were unavailable.

3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.

3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:

3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.

3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.

3.F.a. Employee counts based on 12/31/25, with the following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.

3.F.b. PRN employees are included in the counts as part-time employees

3.G. Scope 3 Category 8 Upstream Leased Assets; no data. Mayo Hospital has no upstream leased assets.

3.H. Scope 3 Category 9 Patient Visits data collected from internal records provided by Planning. Emissions calculated using Practice Greenhealth calculator.

3.H.a. Inpatient discharge data used as a proxy for "inpatient visits".

3.H.b. Telehealth average length of visit data unavailable; 20 minutes is used as an estimate.

3.H.c. These are 2025 Fiscal Year data, rather than Calendar Year.

3.I. Scope 3 Category 11 Use of Sold Products emissions at Mayo Hospital are predominantly derived from distributed metered dose inhalers. Counts and types of metered dose inhalers have been collected from internal records, and emissions have been estimated based upon inhaler type. Emissions associated with all other sold/distributed products are included in Scope 3, Categories 1 & 2 as purchased goods.

3.I.a. Inhaler emissions calculated using the CO₂E per inhaler estimates published in "Greenhouse Gas Emissions and Costs of Inhaler Devices in the US" by Tirumalasetty, Miller, and Prescott, in Journal of American Medicine (JAMA) August 29, 2024.

3.I.b. Emissions related to the use of inhalers (from the propellants) are captured here. The purchase data of these inhalers is also included in Scope 3 Category 2 as a Purchased Good, to reflect the emissions associated with manufacturing and procurement.

3.J. Scope 3 Category 13 Downstream Leased Assets; no data. Mayo Hospital has no downstream leased assets.

3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations).

Northern Light Medical Transport

Scope 1

Heating/Cooling: 8 MT CO_{2e}

Mobile Combustion: 328 MT CO_{2e}

Fugitive Emissions: 0 MT CO_{2e}

Scope 1 Total: 336 MT CO_{2e}

Scope 2

Electricity: 4 MT CO_{2e}

Scope 3

Category 1 & Category 2, Products, Goods & Services: 123 MT CO_{2e}

Category 3, Fuel & Fuel-Related Activities: 96 MT CO_{2e}

Category 4, Upstream Transportation & Distribution: 2 MT CO_{2e}

Category 5, Waste: 4 MT CO_{2e}

Category 6, Business Travel: 44 MT CO_{2e}

Category 7, Employee Commuting: 118 MT CO_{2e}

Category 8, Upstream Leased Assets: 48 MT CO_{2e}

Category 9, Patient Visits: 0 MT CO_{2e}

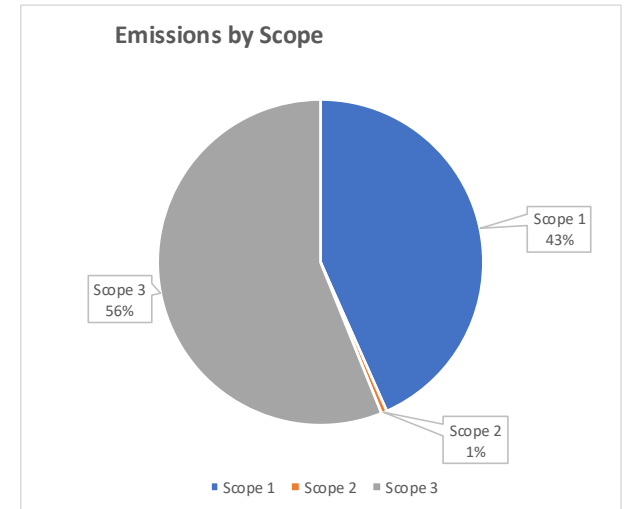
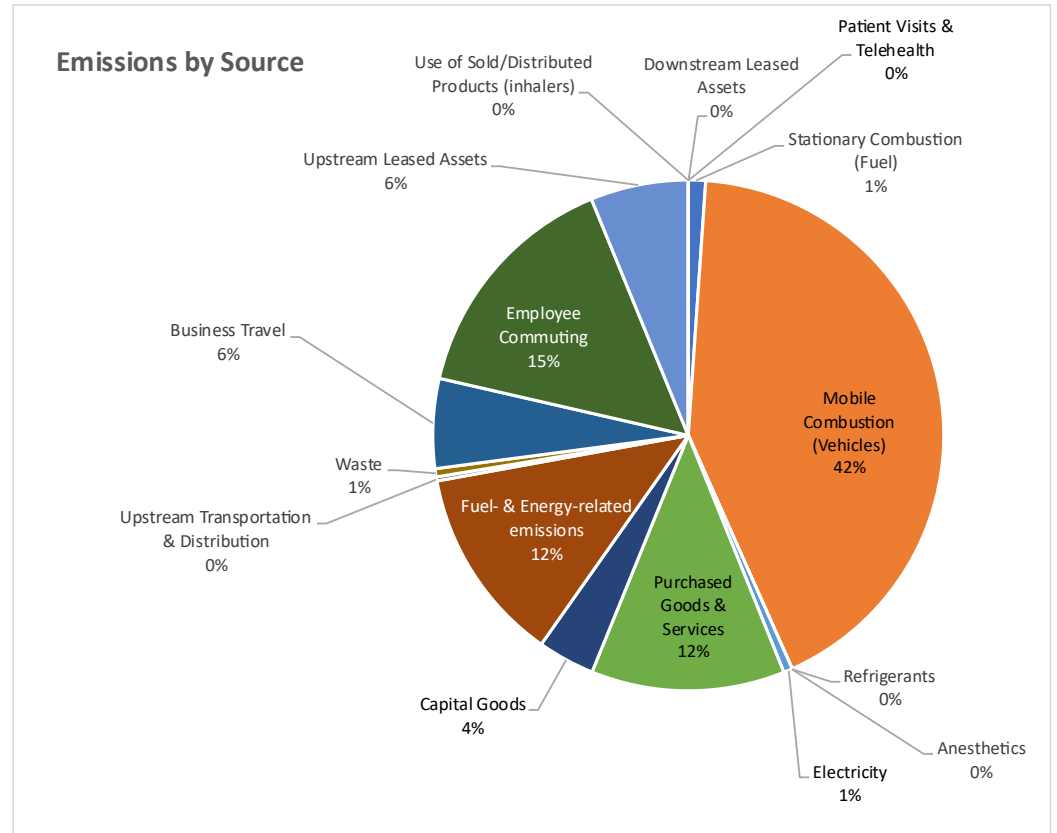
Category 11, Use of Sold Products: 0 MT CO_{2e}

Category 13, Downstream Leased Assets: 0 MT CO_{2e}

Category 15, Investments: 0 MT CO_{2e}

Scope 3 Total: 435 MT CO_{2e}

Northern Light Medical Transport Total: 775 metric tons CO_{2e}



Northern Light Medical Transport Notes

1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

1.A.a. Northern Light Medical Transport garages and facilities are in hospital properties of member organizations across the System. The majority of emissions related to fuel consumption associated with NLMT are included in those hospital totals accordingly, and not separately in this section.

1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.

1.C. Scope 1 Fire Suppression and Refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

1.C.a. Northern Light Medical Transport garages and facilities are in hospital properties of member organizations across the System. The majority of fugitive emissions associated with NLMT are included in those hospital totals accordingly, and not separately in this section.

2.A. Scope 2 Electricity collected from invoices. Emissions calculated using Practice Greenhealth calculator.

2.A.a. Northern Light Medical Transport garages and facilities are in hospital properties of member organizations across the System. The majority of emissions related to electricity consumption associated with NLMT are included in those hospital totals accordingly, and not separately in this section.

3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.B. Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.

3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.C.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

3.D.a. Waste volumes calculated using the following industry standards:

3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yd³

3D.a.b. Mixed Recyclables estimated at 50 lbs/yd³

3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yd³

3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yd³

3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yd³

3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.

Northern Light Medical Transport Notes, continued

3.D.c. Water volume data sourced from invoices was used as a proxy for wastewater volume when wastewater invoices were unavailable.

3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.

3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:

3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.

3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.

3.F.a. Employee counts based on 12/31/25, with the following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.

3.F.b. PRN employees are included in the counts as part-time employees

3.G. Scope 3 Category 8 Upstream Leased Assets data collected from internal records where not otherwise accounted for. Emissions calculated using Practice Greenhealth calculator.

3.H. Scope 3 Category 9 Patient Visits: no data. Northern Light Medical Transport transports patients, so these emissions related to patient visits would be reflected in the Scope 3 accounting of provider organizations.

3.I. Scope 3 Category 11 Use of Sold Products; no data. Category 11 emissions at Northern Light Health are derived from distributed metered dose inhalers, and internal records indicate no inhalers distributed by Northern Light Medical Transport.

3.J. Scope 3 Category 13 Downstream Leased Assets; no data. Northern Light Medical Transport has no downstream leased assets.

3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations).

Northern Light Mercy Hospital

Scope 1

Heating/Cooling: 3,102 MT CO₂e
 Mobile Combustion: 11 MT CO₂e
 Fugitive Emissions: 912 MT CO₂e

Scope 1 Total: 4,025 MT CO₂e

Scope 2

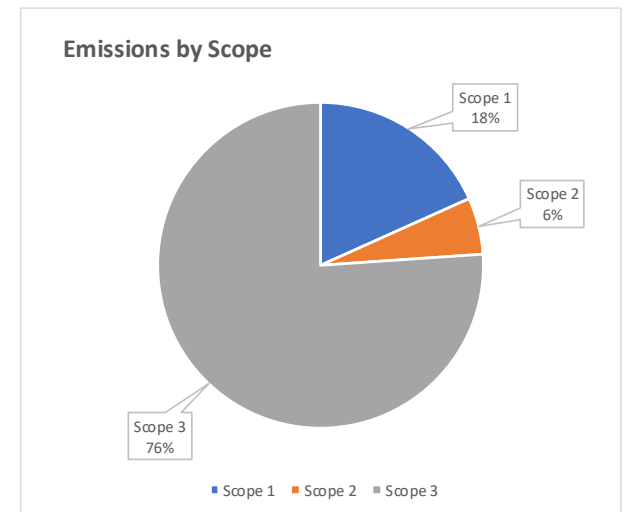
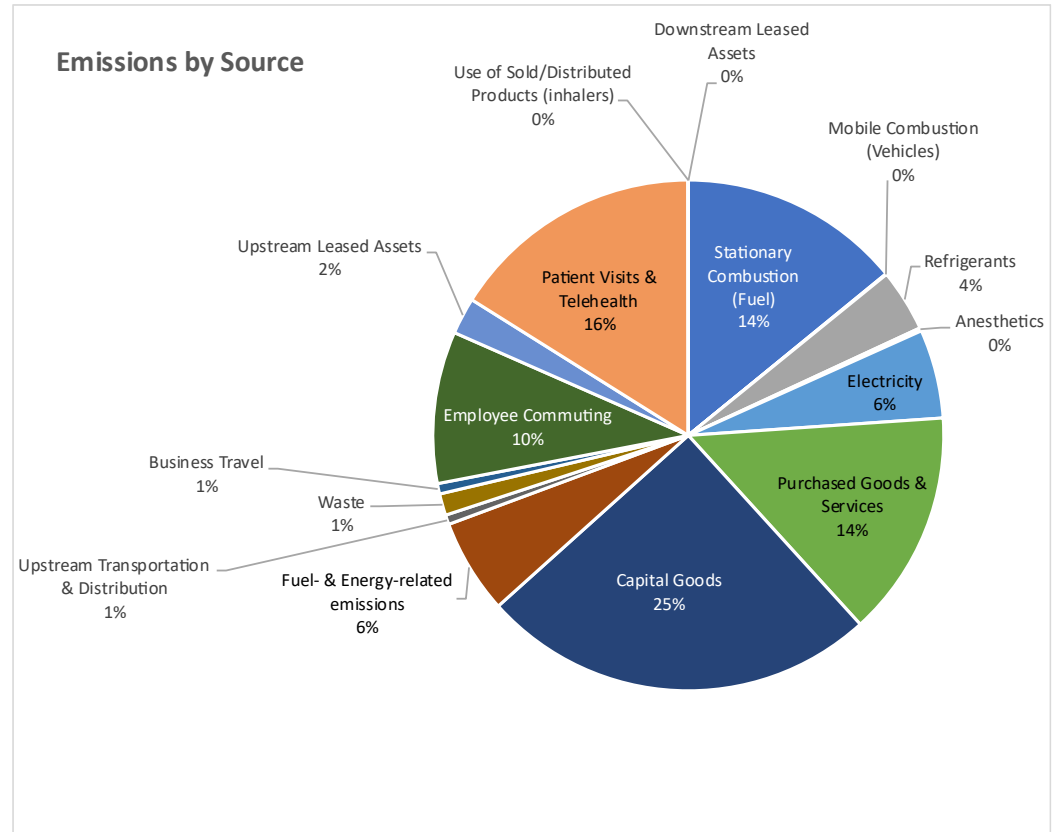
Electricity: 1,239 MT CO₂e

Scope 3

Categories 1 & 2, Products, Goods & Services: 8,682 MT CO₂e
 Category 3, Fuel & Fuel-Related Activities: 1,319 MT CO₂e
 Category 4, Upstream Transportation & Distribution: 133 MT CO₂e
 Category 5, Waste: 302 MT CO₂e
 Category 6, Business Travel: 145 MT CO₂e
 Category 7, Employee Commuting: 2,117 MT CO₂e
 Category 8, Upstream Leased Assets: 511 MT CO₂e
 Category 9, Patient Visits: 3,537 MT CO₂e
 Category 11, Use of Sold Products: 4 MT CO₂e
 Category 13, Downstream Leased Assets: 0 MT CO₂e
 Category 15, Investments: 0 MT CO₂e

Scope 3 Total: 16,750 MT CO₂e

Northern Light Mercy Hospital Total: 22,015 metric tons CO₂e



Northern Light Mercy Hospital Notes

1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.

1.C. Scope 1 Fire Suppression and Refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

1.D. Scope 1 Fugitive Emissions from inhaled anesthetics calculated from internal purchase records using the Practice Greenhealth calculator.

2.A. Scope 2 Electricity usage data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

2.A.a. The Practice Greenhouse calculator provides emissions calculations based upon kWh used. Since Mercy properties receive credits through Northern Light Health's participation in the Net Energy Billing program, which supports the development of renewable energy projects, and through which NLH sells and purchases Renewable Energy Credits (RECs), the total kWh used for this calculation is the difference between the total kWh used at Mercy properties in 2025, and the kWh generated from renewables, proportionally.

3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.B. Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.

3.B.a. For the emissions estimate associated with electricity usage, the total kWh used by Mercy properties is used for the calculation, not just the net kWh from the electrical grid, exclusive of RECs, as in Scope 2.

3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.C.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

3.D.a. Waste volumes calculated using the following industry standards:

3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yd³

3D.a.b. Mixed Recyclables estimated at 50 lbs/yd³

3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yd³

3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yd³

3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yd³

3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.

Northern Light Mercy Hospital Notes, continued

3.D.b. Water volume data sourced from invoices was used as a proxy for wastewater volume when wastewater invoices were unavailable.

3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.

3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:

3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.

3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.

3.F.a. Employee counts based on 12/31/25, with the following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.

3.F.b. PRN employees are included in the counts as part-time employees

3.G. Scope 3 Category 8 Upstream Leased Assets data collected from internal records where not otherwise accounted. Emissions calculated using Practice Greenhealth calculator.

3.H. Scope 3 Category 9 Patient Visits data collected from internal records provided by Planning. Emissions calculated using Practice Greenhealth calculator.

3.H.a. Inpatient admissions data used as a proxy for "inpatient visits".

3.H.b. Telehealth average length of visit data unavailable; 20 minutes is used as an estimate.

3.H.c. These are 2024 Fiscal Year data, rather than Calendar Year.

3.I. Scope 3 Category 11 Use of Sold Products emissions at Mercy are predominantly derived from distributed metered dose inhalers. Counts and types of metered dose inhalers have been collected from internal records, and emissions have been estimated based upon inhaler type. Emissions associated with all other sold/distributed products are included in Scope 3, Categories 1 & 2 as purchased goods.

3.I.a. Inhaler emissions calculated using the CO₂E per inhaler estimates published in "Greenhouse Gas Emissions and Costs of Inhaler Devices in the US" by Tirumalasetty, Miller, and Prescott, in Journal of American Medicine (JAMA) August 29, 2024.

3.I.b. Emissions related to the use of inhalers (from the propellants) are captured here. The purchase data of these inhalers is also included in Scope 3 Category 2 as a Purchased Good, to reflect the emissions associated with manufacturing and procurement.

3.J. Scope 3 Category 13 Downstream Leased Assets data collected from internal records where not otherwise accounted. Emissions calculated using Practice Greenhealth calculator.

3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations).

Northern Light Pharmacy

Scope 1

Heating/Cooling: 15 MT CO₂e
 Mobile Combustion: 0 MT CO₂e
 Fugitive Emissions: 0 MT CO₂e
Scope 1 Total: 15 MT CO₂e

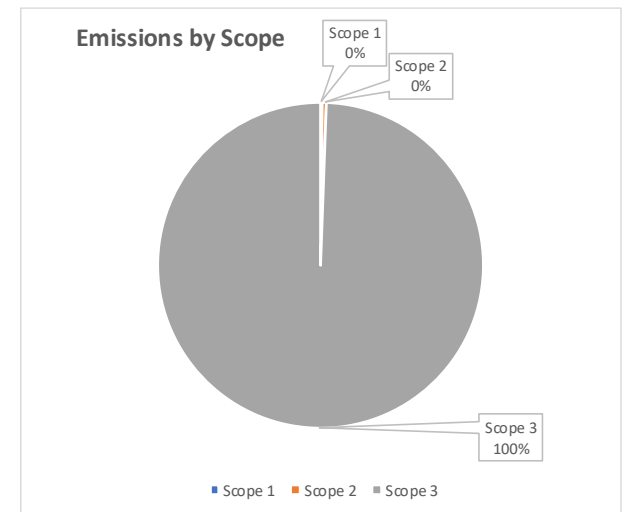
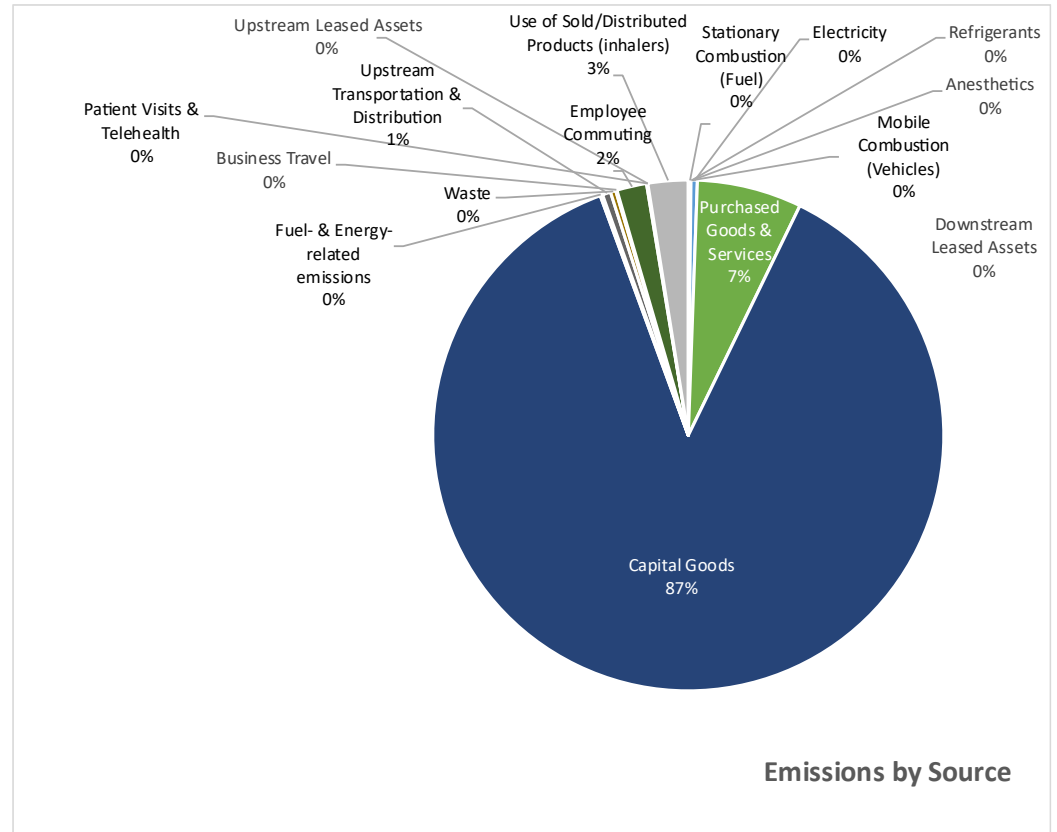
Scope 2

Electricity: 36 MT CO₂e

Scope 3

Category 1 & Category 2, Products, Goods & Services: 8,296 MT CO₂e
 Category 3, Fuel & Fuel-Related Activities: 14 MT CO₂e
 Category 4, Upstream Transportation & Distribution: 46 MT CO₂e
 Category 5, Waste: 30 MT CO₂e
 Category 6, Business Travel: 7 MT CO₂e
 Category 7, Employee Commuting: 167 MT CO₂e
 Category 8, Upstream Leased Assets: 7 MT CO₂e
 Category 9, Patient Visits: 0 MT CO₂e
 Category 11, Use of Sold Products: 224 MT CO₂e
 Category 13, Downstream Leased Assets: 0 MT CO₂e
 Category 15, Investments: 0 MT CO₂e
Scope 3 Total: 8,791 MT CO₂e

Northern Light Pharmacy Total: 8,842 metric tons CO₂e



Northern Light Pharmacy Notes

1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.

1.C. Scope 1 Fire Suppression and refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

2.A. Scope 2 Electricity usage data collected from invoices. Emissions calculated using Practice Greenhealth calculator.

3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.B. Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.

3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.

3.C.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.

3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.

3.D.a. Waste volumes calculated using the following industry standards:

3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yard³

3D.a.b. Mixed Recyclables estimated at 50 lbs/yard³

3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yard³

3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yard³

3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yard³

3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.

3.D.b. Water volume data sourced from invoices was used as a proxy for wastewater volume when wastewater invoices were unavailable.

Northern Light Pharmacy Notes, continued

3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.

3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.

3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:

3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.

3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.

3.F.a. Employee counts based on 12/31/25, with the following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.

3.F.b. PRN employees are included in the counts as part-time employees

3.G. Scope 3 Category 8 Upstream Leased Assets data collected from internal records where not otherwise accounted. Emissions calculated using Practice Greenhealth calculator.

3.H. Scope 3 Category 9 Patient Visits; no data. Northern Light Pharmacy is a retail pharmacy. There are no tracked patient visits.

3.I. Scope 3 Category 11 Use of Sold Products emissions at Northern Light Pharmacy are predominantly derived from distributed metered dose inhalers. Counts and types of metered dose inhalers have been collected from internal records, and emissions have been estimated based upon inhaler type. Emissions associated with all other sold/distributed products are included in Scope 3, Categories 1 & 2 as purchased goods. Note that Northern Light Pharmacy's Scope 1 & 2 emissions are included in the reported data for EMMC in this document.

3.I.a. Inhaler emissions calculated using the CO₂E per inhaler estimates published in "Greenhouse Gas Emissions and Costs of Inhaler Devices in the US" by Tirumalasetty, Miller, and Prescott, in Journal of American Medicine (JAMA) August 29, 2024.

3.I.b. Emissions related to the use of inhalers (from the propellants) are captured here. The purchase data of these inhalers is also included in Scope 3 Category 2 as a Purchased Good, to reflect the emissions associated with manufacturing and procurement.

3.J. Scope 3 Category 13 Downstream Leased Assets; no data. Northern Light Pharmacy has no downstream leased assets.

3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations).

Northern Light Seabasticook Valley Hospital

Scope 1

Heating/Cooling: 1,674 MT CO₂e
 Mobile Combustion: 81 MT CO₂e
 Fugitive Emissions: 112 MT CO₂e

Scope 1 Total: 1,867 MT CO₂e

Scope 2

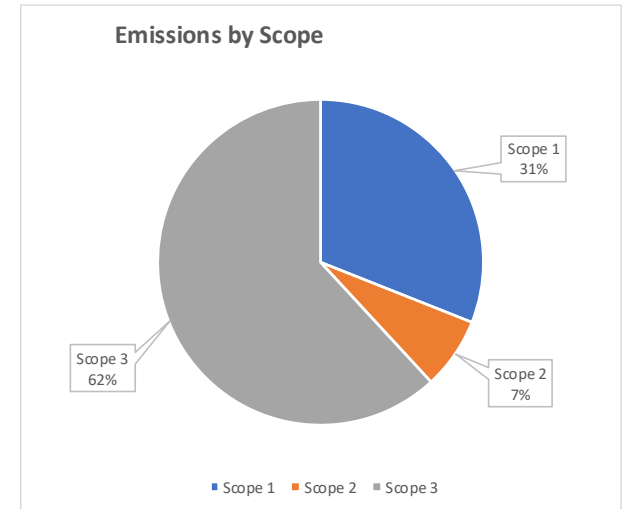
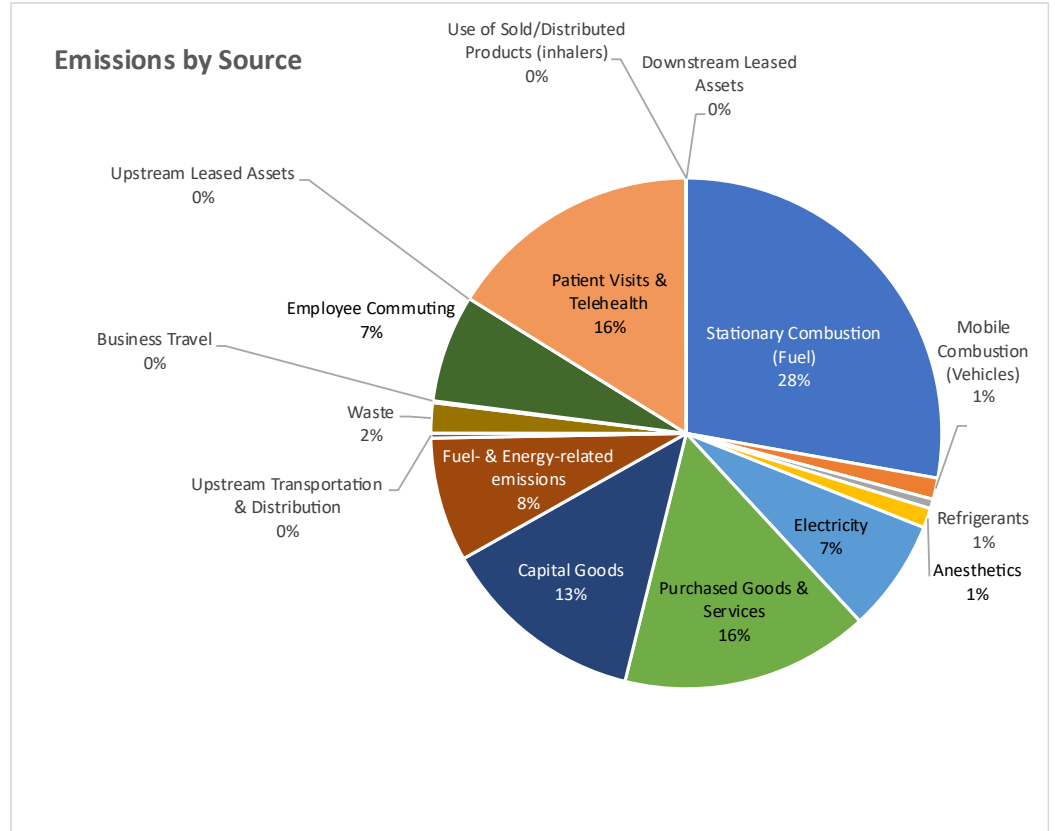
Electricity: 429 MT CO₂e

Scope 3

Category 1 & Category 2, Products, Goods & Services: 1,729 MT CO₂e
 Category 3, Fuel & Fuel-Related Activities: 473 MT CO₂e
 Category 4, Upstream Transportation & Distribution: 19 MT CO₂e
 Category 5, Waste: 115 MT CO₂e
 Category 6, Business Travel: 7 MT CO₂e
 Category 7, Employee Commuting: 410 MT CO₂e
 Category 8, Upstream Leased Assets: 0 MT CO₂e
 Category 9, Patient Visits: 971 MT CO₂e
 Category 11, Use of Sold Products: 2 MT CO₂e
 Category 13, Downstream Leased Assets: 0 MT CO₂e
 Category 15, Investments: 0 MT CO₂e

Scope 3 Total: 3,726 MT CO₂e

Northern Light SVH Total: 6,022 metric tons CO₂e



Northern Light Sebasticook Valley Hospital Notes

- 1.A. Scope 1 Fuel data collected from invoices. Emissions calculated using Practice Greenhealth calculator.
- 1.B. Scope 1 Mobile Combustion calculated from internal records of fleet vehicle mileage using the Practice Greenhealth calculator.
- 1.C. Scope 1 Fire Suppression and Refrigerant recharge data collected from invoices and internal records where available. Some fugitive emissions may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.
- 1.D. Scope 1 Fugitive Emissions from inhaled anesthetics calculated from internal purchase records using the Practice Greenhealth calculator.
- 2.A. Scope 2 Electricity usage data collected from invoices. Emissions calculated using Practice Greenhealth calculator.
 - 2.A.a. The Practice Greenhouse calculator provides emissions calculations based upon kWh used. Since SVH properties receive credits through Northern Light Health's participation in the Net Energy Billing program, which supports the development of renewable energy projects, and through which NLH sells and purchases Renewable Energy Credits (RECs), the total kWh used for this calculation is the difference between the total kWh used at SVH properties in 2025, and the kWh generated from renewables, proportionally.
- 3.A. Scope 3 Categories 1 & 2, Products, Goods, & Services data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.
 - 3.A.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.
- 3.B. Scope 3 Category 3 Fuel & Fuel-related Activities data sources are the same as used in Scopes 1 and 2, detailed above, unless otherwise noted. Emissions calculated using version 2.0 of the Practice Greenhealth calculator.
 - 3.B.a. For the emissions estimate associated with electricity usage, the total kWh used by SVH properties is used for the calculation, not just the net kWh from the electrical grid, exclusive of RECs, as in Scope 2.
- 3.C. Scope 3 Category 4 Upstream Transportation & Distribution data collected from internal purchasing records. Emissions calculated using Practice Greenhealth calculator.
 - 3.C.a. These are 2025 Fiscal Year data, rather than Calendar Year. These are unaudited fiscal year data, audited data not yet available at time of publish.
- 3.D. Scope 3 Category 5 Waste data collected from invoices and internal records where available. Some waste volumes may be missing or estimated. Emissions calculated using Practice Greenhealth calculator.
 - 3.D.a. Waste volumes calculated using the following industry standards:
 - 3D.a.a. Municipal Solid Waste (MSW) estimated at 75 lbs/yd³
 - 3D.a.b. Mixed Recyclables estimated at 50 lbs/yd³
 - 3D.a.c. Recyclable Corrugated Cardboard estimated at 75 lbs/yd³
 - 3D.a.d. Confidential Document Destruction is recycled paper waste, estimated at 75 lbs/yd³
 - 3D.a.e. A 96-gal toter is roughly equivalent to 0.5 yd³
 - 3D.a.f. Weekly pickups are calculated using a 4.33 services/month multiplier. Every-other-week pickups are calculated using a 2.165 services/month multiplier.

Northern Light Sebasticook Valley Hospital Notes, continued

- 3.D.c. Water volume data sourced from invoices was used as a proxy for wastewater volume when wastewater invoices were unavailable. Some volumes are estimated.
- 3.E. Scope 3 Category 6 Business Travel data collected from internal records. Emissions calculated using Practice Greenhealth calculator.
- 3.E.a. Travel expenses are 2025 Fiscal Year data, rather than Calendar Year.
- 3.E.b. Emissions from personal and rental vehicle use for business purposes are estimated from internal records of fuel reimbursement paid, using the following allocations, based upon Maine state government data of registered vehicles:
- 3.E.b.a. Total miles, broken down as 10 hybrid, 2% electric, 87% gasoline, and 1% diesel; based on Maine vehicle mileage and fuel estimates.
- 3.F. Scope 3 Category 7 Employee Commute data calculated from internal records and estimates provided by HR Operations. Emissions calculated using Practice Greenhealth calculator.
- 3.F.a. Employee counts based on 12/31/25, with the following calculation assumptions made: Full-time = 49 weeks/year, 5 days/week; Part-time 49 weeks/year, 3 days/week.
- 3.F.b. PRN employees are included in the counts as part-time employees
- 3.G. Scope 3 Category 8 Upstream Leased Assets; no data. All emissions associated with Sebasticook Valley Hospital's leased assets are included in Scopes 1 & 2.
- 3.H. Scope 3 Category 9 Patient Visits data collected from internal records provided by Planning. Emissions calculated using Practice Greenhealth calculator.
- 3.H.a. Inpatient discharge data used as a proxy for "inpatient visits".
- 3.H.b. Telehealth average length of visit data unavailable; 20 minutes is used as an estimate.
- 3.H.c. These are 2025 Fiscal Year data, rather than Calendar Year.
- 3.I. Scope 3 Category 11 Use of Sold Products emissions at Sebasticook Valley Hospital are derived from distributed metered dose inhalers. Counts and types of metered dose inhalers have been collected from internal records, and emissions have been estimated based upon inhaler type. Emissions associated with all other sold/distributed products are included in Scope 3, Categories 1 & 2 as purchased goods.
- 3.I.a. Inhaler emissions calculated using the CO₂E per inhaler estimates published in "Greenhouse Gas Emissions and Costs of Inhaler Devices in the US" by Tirumalasetty, Miller, and Prescott, in Journal of American Medicine (JAMA) August 29, 2024.
- 3.I.b. Emissions related to the use of inhalers (from the propellants) are captured here. The purchase data of these inhalers is also included in Scope 3 Category 2 as a Purchased Good, to reflect the emissions associated with manufacturing and procurement.
- 3.J. Scope 3 Category 13 Downstream Leased Assets; no data. Sebasticook Valley Hospital has no downstream leased assets.
- 3.K. Scope 3 Category 15 Investments data are only available at the System level (refer to Additional System-level Calculations).

Additional System-level Emissions

Scope 3

Category 15, Investments: 1,248 MT CO₂e

Additional System-level Emissions Total: 1,248 metric tons CO₂e

Notes Regarding Additional System-level Emissions

3.K. Scope 3 Category 15 Investments Emissions are calculated in this section and estimated using the Practice Greenhealth calculator. Data are only available at the System level and are estimated from internal performance reporting.

Northern Light Health System

Scope 1

Heating/Cooling: 42,391 MT CO₂e

Mobile Combustion: 794 MT CO₂e

Fugitive Emissions: 3,777 MT CO₂e

Scope 1 Total: 46,963 MT CO₂e

Scope 2

Electricity: 6,484 MT CO₂e

Scope 3

Categories 1 & 2, Products, Goods & Services: 75,199 MT CO₂e

Category 3, Fuel & Fuel-Related Activities: 11,235 MT CO₂e

Category 4, Upstream Transportation & Distribution: 616 MT CO₂e

Category 5, Waste: 2,324 MT CO₂e

Category 6, Business Travel: 1,423 MT CO₂e

Category 7, Employee Commuting: 12,683 MT CO₂e

Category 8, Upstream Leased Assets: 934 MT CO₂e

Category 9, Patient Visits: 17,215 MT CO₂e

Category 11, Use of Sold Products: 292 MT CO₂e

Category 13, Downstream Leased Assets: 300 MT CO₂e

Category 15, Investments: 1,248 MT CO₂e

Scope 3 Total: 123,469 MT CO₂e

Northern Light Health System Total: 176,917 metric tons CO₂e

