Maine Shared Community Health Needs Assessment County Summary: 2015

Washington County

November 2015

Qualitative Stakeholder Input

A survey of 133 health professionals and community stakeholders in Washington County provided insight into the most critical health issues and determinants impacting the lives of those living in the area. According to these stakeholders, the following five health issues and health factors have the most impact on Washington County resulting in poor health outcomes for residents.

Top five health issues

- Drug and alcohol abuse
- Obesity
- Tobacco use
- Mental health
- Cardiovascular diseases

Top five health factors

- Poverty
- Employment
- Health care insurance
- Access to behavioral care/mental health care
- Health literacy

Maine Shared CHNA Health Indicators	Cardiovascular diseases	Health literacy					
Total Population	Maine Shared CHNA Health Indicators	Year	Washington	Trend	Maine	U.S.	
Population	Demographics						
Population	Total Population	2013	32,190		1,328,302	319 Mil	
Population - % ages 65+ 2013 21.4% 17.7% 14.1% Population - % White 2013 92.0% 95.2% 77.7% Population - % Black or African American 2013 0.6% 1.4% 13.2% Population - % American Indian and Alaska Native 2013 5.1% 0.7% 1.2% Population - % Asian 2013 0.5% 1.1% 5.3% Population - % Hispanic 2013 1.7% 1.4% 17.1% Population - % With a disability 2013 20.5% 15.9% 12.1% Population - % with a disability 2013 20.5% 15.9% 12.1% Population density (per square mile) 2013 12.8 43.1 87.4 Population density (per square mile) 2013 12.8 43.1 87.4 Socioeconomic Status Measures Individuals living in poverty 2009-2013 19.5% NA 13.6% 15.4% Children living in poverty 2009-2013 26.2% NA 18.5% 21.6% High school graduation rate 2013-2014 89.4% NA 86.5% 81.0% Median household income 2009-2013 337,236 NA \$48,453 \$53,046 Percentage of people living in rural areas 2013 100.0% NA 66.4% NA Single-parent families 2009-2013 37.0% NA 34.0% 33.2% Unemployment rate 2014 8.4% NA 5.7% 6.2% 65+ living alone 2009-2013 20.4% NA 34.0% 33.2% Adults with 14+ days lost due to poor mental health 2011-2013 20.4% 13.1% NA Adults with 14+ days lost due to poor physical health 2011-2013 14.4% 13.1% NA Adults with 14+ days lost due to poor physical health 2011-2013 14.4% 13.1% NA Adults with 14+ days lost due to poor physical health 2011-2013 20.4% 13.6% 27.6% NA Mortality Life expectancy (Female) 2012 80.1 NA 81.5 81.2 Life expectancy (Male) 2009-2013 875.0 NA 745.8 731.9 Access Adults with a usual primary care provider 2011-2013 9.6% 11.0% 15.3% Adults with a usual primary care provider 2011-2013 9.6% 11.0% 15.3% Adults with a usual primary care provider 2011-2013 9.6% 11.0% 15.3% Adults with a usual primary car	Population – % ages 0-17	2013	18.9%		19.7%	23.3%	
Population - % White 2013 92.0% 95.2% 77.7%	Population – % ages 18-64	2013	59.7%		62.6%	62.6%	
Population	Population – % ages 65+	2013	21.4%		17.7%	14.1%	
Population - % American Indian and Alaska Native 2013 5.1% 0.7% 1.2%	Population – % White	2013	92.0%		95.2%	77.7%	
Population - % Asian 2013 0.5% 1.1% 5.3% Population - % Hispanic 2013 1.7% 1.4% 17.1% Population - % With a disability 2013 20.5% 15.9% 12.1% Population density (per square mile) 2013 20.5% 15.9% 12.1% Population density (per square mile) 2013 12.8 43.1 87.4 Socioeconomic Status Measures Individuals living in poverty 2009-2013 19.5% NA 13.6% 15.4% Children living in poverty 2009-2013 26.2% NA 18.5% 21.6% Median household income 2003-2013 537,236 NA 548,453 553,046 Percentage of people living in rural areas 2013 100.0% NA 66.4% NA Single-parent families 2009-2013 37.0% NA 34.0% 33.2% Unemployment rate 2014 8.4% NA 5.7% 6.2% General Health Status 2009-2013 20.4% NA 41.2% 37.7% General Health Status 34.0% 34.0% 34.0% 37.7% General Health Status 34.0% 34.0% 34.0% 34.0% 37.7% General Health Status 34.0% 34.0% 34.0% 34.0% 37.7% General Health Status 34.0% 34.0% 34.0% 37.7% General Health Status 34.0% 34.0% 34.0% 37.7% General Health Status 34.0% 34.0% 34.0% 34.0% 34.0% 37.7% General Health Status 34.0% 34.0% 34.0% 37.7% General Health Status 34.0%	Population – % Black or African American	2013	0.6%		1.4%	13.2%	
Population - % Hispanic 2013 1.7% 1.4% 17.1% Population - % with a disability 2013 20.5% 15.9% 12.1% Population density (per square mile) 2013 12.8 43.1 87.4 Population density (per square mile) 2013 12.8 43.1 87.4 Socioeconomic Status Measures Individuals living in poverty 2009-2013 19.5% NA 13.6% 15.4% Children living in poverty 2009-2013 26.2% NA 18.5% 21.6% High school graduation rate 2013-2014 89.4% NA 86.5% 81.0% Median household income 2009-2013 \$37,236 NA \$48,453 \$53,046 Percentage of people living in rural areas 2013 100.0% NA 66.4% NA Single-parent families 2009-2013 37.0% NA 34.0% 33.2% Unemployment rate 2014 8.4% NA 5.7% 6.2% 65+ living alone 2009-2013 44.3% NA 41.2% 37.7% General Health Status Adults with 14+ days lost due to poor mental health 2011-2013 12.6% 12.4% NA Adults with 14+ days lost due to poor mental health 2011-2013 12.6% 12.4% NA Adults with three or more chronic conditions 2011, 2013 31.6% 27.6% NA Mortality Life expectancy (Female) 2012 74.7 NA 76.7 76.4 Overall mortality rate per 100,000 population 2009-2013 875.0 NA 745.8 731.9 Access Adults with a usual primary care provider 2011-2013 9.6% 11.0% 15.3% MaineCare enrollment 2015 40.3% NA 27.0% 23.0% MaineCare enrollment 2015 40.3% NA 27.0% 23.0% MaineCare enrollment 2015 40.3% NA 27.0% 23.0% Contact the density for the desired provider 2015 40.3% NA 27.0% 23.0% MaineCare enrollment 2015 40.3% NA 27.0% 23.0% Contact the density for the d	Population – % American Indian and Alaska Native	2013	5.1%		0.7%	1.2%	
Population - % with a disability 2013 20.5% 15.9% 12.1%	Population – % Asian	2013	0.5%		1.1%	5.3%	
Population density (per square mile) 2013 12.8 43.1 87.4	Population – % Hispanic	2013	1.7%		1.4%	17.1%	
Socioeconomic Status Measures	Population – % with a disability	2013	20.5%		15.9%	12.1%	
Individuals living in poverty	Population density (per square mile)	2013	12.8		43.1	87.4	
Children living in poverty 2009-2013 26.2% NA 18.5% 21.6% High school graduation rate 2013-2014 89.4% NA 86.5% 81.0% Median household income 2009-2013 \$37,236 NA \$48,453 \$53,046 Percentage of people living in rural areas 2013 100.0% NA 66.4% NA Single-parent families 2009-2013 37.0% NA 34.0% 33.2% Unemployment rate 2014 8.4% NA 5.7% 6.2% 65+ living alone 2009-2013 44.3% NA 41.2% 37.7% General Health Status Adults who rate their health fair to poor 2011-2013 20.4% 15.6% 16.7% Adults with 14+ days lost due to poor mental health 2011-2013 12.6% 12.4% NA Adults with 14+ days lost due to poor physical health 2011-2013 14.4% 13.1% NA Adults with three or more chronic conditions 2011, 2013 31.6% 27.6% NA Mortality <	Socioeconomic Status Measures						
High school graduation rate 2013-2014 89.4% NA 86.5% 81.0%	Individuals living in poverty	2009-2013	19.5%	NA	13.6%	15.4%	
Median household income 2009-2013 \$37,236 NA \$48,453 \$53,046 Percentage of people living in rural areas 2013 100.0% NA 66.4% NA Single-parent families 2009-2013 37.0% NA 34.0% 33.2% Unemployment rate 2014 8.4% NA 5.7% 6.2% 65+ living alone 2009-2013 44.3% NA 41.2% 37.7% General Health Status Adults who rate their health fair to poor 2011-2013 20.4% 15.6% 16.7% Adults with 14+ days lost due to poor mental health 2011-2013 12.6% 12.4% NA Adults with 14+ days lost due to poor physical health 2011-2013 14.4% 13.1% NA Adults with three or more chronic conditions 2011, 2013 31.6% 27.6% NA Mortality Life expectancy (Female) 2012 80.1 NA 81.5 81.2 Life expectancy (Male) 2012 74.7 NA 76.7 76.4	Children living in poverty	2009-2013	26.2%	NA	18.5%	21.6%	
Percentage of people living in rural areas 2013 100.0% NA 66.4% NA	High school graduation rate	2013-2014	89.4%	NA	86.5%	81.0%	
Single-parent families 2009-2013 37.0% NA 34.0% 33.2% Unemployment rate 2014 8.4% NA 5.7% 6.2% 65+ living alone 2009-2013 44.3% NA 41.2% 37.7% General Health Status Adults who rate their health fair to poor 2011-2013 20.4% 15.6% 16.7% Adults with 14+ days lost due to poor mental health 2011-2013 12.6% 12.4% NA Adults with 14+ days lost due to poor physical health 2011-2013 14.4% 13.1% NA Adults with three or more chronic conditions 2011, 2013 31.6% 27.6% NA Mortality Life expectancy (Female) 2012 80.1 NA 81.5 81.2 Life expectancy (Male) 2012 74.7 NA 76.7 76.4 Overall mortality rate per 100,000 population 2009-2013 875.0 NA 745.8 731.9 Access Adults with a usual primary care provider 2011-2013 83.6% 87.7% 76.6%	Median household income	2009-2013	\$37,236	NA	\$48,453	\$53,046	
Unemployment rate 2014 8.4% NA 5.7% 6.2% 65+ living alone 2009-2013 44.3% NA 41.2% 37.7% General Health Status Adults who rate their health fair to poor 2011-2013 20.4% 15.6% 16.7% Adults with 14+ days lost due to poor mental health 2011-2013 12.6% 12.4% NA Adults with 14+ days lost due to poor physical health 2011-2013 14.4% 13.1% NA Adults with three or more chronic conditions 2011, 2013 31.6% 27.6% NA Mortality Life expectancy (Female) 2012 80.1 NA 81.5 81.2 Life expectancy (Male) 2012 74.7 NA 76.7 76.4 Overall mortality rate per 100,000 population 2009-2013 875.0 NA 745.8 731.9 Access Adults with a usual primary care provider 2011-2013 83.6% 87.7% 76.6% Individuals who are unable to obtain or delay obtaining necessary medical care due to cost 2011-2013 9.6	Percentage of people living in rural areas	2013	100.0%	NA	66.4%	NA	
65+ living alone 2009-2013 44.3% NA 41.2% 37.7% General Health Status Adults who rate their health fair to poor 2011-2013 20.4% 15.6% 16.7% Adults with 14+ days lost due to poor mental health 2011-2013 12.6% 12.4% NA Adults with 14+ days lost due to poor physical health 2011-2013 14.4% 13.1% NA Adults with three or more chronic conditions 2011, 2013 31.6% 27.6% NA Mortality Life expectancy (Female) 2012 80.1 NA 81.5 81.2 Life expectancy (Male) 2012 74.7 NA 76.7 76.4 Overall mortality rate per 100,000 population 2009-2013 875.0 NA 745.8 731.9 Access Adults with a usual primary care provider 2011-2013 83.6% 87.7% 76.6% Individuals who are unable to obtain or delay obtaining necessary medical care due to cost 2011-2013 9.6% 11.0% 15.3% MaineCare enrollment 2015 40.3% NA 27.0% 23.0%	Single-parent families	2009-2013	37.0%	NA	34.0%	33.2%	
General Health Status Adults who rate their health fair to poor 2011-2013 20.4% 15.6% 16.7% Adults with 14+ days lost due to poor mental health 2011-2013 12.6% 12.4% NA Adults with 14+ days lost due to poor physical health 2011-2013 14.4% 13.1% NA Adults with three or more chronic conditions 2011, 2013 31.6% 27.6% NA Mortality Life expectancy (Female) 2012 80.1 NA 81.5 81.2 Life expectancy (Male) 2012 74.7 NA 76.7 76.4 Overall mortality rate per 100,000 population 2009-2013 875.0 NA 745.8 731.9 Access Adults with a usual primary care provider 2011-2013 83.6% 87.7% 76.6% Individuals who are unable to obtain or delay obtaining necessary medical care due to cost 2011-2013 9.6% 11.0% 15.3% MaineCare enrollment 2015 40.3% NA 27.0% 23.0%		2014	8.4%	NA	5.7%	6.2%	
Adults who rate their health fair to poor 2011-2013 20.4% 15.6% 16.7% Adults with 14+ days lost due to poor mental health 2011-2013 12.6% 12.4% NA Adults with 14+ days lost due to poor physical health 2011-2013 14.4% 13.1% NA Adults with three or more chronic conditions 2011, 2013 31.6% 27.6% NA Mortality Life expectancy (Female) 2012 80.1 NA 81.5 81.2 Life expectancy (Male) 2012 74.7 NA 76.7 76.4 Overall mortality rate per 100,000 population 2009-2013 875.0 NA 745.8 731.9 Access Adults with a usual primary care provider 2011-2013 83.6% 87.7% 76.6% Individuals who are unable to obtain or delay obtaining necessary medical care due to cost 2011-2013 9.6% 11.0% 15.3% MaineCare enrollment 2015 40.3% NA 27.0% 23.0%	65+ living alone	2009-2013	44.3%	NA	41.2%	37.7%	
Adults with 14+ days lost due to poor mental health 2011-2013 12.6% 12.4% NA Adults with 14+ days lost due to poor physical health 2011-2013 14.4% 13.1% NA Adults with three or more chronic conditions 2011, 2013 31.6% 27.6% NA Mortality Life expectancy (Female) 2012 80.1 NA 81.5 81.2 Life expectancy (Male) 2012 74.7 NA 76.7 76.4 Overall mortality rate per 100,000 population 2009-2013 875.0 NA 745.8 731.9 Access Adults with a usual primary care provider 2011-2013 83.6% 87.7% 76.6% Individuals who are unable to obtain or delay obtaining necessary medical care due to cost 2011-2013 9.6% 11.0% 15.3% MaineCare enrollment 2015 40.3% NA 27.0% 23.0%	General Health Status						
Adults with 14+ days lost due to poor physical health Adults with three or more chronic conditions 2011, 2013 31.6% 27.6% NA Mortality Life expectancy (Female) Life expectancy (Male) Overall mortality rate per 100,000 population Access Adults with a usual primary care provider Individuals who are unable to obtain or delay obtaining necessary medical care due to cost MaineCare enrollment 2011-2013 14.4% 13.1% NA 27.6% NA 27.6% NA 27.6% NA 2012 2012 2012 2012 2012 2012 2012 2013 2015 2011-2013	Adults who rate their health fair to poor	2011-2013	20.4%		15.6%	16.7%	
Adults with three or more chronic conditions 2011, 2013 31.6% 27.6% NA Mortality Life expectancy (Female) 2012 80.1 NA 81.5 81.2 Life expectancy (Male) 2012 74.7 NA 76.7 76.4 Overall mortality rate per 100,000 population 2009-2013 875.0 NA 745.8 731.9 Access Adults with a usual primary care provider 2011-2013 83.6% 87.7% 76.6% Individuals who are unable to obtain or delay obtaining necessary medical care due to cost 2011-2013 9.6% 11.0% 15.3% MaineCare enrollment 2015 40.3% NA 27.0% 23.0%	Adults with 14+ days lost due to poor mental health	2011-2013	12.6%		12.4%	NA	
Mortality Life expectancy (Female) 2012 80.1 NA 81.5 81.2 Life expectancy (Male) 2012 74.7 NA 76.7 76.4 Overall mortality rate per 100,000 population 2009-2013 875.0 NA 745.8 731.9 Access Adults with a usual primary care provider 2011-2013 83.6% 87.7% 76.6% Individuals who are unable to obtain or delay obtaining necessary medical care due to cost 2011-2013 9.6% 11.0% 15.3% MaineCare enrollment 2015 40.3% NA 27.0% 23.0%	Adults with 14+ days lost due to poor physical health	2011-2013	14.4%		13.1%	NA	
Life expectancy (Female) 2012 80.1 NA 81.5 81.2 Life expectancy (Male) 2012 74.7 NA 76.7 76.4 Overall mortality rate per 100,000 population 2009-2013 875.0 NA 745.8 731.9 Access Adults with a usual primary care provider 2011-2013 83.6% 87.7% 76.6% Individuals who are unable to obtain or delay obtaining necessary medical care due to cost 9.6% 11.0% 15.3% MaineCare enrollment 2015 40.3% NA 27.0% 23.0%	Adults with three or more chronic conditions	2011, 2013	31.6%		27.6%	NA	
Life expectancy (Male) 2012 74.7 NA 76.7 76.4 Overall mortality rate per 100,000 population 2009-2013 875.0 NA 745.8 731.9 Access Adults with a usual primary care provider 2011-2013 83.6% 87.7% 76.6% Individuals who are unable to obtain or delay obtaining necessary medical care due to cost 2011-2013 9.6% 11.0% 15.3% MaineCare enrollment 2015 40.3% NA 27.0% 23.0%	Mortality						
Overall mortality rate per 100,000 population Access Adults with a usual primary care provider Individuals who are unable to obtain or delay obtaining necessary medical care due to cost MaineCare enrollment 2009-2013 875.0 NA 745.8 731.9 87.7% 76.6% 2011-2013 9.6% 11.0% 15.3% 15.3%	Life expectancy (Female)	2012	80.1	NA	81.5	81.2	
Adults with a usual primary care provider Adults with a usual primary care provider Individuals who are unable to obtain or delay obtaining necessary medical care due to cost MaineCare enrollment 2011-2013 9.6% 11.0% 15.3% 15.3%	Life expectancy (Male)	2012	74.7	NA	76.7	76.4	
Adults with a usual primary care provider Individuals who are unable to obtain or delay obtaining necessary medical care due to cost MaineCare enrollment 2011-2013 83.6% 87.7% 76.6% 11.0% 15.3% 15.3% NA 27.0% 23.0%	Overall mortality rate per 100,000 population	2009-2013	875.0	NA	745.8	731.9	
Individuals who are unable to obtain or delay obtaining necessary medical care due to cost MaineCare enrollment 2011-2013 9.6% 11.0% 15.3% 15.3% August 27.0% 23.0%	Access						
necessary medical care due to cost 2011-2013 9.6% 11.0% 15.3% MaineCare enrollment 2015 40.3% NA 27.0% 23.0%		2011-2013	83.6%		87.7%	76.6%	
necessary medical care due to cost MaineCare enrollment 2015 40.3% NA 27.0% 23.0%	Individuals who are unable to obtain or delay obtaining	2011-2012	9.6%		11 0%	15 2%	
	necessary medical care due to cost	2011-2013	3.070		11.0/0	13.370	
Percent of children ages 0-19 enrolled in MaineCare 2015 61.5% NA 41.8% 48.0%		2015	40.3%	NA	27.0%	23.0%	
	Percent of children ages 0-19 enrolled in MaineCare	2015	61.5%	NA	41.8%	48.0%	

Percent uninsured	Maine Shared CHNA Health Indicators	Year	Washington	Trend	Maine	U.S.
Ambulatory care-sensitive condition hospital admission rate per 2011 1,809.0 + 1,499.3 1457.5 100,000 population 2011 1,809.0 + 1,499.3 1457.5						
Ambulatory care-sensitive condition hospital admission rate per 100,000 population 2011 1,809,0 + 1,499,3 1457.5 100,000 population Ambulatory care-sensitive condition emergency department rate per 100,000 population 2011 6,645.8 NA 4,258.8 NA 707.8 Adults with visits to a dentist in the past 12 months 2012 56.9% NA 55.3% 67.2% MaineCare members under 18 with a visit to the dentist in the past year 2014 60.5% NA 55.1% NA MaineCare members under 18 with a visit to the dentist in the past year 2014 80.5% NA 55.1% NA Acthma emergency department visits per 10,000 population 2011-2013 8.6% 7.6% 6.5% COPD diagnosed 2011-2013 10.2% 11.1% 9.0% Current asthma (Adults) 2011-2013 10.2% 11.1% 9.0% Current asthma (Youth 0-17) 2011-2013 10.9% 11.1% NA Pneumonia emergency department rate per 100,000 population 2011 1,429.8 - 719.9 NA Pneumonia hospitalizations per 100,000 population 2011 1,429.8 - </td <td></td> <td>2003 2013</td> <td>13.770</td> <td>1471</td> <td>10.470</td> <td>11.770</td>		2003 2013	13.770	1471	10.470	11.770
100,000 population						
Ambulatory care-sensitive condition emergency department rate per 100,000 population Oral Medical Mith visits to a dentist in the past 12 months Adults with visits to a dentise per 100,000 population Adults with visits to a dentise per 100,000 population Adults with visits to a dentise per 100,000 population Adults with visits to a dentise per 100,000 population Adults with visits to a dentise per 100,000 population Adults with visits to a dentise per 100,000 population Adults with visits to a dentise per 100,000 population Adults with visits to	i i	2011	1,809.0	+	1,499.3	1457.5
Per 100,000 population Coril Health						
Oral Health 2012 56.9% NA 65.3% 67.2% Maine-Care members under 18 with a visit to the dentist in the past year 2014 60.5% NA 55.1% NA Respiratory Asthma emergency department visits per 10,000 population 2009-2011 118.0 67.3 NA COPD diagnosed 2011-2013 8.6% 7.6% 6.5% NA COPD hospitalizations per 100,000 population 2011 187.7 216.3 NA CUrrent asthma (Adults) 2011-2013 10.9% NA 9.1% NA Pneumonia emergency department rate per 100,000 population 2011 11.7% 9.0% NA 9.1% NA 9.1% NA 9.1% NA 9.1% NA 9.0% NA 11.7% 9.0% NA 15.5% NA 16.5% NA 18.5 16.6.7 NA 18.5 16.6.7 NA 18.5		2011	6,645.8	NA	4,258.8	NA NA
Adults with visits to a dentist in the past 12 months MaineCare members under 18 with a visit to the dentist in the past year Respiratory Asthma emergency department visits per 10,000 population COPD diagnosed COPD hospitalizations per 100,000 population COPD diagnosed COPD hospitalizations per 100,000 population Current asthma (Adults) Current asthma (Youth 0-17) Current asthma (Youth 0-17) Pneumonia emergency department rate per 100,000 population Pneumonia hospitalizations per 100,000 population Pneumonia emergency department rate per 100,000 population Pneumonia market per 100,000 population Pneumonia emergency department rate per 100,000 population Pneumonia emergency department rate						
MaineCare members under 18 with a visit to the dentist in the past year Sespiratory	Adults with visits to a dentist in the past 12 months	2012	56.9%	NA	65.3%	67.2%
Bast year Respiratory Re		2011				
Respiratory Asthma emergency department visits per 10,000 population 2009-2011 118.0 67.3 NA COPD diagnosed 2011-2013 8.6% 7.6% 6.5% COPD Diagnosed 2011-2013 10.2% 1.1.7% 2016.3 NA COPD Diagnosed 2011-2013 10.2% 1.1.7% 9.0% Current asthma (Youth 0-17) 2011-2013 10.9%† NA 9.1% NA Pneumonia emergency department rate per 100,000 population 2011 1,429.8 - 719.9 NA Pneumonia hospitalizations per 100,000 population 2011 714.0 - 329.4 NA Mortality – all cancers per 100,000 population 2007-2011 210.5 NA 185.5 168.7 Incidence – all cancers per 100,000 population 2007-2011 23.3 NA 500.1 453.4 Bladder cancer incidence per 100,000 population 2007-2011 23.8 NA 200.2 215 Breast cancer late-stage incidence (females only) per 100,000 2007-2011 47.1 NA 41.6 43.7	past year	2014	60.5%	NA	55.1%	NA
COPD diagnosed 2011-2013 8.6% 7.6% 6.5% COPD hospitalizations per 100,000 population 2011 187.7 216.3 NA 2011-2013 10.2% 11.7% 9.0% 2011-2013 10.9% NA 9.1% NA 9.1% NA Pneumonia emergency department rate per 100,000 population 2011 1,429.8 - 719.9 NA Pneumonia emergency department rate per 100,000 population 2011 714.0 - 329.4 NA Pneumonia hospitalizations per 100,000 population 2007-2011 210.5 NA 185.5 168.7 Incidence — all cancers per 100,000 population 2007-2011 23.3 NA 500.1 453.4 S00.1 453.4 S00.1 453.4 S00.1 453.4 S00.1 453.4 S00.1 453.4 S00.1 453.4 S00.2 S007-2011 23.8 NA 20.0 21.5 S00.2						
COPD hospitalizations per 100,000 population 2011 187.7 216.3 NA Current asthma (Adults) 2011-2013 10.2% 11.7% 9.0% Current asthma (Youth 0-17) 2011-2013 10.2% 11.7% 9.0% Pneumonia emergency department rate per 100,000 population 2011 1,429.8 - 719.9 NA Pneumonia hospitalizations per 100,000 population 2011 714.0 - 329.4 NA Pneumonia hospitalizations per 100,000 population 2007-2011 210.5 NA 185.5 168.7 Incidence – all cancers per 100,000 population 2007-2011 23.8 NA 500.1 453.4 Bladder cancer incidence per 100,000 population 2007-2011 24.0 NA 28.3 20.2 Female breast cancer mortality per 100,000 population 2007-2011 24.1 NA 41.6 43.7 Female breast cancer incidence per 100,000 population 2007-2011 47.1 NA 41.6 43.7 Female breast cancer incidence per 100,000 population 2007-2011 14.9 NA	Asthma emergency department visits per 10,000 population	2009-2011	118.0		67.3	NA
Current asthma (Adults)	COPD diagnosed	2011-2013	8.6%		7.6%	6.5%
Current asthma (Youth 0-17) 2011-2013 10.9%† NA 9.1% NA Pneumonia emergency department rate per 100,000 population 2011 1,429.8 — 719.9 NA Pneumonia hospitalizations per 100,000 population 2011 714.0 — 329.4 NA Mortality – all cancers per 100,000 population 2007-2011 533.3 NA 500.1 453.4 Bladder cancer incidence per 100,000 population 2007-2011 24.0 NA 28.3 20.2 Female breast cancer mortality per 100,000 population 2007-2011 23.8 NA 20.0 21.5 Breast cancer late-stage incidence (females only) per 100,000 2007-2011 24.0 NA 28.3 20.2 Female breast cancer incidence (females only) per 100,000 2007-2011 47.1 NA 41.6 43.7 Dolorectal cancer mortality per 100,000 population 2007-2011 122.7 NA 126.3 124.1 Mammograms females age 50+ in past two years 2012 70.0% NA 82.1% 77.0% Colorectal cancer mortality per 100,0	COPD hospitalizations per 100,000 population	2011	187.7		216.3	NA
Pneumonia emergency department rate per 100,000 population 2011 1,429.8 - 719.9 NA	Current asthma (Adults)	2011-2013	10.2%		11.7%	9.0%
Pneumonia hospitalizations per 100,000 population 2011 714.0 - 329.4 NA Cancer	Current asthma (Youth 0-17)	2011-2013	10.9%†	NA	9.1%	NA
Cancer Mortality – all cancers per 100,000 population 2007-2011 210.5 NA 188.5 168.7 Incidence – all cancers per 100,000 population 2007-2011 533.3 NA 500.1 453.4 Bladder cancer incidence per 100,000 population 2007-2011 24.0 NA 28.3 20.2 Female breast cancer mortality per 100,000 population 2007-2011 23.8 NA 20.0 21.5 Breast cancer late-stage incidence (females only) per 100,000 2007-2011 47.1 NA 41.6 43.7 population 2007-2011 47.1 NA 41.6 43.7 population 2007-2011 47.1 NA 16.3 124.1 Mammograms females age 50+ in past two years 2012 70.0% NA 82.1% 77.0% Colorectal lace-stage incidence per 100,000 population 2007-2011 14.9 NA 16.1 15.1 Colorectal late-stage incidence per 100,000 population 2007-2011 26.4 NA 22.7 22.9 Colorectal screening 2012 86.6% <td>Pneumonia emergency department rate per 100,000 population</td> <td>2011</td> <td>1,429.8</td> <td>_</td> <td>719.9</td> <td>NA</td>	Pneumonia emergency department rate per 100,000 population	2011	1,429.8	_	719.9	NA
Cancer Mortality – all cancers per 100,000 population 2007-2011 210.5 NA 188.5 168.7 Incidence – all cancers per 100,000 population 2007-2011 533.3 NA 500.1 453.4 Bladder cancer incidence per 100,000 population 2007-2011 24.0 NA 28.3 20.2 Female breast cancer mortality per 100,000 population 2007-2011 23.8 NA 20.0 21.5 Breast cancer late-stage incidence (females only) per 100,000 2007-2011 47.1 NA 41.6 43.7 population 2007-2011 47.1 NA 41.6 43.7 population 2007-2011 47.1 NA 16.3 124.1 Mammograms females age 50+ in past two years 2012 70.0% NA 82.1% 77.0% Colorectal lace-stage incidence per 100,000 population 2007-2011 14.9 NA 16.1 15.1 Colorectal late-stage incidence per 100,000 population 2007-2011 26.4 NA 22.7 22.9 Colorectal screening 2012 86.6% <td>Proumonia hospitalizations per 100 000 population</td> <td>2011</td> <td>714.0</td> <td>_</td> <td>220.4</td> <td>NIA</td>	Proumonia hospitalizations per 100 000 population	2011	714.0	_	220.4	NIA
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Hypertension hospitalizations per 100,000 population 2011 27.3 28.0 NA						
	Stroke hospitalizations per 10,000 population	2010-2012	22.5		20.8	NA

Maine Shared CHNA Health Indicators	Year	Washington	Trend	Maine	U.S.
Stroke mortality per 100,000 population	2009-2013	27.4	NA	35.0	36.2
Diabetes	2009-2013	27.4	INA	33.0	30.2
Diabetes prevalence (ever been told)	2011-2013	10.4%		9.6%	9.7%
·	2011-2013		NIA		
Pre-diabetes prevalence		3.4%†	NA	6.9%	NA NA
Adults with diabetes who have eye exam annually	2011-2013	NA	NA	71.2%	NA
Adults with diabetes who have foot exam annually	2011-2013	NA	NA	83.3%	NA
Adults with diabetes who have had an A1C test twice per year	2011-2013	NA	NA	73.2%	NA
Adults with diabetes who have received formal diabetes education	2011-2013	NA	NA	60.0%	55.8%
Diabetes emergency department visits (principal diagnosis) per 100,000 population	2011	294.1		235.9	NA
Diabetes hospitalizations (principal diagnosis) per 10,000	2010-2012	10.9		11.7	NA
population	2011	70.2		50.4	N1.0
Diabetes long-term complication hospitalizations	2011	70.3		59.1	NA
Diabetes mortality (underlying cause) per 100,000 population	2009-2013	33.9	NA	20.8	21.2
Environmental Health					
Children with confirmed elevated blood lead levels (% among those screened)	2009-2013	1.2%	NA	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	2009-2013	5.3%	NA	4.2%	NA
Homes with private wells tested for arsenic	2009, 2012	34.1%	NA	43.3%	NA
Lead screening among children age 12-23 months	2009-2013	79.5%	NA	49.2%	NA
Lead screening among children age 24-35 months	2009-2013	50.5%	NA	27.6%	NA NA
Immunization	2009-2013	30.376	IVA	27.0%	IVA
	2011 2012	42.00/		41 50/	NIA
Adults immunized annually for influenza Adults immunized for pneumococcal pneumonia (ages 65 and	2011-2013	42.0%		41.5%	NA
older)	2011-2013	68.0%		72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	2015	0.4%	NA	3.7%	NA
Two-year-olds up to date with "Series of Seven Immunizations" 4-3-1-3-3-1-4	2015	NA	NA	75.0%	NA
Infectious Disease					
Hepatitis A (acute) incidence per 100,000 population	2014	0.0+	NA	0.6	0.4
Hepatitis B (acute) incidence per 100,000 population	2014	3.1†	NA	0.9	0.4
Hepatitis C (acute) incidence per 100,000 population	2014	6.3†	NA	2.3	0.7
Incidence of past or present hepatitis C virus (HCV) per 100,000	2014	0.51	IVA	2.5	0.7
	2014	125.8	NA	107.1	NA
population Incidence of newly reported chronic hepatitis B virus (HBV) per					
100,000 population	2014	0.0†	NA	8.1	NA
Lyme disease incidence per 100,000 population	2014	44.0†	NA	105.3	10.5
Pertussis incidence per 100,000 population	2014	125.8	NA	41.9	10.3
Tuberculosis incidence per 100,000 population	2014	0.0+	NA	1.1	3.0
STD/HIV					
AIDS incidence per 100,000 population	2014	0.0+	NA	2.1	8.4
Chlamydia incidence per 100,000 population	2014	157.2	NA	265.5	452.2
Gonorrhea incidence per 100,000 population	2014	15.7†	NA	17.8	109.8
HIV incidence per 100,000 population	2014	0.0†	NA	4.4	11.2
HIV/AIDS hospitalization rate per 100,000 population	2011	23.3	_	21.4	NA
Syphilis incidence per 100,000 population	2014	6.3†	NA	1.6	19.9
Intentional Injury		0.0	. •, •		15.5
Domestic assaults reports to police per 100,000 population	2013	394.6	NA	413.0	NA
Firearm deaths per 100,000 population	2009-2013				
r ireariii deatiis per 100,000 population	2003-2013	17.0	NA	9.2	10.4

Maine Shared CHNA Health Indicators	Year	Washington	Trend	Maine	U.S.
Intentional self-injury (Youth)	2013	NA	NA	17.9%	NA
Lifetime rape/non-consensual sex (among females)	2013	NA	NA	11.3%	NA
Nonfatal child maltreatment per 1,000 population	2013	NA	NA	14.6	9.1
Reported rape per 100,000 population	2013	9.3†	NA	27.0	25.2
Suicide deaths per 100,000 population	2009-2013	21.1	NA	15.2	12.6
Violence by current or former intimate partners in past 12					
months (among females)	2013	NA	NA	0.8%	NA
Violent crime rate per 100,000 population	2013	174.0	NA	125.0	368
Unintentional Injury					
Always wear seatbelt (Adults)	2013	75.8%		85.2%	NA
Always wear seatbelt (High School Students)	2013	42.6%		61.6%	54.7%
Traumatic brain injury related emergency department visits (all	2011	67.0			
intents) per 10,000 population	2011	67.9	NA	81.4	NA
Unintentional and undetermined intent poisoning deaths per	2000 2010	45.6		44.4	40.0
100,000 population	2009-2013	15.6	NA	11.1	13.2
Unintentional fall related deaths per 100,000 population	2009-2013	9.8	NA	6.8	8.5
Unintentional fall related injury emergency department visits per	2011	445.6		264.2	
10,000 population	2011	415.6	NA	361.3	NA
Unintentional motor vehicle traffic crash related deaths per	2000 2010	10.5		40.0	40.5
100,000 population	2009-2013	19.5	NA	10.8	10.5
Occupational Health					
Deaths from work-related injuries (number)	2013	NA	NA	19	4,585
Nonfatal occupational injuries (number)	2013	249	NA	13,205	NA
Mental Health					
Adults who have ever had anxiety	2011-2013	20.1%		19.4%	NA
Adults who have ever had depression	2011-2013	23.0%		23.5%	18.7%
Adults with current symptoms of depression	2011-2013	11.4%		10.0%	NA
	2044 2042	20.40/		47.70/	21.0
Adults currently receiving outpatient mental health treatment	2011-2013	20.1%		17.7%	NA
Co-morbidity for persons with mental illness	2011, 2013	40.0%	NA	35.2%	NA
Mental health emergency department rates per 100,000	2014	2.064.2		4 072 4	
population	2011	2,061.2		1,972.1	NA
Sad/hopeless for two weeks in a row (High School Students)	2013	28.7%		24.3%	29.9%
Seriously considered suicide (High School Students)	2013	15.4%		14.6%	17.0%
Physical Activity, Nutrition and Weight					
Fewer than two hours combined screen time (High School	2012	NIA	NIA.	22.00/	NI A
Students)	2013	NA	NA	33.9%	NA
Fruit and vegetable consumption (High School Students)	2013	14.0%	NA	16.8%	NA
Fruit consumption among Adults 18+ (less than one serving per	2012	25 40/	NA.	24.00/	39.2%
day)	2013	35.4%	NA	34.0%	39.2%
Met physical activity recommendations (Adults)	2013	45.9%		53.4%	50.8%
Physical activity for at least 60 minutes per day on five of the	2013	41.6%	NA	43.7%	47.3%
past seven days (High School Students)	2013	41.0%	NA	43.7%	47.5%
Sedentary lifestyle – no leisure-time physical activity in past	2011 2012	27.00/		22.40/	25.20/
month (Adults)	2011-2013	27.9%		22.4%	25.3%
Soda/sports drink consumption (High School Students)	2013	34.7%	NA	26.2%	27.0%
Vegetable consumption among Adults 18+ (less than one serving	2013	10.79/	NA	17.9%	22.00/
per day)	2013	19.7%	INA	17.5%	22.9%
Obesity (Adults)	2013	30.4%		28.9%	29.4%
Obesity (High School Students)	2013	15.9%		12.7%	13.7%
					25 424
Overweight (Adults)	2013	35.0%		36.0%	35.4%
Overweight (High School Students)	2013 2013	35.0% 17.1%		36.0% 16.0%	35.4% 16.6%
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Maine Shared CHNA Health Indicators	Year	Washington	Trend	Maine	U.S.
Infant deaths per 1,000 live births	2003-2012	4.3	NA	6.0	6.0
Live births for which the mother received early and adequate	2010-2012	94.20/	NIA	86.4%	84.8%
prenatal care	2010-2012	84.3%	NA	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	2010-2012	28.7	NA	20.5	26.5
Low birth weight (<2500 grams)	2010-2012	4.7%	NA	6.6%	8.0%
Substance and Alcohol Abuse					
Alcohol-induced mortality per 100,000 population	2009-2013	11.0	NA	8.0	8.2
Binge drinking of alcoholic beverages (High School Students)	2013	17.8%		14.8%	20.8%
Binge drinking of alcoholic beverages (Adults)	2011-2013	17.0%		17.4%	16.8%
Chronic heavy drinking (Adults)	2011-2013	8.3%		7.3%	6.2%
Drug-affected baby referrals received as a percentage of all live births	2014	13.9%	NA	7.8%	NA
Drug-induced mortality per 100,000 population	2009-2013	18.7	NA	12.4	14.6
Emergency medical service overdose response per 100,000 population	2014	389.8	NA	391.5	NA
Opiate poisoning (ED visits) per 100,000 population	2009-2011	20.8		25.1	NA
Opiate poisoning (hospitalizations) per 100,000 population	2009-2011	11.1		13.2	NA
Past-30-day alcohol use (High School Students)	2013	28.2%		26.0%	34.9%
Past-30-day inhalant use (High School Students)	2013	4.8%		3.2%	NA
Past-30-day marijuana use (Adults)	2011-2013	8.8%†	NA	8.2%	NA
Past-30-day marijuana use (High School Students)	2013	23.6%		21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	2011-2013	0.3%†	NA	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	2013	4.2%	+	5.6%	NA
Prescription Monitoring Program opioid prescriptions (days supply/pop)	2014-2015	9.0	NA	6.8	NA
Substance-abuse hospital admissions per 100,000 population	2011	360.0	-	328.1	NA
Tobacco Use					
Current smoking (Adults)	2011-2013	28.8%		20.2%	19.0%
Current smoking (High School Students)	2013	19.7%		12.9%	15.7%
Current tobacco use (High School Students)	2013	23.6%	NA	18.2%	22.4%
Secondhand smoke exposure (Youth)	2013	53.2%		38.3%	NA

Indicates county is significantly better than state average (using a 95% confidence level).
Indicates county is significantly worse than state average (using a 95% confidence level).

NA = No data available

⁺ Indicates an improvement in the indicator over time at the county level (using a 95% confidence level)

⁻ Indicates a worsening in the indicator over time at the county level (using a 95% confidence level)

[†] Results may be statistically unreliable due to small numerator, use caution when interpreting.