## Maine Shared Community Health Needs Assessment County Summary: 2015

# Penobscot County

November 2015

#### **Qualitative Stakeholder Input**

A survey of 185 health professionals and community stakeholders in Penobscot County provided insight into the most critical health issues and determinants impacting the lives of those living in the area. According to these stakeholders, the following five health issues and health factors have the most impact on Penobscot County resulting in poor health outcomes for residents.

#### Top five health issues

- Drug and alcohol abuse
- Obesity
- Physical activity and nutrition
- Mental health
- Cardiovascular diseases

### Top five health factors

- Poverty
- Access to behavioral care/mental health care
- Employment
- Health care insurance
- Health literacy

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Maine Shared CHNA Health Indicators	Year	Penobscot	Trend	Maine	U.S.
Demographics					
Total Population	2013	153,364		1,328,302	319 Mil
Population – % ages 0-17	2013	18.8%		19.7%	23.3%
Population – % ages 18-64	2013	65.2%		62.6%	62.6%
Population – % ages 65+	2013	16.0%		17.7%	14.1%
Population – % White	2013	95.4%		95.2%	77.7%
Population – % Black or African American	2013	0.9%		1.4%	13.2%
Population – % American Indian and Alaska Native	2013	1.2%		0.7%	1.2%
Population – % Asian	2013	1.0%		1.1%	5.3%
Population – % Hispanic	2013	1.2%		1.4%	17.1%
Population – % with a disability	2013	18.1%		15.9%	12.1%
Population density (per square mile)	2013	45.3		43.1	87.4
Socioeconomic Status Measures					
Individuals living in poverty	2009-2013	17.0%	NA	13.6%	15.4%
Children living in poverty	2009-2013	20.8%	NA	18.5%	21.6%
High school graduation rate	2013-2014	86.9%	NA	86.5%	81.0%
Median household income	2009-2013	\$43,734	NA	\$48,453	\$53,046
Percentage of people living in rural areas	2013	43.1%	NA	66.4%	NA
Single-parent families	2009-2013	32.0%	NA	34.0%	33.2%
Unemployment rate	2014	6.2%	NA	5.7%	6.2%
65+ living alone	2009-2013	40.5%	NA	41.2%	37.7%
General Health Status					
Adults who rate their health fair to poor	2011-2013	18.3%		15.6%	16.7%
Adults with 14+ days lost due to poor mental health	2011-2013	13.8%		12.4%	NA
Adults with 14+ days lost due to poor physical health	2011-2013	14.0%		13.1%	NA
Adults with three or more chronic conditions	2011, 2013	29.7%		27.6%	NA
Mortality					
Life expectancy (Female)	2012	80.4	NA	81.5	81.2
Life expectancy (Male)	2012	75.5	NA	76.7	76.4
Overall mortality rate per 100,000 population	2009-2013	797.5	NA	745.8	731.9
Access					
Adults with a usual primary care provider	2011-2013	86.4%		87.7%	76.6%
Individuals who are unable to obtain or delay obtaining	2011-2013	11.0%		11.0%	15.3%
necessary medical care due to cost	2011-2013	11.0%		11.0%	15.5%
MaineCare enrollment	2015	29.2%	NA	27.0%	23.0%

Maine Shared CHNA Health Indicators
Percent uninsured   2009-2013   10.6% NA   10.4%   11.7%
Health Care Quality
Ambulatory care-sensitive condition hospital admission rate per 100,000 population Ambulatory care-sensitive condition emergency department rate per 100,000 population  Ambulatory care-sensitive condition emergency department rate per 100,000 population  Oral Health  Adults with visits to a dentist in the past 12 months  MaineCare members under 18 with a visit to the dentist in the past 52.9% NA 55.1% NA 26.3% 67.2% NA 26.3% NA 55.1% NA 26.3% 67.2% NA 26.3%
10,000 population
Ambulatory care-sensitive condition emergency department rate per 100,000 population  Oral Health  Adults with visits to a dentist in the past 12 months  MaineCare members under 18 with a visit to the dentist in the past year  Respiratory  Asthma emergency department visits per 10,000 population  COPD diagnosed  COPD hospitalizations per 100,000 population  Current asthma (Adults)  Current asthma (Youth 0-17)  Pneumonia emergency department rate per 100,000 population  Pneumonia hospitalizations per 100,000 population  Cancer  Mortality – all cancers per 100,000 population  Bladder cancer incidence per 100,000 population  Premale breast cancer mortality per 100,000 population  Premale breast cancer incidence per 100,000 population  Premale breast c
per 100,000 population         2011         4,123.5         NA         4,258.8         NA           Oral Health           Adults with visits to a dentist in the past 12 months         2012         63.8%         NA         65.3%         67.2%           MaineCare members under 18 with a visit to the dentist in the past year         2014         52.9%         NA         55.1%         NA           Respiratory           Asthma emergency department visits per 10,000 population         2009-2011         55.5         +         67.3         NA           COPD diagnosed         2011-2013         8.0%         7.6%         6.5%           COPD hospitalizations per 100,000 population         2011         307.1         -         216.3         NA           Current asthma (Youth 0-17)         2011-2013         13.4%         11.7%         9.0%           Current asthma (Youth 0-17)         2011-2013         10.9%†         NA         9.1%         NA           Pneumonia hospitalizations per 100,000 population         2011         570.6         719.9         NA           Mortality – all cancers per 100,000 population         2007-2011         189.4         NA         185.5         168.7
Oral Health         Adults with visits to a dentist in the past 12 months         2012         63.8%         NA         65.3%         67.2%           MaineCare members under 18 with a visit to the dentist in the past year         2014         52.9%         NA         55.1%         NA           Respiratory         Asthma emergency department visits per 10,000 population         2009-2011         55.5         +         67.3         NA           COPD diagnosed         2011-2013         8.0%         7.6%         6.5%           COPD hospitalizations per 100,000 population         2011         307.1         -         216.3         NA           Current asthma (Adults)         2011-2013         13.4%         11.7%         9.0%           Current asthma (Youth 0-17)         2011-2013         10.9%†         NA         9.1%         NA           Pneumonia emergency department rate per 100,000 population         2011         570.6         719.9         NA           Renater         Wortality – all cancers per 100,000 population         2011         424.3         329.4         NA           Mortality – all cancers per 100,000 population         2007-2011         189.4         NA         185.5         168.7           Incidence – all cancers per 100,000 population         2007-2011         26.7
Adults with visits to a dentist in the past 12 months         2012         63.8%         NA         65.3%         67.2%           MaineCare members under 18 with a visit to the dentist in the past year         2014         52.9%         NA         55.1%         NA           Respiratory           Asthma emergency department visits per 10,000 population         2009-2011         55.5         +         67.3         NA           COPD hospitalizations per 100,000 population         2011         307.1         -         216.3         NA           Current asthma (Adults)         2011-2013         13.4%         11.7%         9.0%           Current asthma (Youth 0-17)         2011-2013         10.9%†         NA         9.1%         NA           Pneumonia emergency department rate per 100,000 population         2011         570.6         719.9         NA           Pneumonia hospitalizations per 100,000 population         2011         424.3         329.4         NA           Acancer           Mortality – all cancers per 100,000 population         2007-2011         189.4         NA         185.5         168.7           Incidence – all cancers per 100,000 population         2007-2011         189.4         N
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Past year   Respiratory   Respiratory
Respiratory         Asthma emergency department visits per 10,000 population         2009-2011         55.5         +         67.3         NA           COPD diagnosed         2011-2013         8.0%         7.6%         6.5%           COPD hospitalizations per 100,000 population         2011         307.1         -         216.3         NA           Current asthma (Adults)         2011-2013         13.4%         11.7%         9.0%           Current asthma (Youth 0-17)         2011-2013         10.9%†         NA         9.1%         NA           Pneumonia emergency department rate per 100,000 population         2011         570.6         719.9         NA           Pneumonia hospitalizations per 100,000 population         2011         424.3         329.4         NA           Cancer         Mortality – all cancers per 100,000 population         2011         424.3         329.4         NA           Incidence – all cancers per 100,000 population         2007-2011         189.4         NA         185.5         168.7           Incidence – all cancers per 100,000 population         2007-2011         26.7         NA         28.3         20.2           Female breast cancer incidence per 100,000 population         2007-2011         17.7         NA         20.0         21.5 </td
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Colorectal cancer mortality per 100,000 population         2007-2011         16.3         NA         16.1         15.1           Colorectal late-stage incidence per 100,000 population         2007-2011         23.2         NA         22.7         22.9           Colorectal cancer incidence per 100,000 population         2007-2011         47.1         NA         43.5         42.0           Colorectal screening         2012         72.7%         NA         72.2%         NA
Colorectal late-stage incidence per 100,000 population         2007-2011         23.2         NA         22.7         22.9           Colorectal cancer incidence per 100,000 population         2007-2011         47.1         NA         43.5         42.0           Colorectal screening         2012         72.7%         NA         72.2%         NA
Colorectal cancer incidence per 100,000 population         2007-2011         47.1         NA         43.5         42.0           Colorectal screening         2012         72.7%         NA         72.2%         NA
Colorectal screening 2012 72.7% NA 72.2% NA
Lung cancer mortality per 100,000 population 2007-2011 61.2 NA 54.3 46.0
Lung cancer incidence per 100,000 population         2007-2011         89.8         NA         75.5         58.6
Melanoma incidence per 100,000 population         2007-2011         21.2         NA         22.2         21.3
Pap smears females ages 21-65 in past three years 2012 89.0% NA 88.0% 78.0%
Prostate cancer mortality per 100,000 population 2007-2011 NA NA 22.1 20.8
Prostate cancer incidence per 100,000 population         2007-2011         134.3         NA         133.8         140.8
Tobacco-related neoplasms, mortality per 100,000 population 2007-2011 33.8 NA 37.4 34.3
Tobacco-related neoplasms, incidence per 100,000 population 2007-2011 91.6 NA 91.9 81.7
Cardiovascular Disease
Acute myocardial infarction hospitalizations per 10 000
population 2010-2012 27.1 + 23.5 NA
Acute myocardial infarction mortality per 100,000 population 2009-2013 41.9 NA 32.2 32.4
Cholesterol checked every five years 2011. 2013 78.9% 81.0% 76.4%
Coronary heart disease mortality per 100,000 population 2009-2013 105.5 NA 89.8 102.6
Coronary heart disease mortality per 100,000 population 2009-2013 105.5 NA 89.8 102.6 Heart failure hospitalizations per 10,000 population 2010-2012 27.5 NA 89.8 NA
Heart failure hospitalizations per 10,000 population 2010-2012 27.5 21.9 NA

Stroke hospitalizations per 10,000 population   2010-2012   27.4   20.8   NA   20.8   Stroke mortality per 100,000 population   2009-2013   38.0   NA   35.0   36.2	Maine Shared CHNA Health Indicators	Year	Penobscot	Trend	Maine	U.S.
Stroke mortality per 100,000 population   2009-2013   38.0 NA   35.0   36.2				ITCIIu		
Diabetes   Diabetes prevalence (ever been told)				NΔ		
Diabetes prevalence (ever been told)		2003 2013	30.0	1471	33.0	30.2
Pre-diabetes prevalence		2011-2013	10.3%		9.6%	9.7%
Adults with diabetes who have eye exam annually 2011-2013 78.1% NA 71.2% NA Adults with diabetes who have foot exam annually 2011-2013 87.6% NA 83.3% NA Adults with diabetes who have foot exam annually 2011-2013 78.1% NA 83.3% NA Adults with diabetes who have had an AIC test twice per year 2011-2013 78.1% NA 73.2% NA Adults with diabetes who have received formal diabetes education Diabetes emergency department visits (principal diagnosis) per 100,000 population 2010-2012 253.0 235.9 NA 100,000 population Diabetes hospitalizations (principal diagnosis) per 100,000 population 2010-2012 253.0 235.9 NA 2010-2013 26.4 NA 20.8 21.2 253.0 235.9 NA 2010-2013 26.4 NA 20.8 21.2 253.0 2010-2013 26.4 NA 20.8 21.2 253.0 2009-2013 26.4 NA 20.8 21.2 253.0 NA 20.8 21.2 2009-2013 26.4 NA 20.8 N						
Adults with diabetes who have foot exam annually 2011-2013 87.6% NA 83.3% NA Adults with diabetes who have had an A1C test twice per year 2011-2013 78.1% NA 73.2% NA Adults with diabetes who have received formal diabetes 2011-2013 57.6% NA 60.0% 55.8% Calculation 2011-2013 57.6% NA 60.0% 55.8% Diabetes emergency department visits (principal diagnosis) per 100,000 population Diabetes onespitalizations (principal diagnosis) per 100,000 population Diabetes hospitalizations (principal diagnosis) per 10,000 population Diabetes in hospitalizations (principal diagnosis) per 10,000 population 2011 80.0 59.1 NA Diabetes in hospitalizations per 100,000 population 2009-2013 26.4 NA 20.8 21.2 Environmental Health Children with confirmed elevated blood lead levels (% among those screened) 2009-2013 1.6% NA 2.5% NA 105.00 Environmental Health Children with unconfirmed elevated blood lead levels (% among those screened) 2009-2013 2.1% NA 4.2% NA 105.00 Environmental Health Children with unconfirmed elevated blood lead levels (% among those screened) 2009-2013 2.1% NA 4.2% NA 105.00 Environmental Health Children with unconfirmed elevated blood lead levels (% among those screened) 2009-2013 2.1% NA 4.2% NA 105.00 Environmental Health Children with unconfirmed elevated blood lead levels (% among those screened) 2009-2013 2.1% NA 4.2% NA 105.00 Environmental Health Children with unconfirmed elevated blood lead levels (% among those screened) 2009-2013 2.1% NA 4.2% NA 105.00 Environmental Health Children with unconfirmed elevated blood lead levels (% among those screening among children age 24-35 months 2009-2013 3.5.5% NA 4.2.7% NA 105.00 Environmental Mealth unconfirmed elevated blood lead levels (% among those screening among children age 24-35 months 2009-2013 3.5.5% NA 4.2.7% NA 105.00 Environmental Mealth Unconfirmed elevated blood lead levels (% among those screening among children age 24-35 months 2009-2013 3.5.5% NA 2.7.6% NA 2009-2013 2.2.00	·			NA		
Adults with diabetes who have had an A1C test twice per year 2011-2013 78.1% NA 73.2% NA Adults with diabetes who have received formal diabetes education   Diabetes emergency department visits (principal diagnosis) per 100,000 population   Diabetes hospitalizations (principal diagnosis) per 100,000 population   Diabetes hospitalizations (principal diagnosis) per 10,000 population   Diabetes hospitalizations (principal diagnosis) per 10,000 population   Diabetes mortality (underlying cause) per 100,000 population   Diabetes per 100,000 population   Diabetes mortality (underlying cause) per 1	·					
Adults with diabetes who have received formal diabetes education Diabetes emergency department visits (principal diagnosis) per 100,000 population Diabetes hospitalizations (principal diagnosis) per 10,000 Diabetes mortality (underlying cause) per 100,000 population Diabetes mortality (underlying per 100,000 population Diabetes mortality (und	·					
Diabetes emergency department visits (principal diagnosis) per   2011   253.0   235.9   NA   100.000 population   2010-2012   14.3   11.7   NA   2010-2012   14.3   11.7   NA   2010-2012   2010-201	·				50.004	oo/
100,000 population	education	2011-2013	57.6%	NA	60.0%	55.8%
100,000 population   2010-2012   14.3   11.7   NA   NA   NA   NA   NA   NA   NA   N	Diabetes emergency department visits (principal diagnosis) per	2011	253.0		235.9	NA
Diabetes long-term complication hospitalizations   2011   80.0   59.1   NA						
Diabetes mortality (underlying cause) per 100,000 population   2009-2013   26.4 NA   20.8   21.2		2010-2012	14.3		11.7	NA
Environmental Health   Children with confirmed elevated blood lead levels (% among those screened)   2009-2013   1.6% NA   2.5% NA   Children with unconfirmed elevated blood lead levels (% among those screened)   2009-2013   2.1% NA   4.2% NA	Diabetes long-term complication hospitalizations	2011	80.0		59.1	NA
Children with confirmed elevated blood lead levels (% among those screened)   2009-2013   1.6% NA   2.5% NA   1.6%	Diabetes mortality (underlying cause) per 100,000 population	2009-2013	26.4	NA	20.8	21.2
those screened)  Children with unconfirmed elevated blood lead levels (% among those screened)  1009-2013  1.6%  NA  2.5%  NA  1.6%  NA  2.5%  NA  Adv. NA  1.6%  NA  2.5%  NA  4.2%  NA  Lead screening among children age 12-23 months  1.6%  1.6%  1.6%  NA  2.1%  NA  2.1%  NA  4.2%  NA  4.2%  NA  4.2%  NA  1.6%  NA  4.2%  NA  5.0%  NA  7.0%  NA  1.66  9.5%  NA  1.66	Environmental Health					
Children with unconfirmed elevated blood lead levels (% among those screened)   2009-2013   2.1% NA   4.2% NA   4.	1	2009-2013	1.6%	NA	2.5%	NA
those screened) Homes with private wells tested for arsenic Lead screening among children age 12-23 months Lead screening among children age 24-35 months Lead screening among children age 12-23 months Lead screening among children age 12-23 months Lead screening among children age 12-23 months Lead screening among children age 12-24 months Lead screening among children age 12-25 months Lead screening among children age 12-24 months Lead screening among children age 12-25 months Lead screening among children age 12-26 months Lead screening and 12-201 and 12-201 and 12-201 and 12-201	Children with unconfirmed elevated blood lead levels (% among	2009-2013	2.1%	NA	4.2%	NA
Lead screening among children age 12-23 months         2009-2013         52.8%         NA         49.2%         NA           Lead screening among children age 24-35 months         2009-2013         31.5%         NA         27.6%         NA           Immunization         2011-2013         44.2%         41.5%         NA           Adults immunized for pneumococcal pneumonia (ages 65 and older)         2011-2013         77.0%         72.4%         69.5%           Immunization exemptions among kindergarteners for philosophical reasons         2015         2.9%         NA         3.7%         NA           Two-year-olds up to date with "Series of Seven Immunizations" 4-3-1-3-3-1-4         2015         81.0%         NA         75.0%         NA           Infectious Disease         Hepatitis A (acute) incidence per 100,000 population         2014         0.0†         NA         0.6         0.4           Hepatitis C (acute) incidence per 100,000 population         2014         0.7†         NA         0.9         0.9           Hepatitis C (acute) incidence per 100,000 population         2014         0.6†         NA         2.3         0.7           Incidence of past or present hepatitis C virus (HCV) per 100,000         2014         4.6†         NA         2.3         0.7           Incidence of newly reported chr	· · · · · · · · · · · · · · · · · · ·					
Lead screening among children age 24-35 months   2009-2013   31.5%   NA   27.6%   NA   Immunization						
Immunization   Adults immunized annually for influenza   2011-2013   44.2%   41.5%   NA   Adults immunized for pneumococcal pneumonia (ages 65 and older)   2011-2013   77.0%   72.4%   69.5%   69.5%   Immunization exemptions among kindergarteners for philosophical reasons   2015   2.9%   NA   3.7%   NA   NA   75.0%   NA   75.0%   NA   3.7%   NA   Infectious Disease   NA   75.0%   NA   75.0%   NA   Infectious Disease   NA   NA   75.0%   NA   10.6   0.4   NA   10.6   0.4   NA   10.6   0.4   NA   10.6   0.4   NA   10.6   0.5   NA   10.7   NA   0.9   0.9   NA   10.7   NA   0.9   0.9   NA   10.7   NA   10.6   0.7   NA   10.6   NA   10.7						
Adults immunized annually for influenza         2011-2013         44.2%         41.5%         NA           Adults immunized for pneumococcal pneumonia (ages 65 and older)         2011-2013         77.0%         72.4%         69.5%           Immunization exemptions among kindergarteners for philosophical reasons         2015         2.9%         NA         3.7%         NA           Two-year-olds up to date with "Series of Seven Immunizations" 4-3-1-3-3-1-4         2015         81.0%         NA         75.0%         NA           Hepatitis A (acute) incidence per 100,000 population         2014         0.0†         NA         0.6         0.4           Hepatitis B (acute) incidence per 100,000 population         2014         0.7†         NA         0.9         0.9           Hepatitis C (acute) incidence per 100,000 population         2014         4.6†         NA         2.3         0.7           Incidence of past or present hepatitis C virus (HCV) per 100,000         2014         106.9         NA         107.1         NA           100,000 population         2014         3.9†         NA         107.1         NA           100,000 population         2014         3.9†         NA         107.1         NA           100,000 population         2014         3.26         NA         105.3<		2009-2013	31.5%	NA	27.6%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)   2011-2013   77.0%   72.4%   69.5%		2044 2042	44.20/		44 50/	NI A
older)         2011-2013         77.0%         72.4%         69.5%           Immunization exemptions among kindergarteners for philosophical reasons         2015         2.9%         NA         3.7%         NA           Two-year-olds up to date with "Series of Seven Immunizations" 4-31-3-3-1-4         2015         81.0%         NA         75.0%         NA           Hepatitis A (acute) incidence per 100,000 population         2014         0.0†         NA         0.6         0.4           Hepatitis B (acute) incidence per 100,000 population         2014         0.7†         NA         0.9         0.9           Hepatitis C (acute) incidence per 100,000 population         2014         0.7†         NA         0.9         0.9           Hepatitis C (acute) incidence per 100,000 population         2014         4.6†         NA         2.3         0.7           Incidence of past or present hepatitis C virus (HCV) per 100,000         2014         106.9         NA         107.1         NA           Incidence of newly reported chronic hepatitis B virus (HBV) per 100,000 population         2014         3.9†         NA         8.1         NA           Lyme disease incidence per 100,000 population         2014         32.6         NA         105.3         10.5           Pertussis incidence per 100,000 population	·	2011-2013	44.2%		41.5%	NA NA
Immunization exemptions among kindergarteners for philosophical reasons   2015   2.9%   NA   3.7%   NA   3.7%   NA   Two-year-olds up to date with "Series of Seven Immunizations" 4-3-1-3-3-1-4   2015   81.0%   NA   75.0%   NA   3.7%   NA   3.1%   3.1%   NA   3.1%   NA   3.1%   3.		2011-2013	77.0%		72.4%	69.5%
Dhilosophical reasons   2015   2.9%   NA   3.7%   NA   3.1%   NA						
Two-year-olds up to date with "Series of Seven Immunizations" 4- 3-1-3-3-1-4  Infectious Disease  Hepatitis A (acute) incidence per 100,000 population  Hepatitis B (acute) incidence per 100,000 population  Hepatitis C (acute) incidence per 100,000 population  Incidence of past or present hepatitis C virus (HCV) per 100,000  Incidence of past or present hepatitis B virus (HBV) per 100,000  Incidence of newly reported chronic hepatitis B virus (HBV) per 100,000 population  Lyme disease incidence per 100,000 population  Lyme disease incidence per 100,000 population  Lyme disease incidence per 100,000 population  Z014 32.6 NA 105.3 10.5  Pertussis incidence per 100,000 population  Z014 63.2 NA 41.9 10.3  Tuberculosis incidence per 100,000 population  Z014 0.0† NA 1.1 3.0  STD/HIV  AIDS incidence per 100,000 population  Z014 1.3† NA 2.1 8.4  Chlamydia incidence per 100,000 population  Z014 1.7† NA 17.8 109.8  HIV incidence per 100,000 population  Z014 3.9† NA 4.4  Incidence per 100,000 population  Z014 3.3† NA 1.6  Z019 Intentional Injury		2015	2.9%	NA	3.7%	NA
3-1-3-3-1-4   2015   81.0%   NA   75.0%   NA   Infectious Disease						
Infectious Disease	1 '	2015	81.0%	NA	75.0%	NA
Hepatitis A (acute) incidence per 100,000 population   2014   0.0† NA   0.6   0.4     Hepatitis B (acute) incidence per 100,000 population   2014   0.7† NA   0.9   0.9     Hepatitis C (acute) incidence per 100,000 population   2014   4.6† NA   2.3   0.7     Incidence of past or present hepatitis C virus (HCV) per 100,000   2014   106.9   NA   107.1   NA     Incidence of newly reported chronic hepatitis B virus (HBV) per   2014   3.9† NA   8.1   NA     Incidence of newly reported chronic hepatitis B virus (HBV) per   2014   32.6 NA   105.3   10.5     Incidence per 100,000 population   2014   32.6 NA   41.9   10.3     Tuber culosis incidence per 100,000 population   2014   63.2 NA   41.9   10.3     Tuber culosis incidence per 100,000 population   2014   0.0† NA   1.1   3.0     STD/HIV   AIDS incidence per 100,000 population   2014   350.0 NA   265.5   452.2     Gonorrhea incidence per 100,000 population   2014   11.7† NA   17.8   109.8     HIV incidence per 100,000 population   2014   3.9† NA   4.4   11.2     HIV/AIDS hospitalization rate per 100,000 population   2014   3.3† NA   1.6   19.9     Intentional Injury						
Hepatitis B (acute) incidence per 100,000 population   2014   0.7†   NA   0.9   0.9   1.00		2014	0.0†	NA	0.6	0.4
Hepatitis C (acute) incidence per 100,000 population Incidence of past or present hepatitis C virus (HCV) per 100,000 population Incidence of newly reported chronic hepatitis B virus (HBV) per 100,000 population Lyme disease incidence per 100,000 population Pertussis incidence per 100,000 population 2014 32.6 Pertussis incidence per 100,000 population 2014 32.6 NA 105.3 10.5 Pertussis incidence per 100,000 population 2014 63.2 NA 41.9 10.3 Tuberculosis incidence per 100,000 population 2014 0.0† NA 1.1 3.0 STD/HIV AlDS incidence per 100,000 population 2014 1.3† NA 2.1 8.4 Chlamydia incidence per 100,000 population 2014 11.7† NA 17.8 109.8 HIV incidence per 100,000 population 2014 3.9† NA 4.4 11.2 HIV/AIDS hospitalization rate per 100,000 population 2014 3.9† NA 1.6 19.9 Intentional Injury		2014	0.7†		0.9	0.9
Incidence of past or present hepatitis C virus (HCV) per 100,000   2014   106.9   NA   107.1   NA   107.1   NA   100,000 population   2014   3.9†   NA   8.1   NA   100,000 population   2014   32.6   NA   105.3   10.5   NA   2.1   2.1   NA				NA		
Incidence of newly reported chronic hepatitis B virus (HBV) per 100,000 population   2014   3.9† NA   8.1 NA	Incidence of past or present hepatitis C virus (HCV) per 100,000	2014				
100,000 population       2014       3.9T       NA       8.1       NA         Lyme disease incidence per 100,000 population       2014       32.6       NA       105.3       10.5         Pertussis incidence per 100,000 population       2014       63.2       NA       41.9       10.3         Tuberculosis incidence per 100,000 population       2014       0.0†       NA       1.1       3.0         STD/HIV         AIDS incidence per 100,000 population       2014       1.3†       NA       2.1       8.4         Chlamydia incidence per 100,000 population       2014       350.0       NA       265.5       452.2         Gonorrhea incidence per 100,000 population       2014       11.7†       NA       17.8       109.8         HIV incidence per 100,000 population       2014       3.9†       NA       4.4       11.2         HIV/AIDS hospitalization rate per 100,000 population       2011       16.2       21.4       NA         Syphilis incidence per 100,000 population       2014       3.3†       NA       1.6       19.9         Intentional Injury						
Lyme disease incidence per 100,000 population         2014         32.6         NA         105.3         10.5           Pertussis incidence per 100,000 population         2014         63.2         NA         41.9         10.3           Tuberculosis incidence per 100,000 population         2014         0.0†         NA         1.1         3.0           STD/HIV           AIDS incidence per 100,000 population         2014         1.3†         NA         2.1         8.4           Chlamydia incidence per 100,000 population         2014         350.0         NA         265.5         452.2           Gonorrhea incidence per 100,000 population         2014         11.7†         NA         17.8         109.8           HIV incidence per 100,000 population         2014         3.9†         NA         4.4         11.2           HIV/AIDS hospitalization rate per 100,000 population         2011         16.2         21.4         NA           Syphilis incidence per 100,000 population         2014         3.3†         NA         1.6         19.9           Intentional Injury		2014	3.9†	NA	8.1	NA
Pertussis incidence per 100,000 population         2014         63.2         NA         41.9         10.3           Tuberculosis incidence per 100,000 population         2014         0.0†         NA         1.1         3.0           STD/HIV           AIDS incidence per 100,000 population         2014         1.3†         NA         2.1         8.4           Chlamydia incidence per 100,000 population         2014         350.0         NA         265.5         452.2           Gonorrhea incidence per 100,000 population         2014         11.7†         NA         17.8         109.8           HIV incidence per 100,000 population         2014         3.9†         NA         4.4         11.2           HIV/AIDS hospitalization rate per 100,000 population         2011         16.2         21.4         NA           Syphilis incidence per 100,000 population         2014         3.3†         NA         1.6         19.9           Intentional Injury		2014	32.6	NA	105.3	10.5
Tuberculosis incidence per 100,000 population         2014         0.0†         NA         1.1         3.0           STD/HIV           AIDS incidence per 100,000 population         2014         1.3†         NA         2.1         8.4           Chlamydia incidence per 100,000 population         2014         350.0         NA         265.5         452.2           Gonorrhea incidence per 100,000 population         2014         11.7†         NA         17.8         109.8           HIV incidence per 100,000 population         2014         3.9†         NA         4.4         11.2           HIV/AIDS hospitalization rate per 100,000 population         2011         16.2         21.4         NA           Syphilis incidence per 100,000 population         2014         3.3†         NA         1.6         19.9           Intentional Injury	, , , ,					
STD/HIV         AIDS incidence per 100,000 population       2014       1.3†       NA       2.1       8.4         Chlamydia incidence per 100,000 population       2014       350.0       NA       265.5       452.2         Gonorrhea incidence per 100,000 population       2014       11.7†       NA       17.8       109.8         HIV incidence per 100,000 population       2014       3.9†       NA       4.4       11.2         HIV/AIDS hospitalization rate per 100,000 population       2011       16.2       21.4       NA         Syphilis incidence per 100,000 population       2014       3.3†       NA       1.6       19.9         Intentional Injury						
AIDS incidence per 100,000 population       2014       1.3†       NA       2.1       8.4         Chlamydia incidence per 100,000 population       2014       350.0       NA       265.5       452.2         Gonorrhea incidence per 100,000 population       2014       11.7†       NA       17.8       109.8         HIV incidence per 100,000 population       2014       3.9†       NA       4.4       11.2         HIV/AIDS hospitalization rate per 100,000 population       2011       16.2       21.4       NA         Syphilis incidence per 100,000 population       2014       3.3†       NA       1.6       19.9         Intentional Injury			0.0			
Chlamydia incidence per 100,000 population         2014         350.0         NA         265.5         452.2           Gonorrhea incidence per 100,000 population         2014         11.7†         NA         17.8         109.8           HIV incidence per 100,000 population         2014         3.9†         NA         4.4         11.2           HIV/AIDS hospitalization rate per 100,000 population         2011         16.2         21.4         NA           Syphilis incidence per 100,000 population         2014         3.3†         NA         1.6         19.9           Intentional Injury		2014	1.3†	NA	2.1	8.4
Gonorrhea incidence per 100,000 population         2014         11.7†         NA         17.8         109.8           HIV incidence per 100,000 population         2014         3.9†         NA         4.4         11.2           HIV/AIDS hospitalization rate per 100,000 population         2011         16.2         21.4         NA           Syphilis incidence per 100,000 population         2014         3.3†         NA         1.6         19.9           Intentional Injury						
HIV incidence per 100,000 population         2014         3.9†         NA         4.4         11.2           HIV/AIDS hospitalization rate per 100,000 population         2011         16.2         21.4         NA           Syphilis incidence per 100,000 population         2014         3.3†         NA         1.6         19.9           Intentional Injury		2014				
HIV/AIDS hospitalization rate per 100,000 population 2011 16.2 21.4 NA Syphilis incidence per 100,000 population 2014 3.3† NA 1.6 19.9 Intentional Injury						
Syphilis incidence per 100,000 population 2014 3.3† NA 1.6 19.9 Intentional Injury						
Intentional Injury				NA		
Domestic assaults reports to police per 100,000 population 2013 321.2 NA 413.0 NA						
	Domestic assaults reports to police per 100,000 population	2013	321.2	NA	413.0	NA

Maine Shared CHNA Health Indicators	Year	Penobscot	Trend	Maine	U.S.
Firearm deaths per 100,000 population	2009-2013	10.5	NA	9.2	10.4
Intentional self-injury (Youth)	2013	NA	NA	17.9%	NA
Lifetime rape/non-consensual sex (among females)	2013	NA	NA	11.3%	NA
Nonfatal child maltreatment per 1,000 population	2013	NA	NA	14.6	9.1
Reported rape per 100,000 population	2013	15.0	NA	27.0	25.2
Suicide deaths per 100,000 population	2009-2013	15.3	NA	15.2	12.6
Violence by current or former intimate partners in past 12	2042			0.00/	
months (among females)	2013	NA	NA	0.8%	NA
Violent crime rate per 100,000 population	2013	91.2	NA	125.0	368
Unintentional Injury					
Always wear seatbelt (Adults)	2013	85.3%		85.2%	NA
Always wear seatbelt (High School Students)	2013	52.6%		61.6%	54.7%
Traumatic brain injury related emergency department visits (all	2011	90.9	NIA	01.4	NI A
intents) per 10,000 population	2011	89.8	NA	81.4	NA
Unintentional and undetermined intent poisoning deaths per	2009-2013	11.1	NA	11.1	13.2
100,000 population	2009-2013	11.1	INA	11.1	15.2
Unintentional fall related deaths per 100,000 population	2009-2013	6.9	NA	6.8	8.5
Unintentional fall related injury emergency department visits per	2011	303.3	NA	361.3	NA
10,000 population	2011	303.3	INA	301.3	INA
Unintentional motor vehicle traffic crash related deaths per	2009-2013	10.0	NA	10.8	10.5
100,000 population	2009-2013	10.0	INA	10.6	10.5
Occupational Health					
Deaths from work-related injuries (number)	2013	NA	NA	19	4,585
Nonfatal occupational injuries (number)	2013	1,630	NA	13,205	NA
Mental Health					
Adults who have ever had anxiety	2011-2013	21.8%		19.4%	NA
Adults who have ever had depression	2011-2013	25.8%		23.5%	18.7%
Adults with current symptoms of depression	2011-2013	10.8%		10.0%	NA
Adults currently receiving outpatient mental health treatment	2011-2013	19.8%		17.7%	NA
Co-morbidity for persons with mental illness	2011, 2013	33.6%	NA	35.2%	NA
Mental health emergency department rates per 100,000	2011	1,830.4	_	1,972.1	NA
population	2011	1,030.4	+	1,372.1	INA
Sad/hopeless for two weeks in a row (High School Students)	2013	22.8%		24.3%	29.9%
Seriously considered suicide (High School Students)	2013	13.1%		14.6%	17.0%
Physical Activity, Nutrition and Weight					
Fewer than two hours combined screen time (High School	2013	NA	NA	33.9%	NA
Students)			14/1		1471
Fruit and vegetable consumption (High School Students)	2013	13.5%	NA	16.8%	NA
Fruit consumption among Adults 18+ (less than one serving per day)	2013	38.4%	NA	34.0%	39.2%
Met physical activity recommendations (Adults)	2013	48.7%		53.4%	50.8%
Physical activity for at least 60 minutes per day on five of the	2012	42.20/	NIA	42.70/	47.20/
past seven days (High School Students)	2013	43.3%	NA	43.7%	47.3%
Sedentary lifestyle – no leisure-time physical activity in past	2011 2012	25.00/		22.40/	25 20/
month (Adults)	2011-2013	25.8%		22.4%	25.3%
Soda/sports drink consumption (High School Students)	2013	29.7%	NA	26.2%	27.0%
Vegetable consumption among Adults 18+ (less than one serving per day)	2013	19.4%	NA	17.9%	22.9%
Obesity (Adults)	2013	32.4%		28.9%	29.4%
Obesity (High School Students)	2013	14.8%		12.7%	13.7%
Overweight (Adults)	2013	36.7%		36.0%	35.4%
Overweight (Addits) Overweight (High School Students)	2013	15.9%		16.0%	16.6%
Pregnancy and Birth Outcomes	2013	13.370		10.070	10.070

Maine Shared CHNA Health Indicators	Year	Penobscot	Trend	Maine	U.S.
Children with special health care needs	2009-2010	NA	NA	23.6%	19.8%
Infant deaths per 1,000 live births	2003-2012	6.6	NA	6.0	6.0
Live births for which the mother received early and adequate	2010-2012	00.0%	NIA	06.40/	0.4.00/
prenatal care	2010-2012	90.9%	NA	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	2010-2012	18.2	NA	20.5	26.5
Low birth weight (<2500 grams)	2010-2012	6.3%	NA	6.6%	8.0%
Substance and Alcohol Abuse					
Alcohol-induced mortality per 100,000 population	2009-2013	8.4	NA	8.0	8.2
Binge drinking of alcoholic beverages (High School Students)	2013	16.9%		14.8%	20.8%
Binge drinking of alcoholic beverages (Adults)	2011-2013	16.2%		17.4%	16.8%
Chronic heavy drinking (Adults)	2011-2013	5.6%		7.3%	6.2%
Drug-affected baby referrals received as a percentage of all live	2014	16.00/	NIA	7.00/	NIA
births	2014	16.0%	NA	7.8%	NA
Drug-induced mortality per 100,000 population	2009-2013	12.2	NA	12.4	14.6
Emergency medical service overdose response per 100,000 population	2014	593.8	NA	391.5	NA
Opiate poisoning (ED visits) per 100,000 population	2009-2011	25.7		25.1	NA
Opiate poisoning (LD visits) per 100,000 population  Opiate poisoning (hospitalizations) per 100,000 population	2009-2011	18.2		13.2	NA NA
Past-30-day alcohol use (High School Students)	2003-2011	28.1%		26.0%	34.9%
Past-30-day inhalant use (High School Students)	2013	3.6%		3.2%	NA
Past-30-day marijuana use (Adults)	2011-2013	8.6%†		8.2%	NA
Past-30-day marijuana use (High School Students)	2013	21.0%		21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	2011-2013	1.4%†		1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School	2011 2013			1.170	IVA
Students)	2013	6.3%		5.6%	NA
Prescription Monitoring Program opioid prescriptions (days					
supply/pop	2014-2015	6.1	NA	6.8	NA
Substance-abuse hospital admissions per 100,000 population	2011	150.2	+	328.1	NA
Tobacco Use					
Current smoking (Adults)	2011-2013	22.5%		20.2%	19.0%
Current smoking (High School Students)	2013	13.3%		12.9%	15.7%
Current tobacco use (High School Students)	2013	19.6%	NA	18.2%	22.4%
Secondhand smoke exposure (Youth)	2013	39.6%		38.3%	NA

Indicates county is significantly better than state average (using a 95% confidence level).
Indicates county is significantly worse than state average (using a 95% confidence level).

NA = No data available

<sup>+</sup> Indicates an improvement in the indicator over time at the county level (using a 95% confidence level)

<sup>-</sup> Indicates a worsening in the indicator over time at the county level (using a 95% confidence level)

<sup>†</sup> Results may be statistically unreliable due to small numerator, use caution when interpreting.