

# Progress Report to Our Community

Addressing Community Health Needs

Fiscal Year 2017



2019



2018



2017



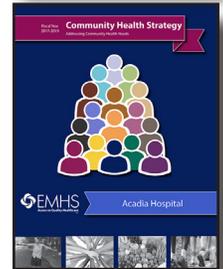
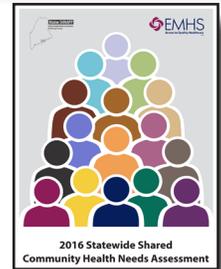
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Scott A. Oxley  
President, Acadia Hospital



Making our communities healthier - It may sound like a simple goal, but doing it right, involves hard work, commitment, and collaboration. Many factors can influence the health of people in our communities including income, poverty, employment, education, and household environment.

In 2016, EMHS partnered with three other large healthcare systems and the Maine Center for Disease Control and Prevention, an office of the Maine Department of Health and Human Services, to create a Community Health Needs Assessment. We used that assessment and public input to develop a three-year strategy to improve the health and well-being of the communities that we serve.

The following is a progress report for our community health improvement plan for fiscal year 2017. As a member organization of EMHS, we at Acadia Hospital have our own unique set of priorities that we are addressing including:

- Drug and Alcohol Abuse
- Mental Health, and Access to Behavioral Care/Mental Healthcare

We are also working together with other EMHS members throughout the state to prevent and treat opioid addiction and to improve access to healthy food for patients, families and communities.

The information contained in the following pages demonstrates our commitment to our communities and show the steps we have taken to reach our goals. Thank you for taking the time to review these materials. We appreciate and value your partnership in this endeavor. Together we are achieving success and supporting vibrant and healthy communities across the regions where we work and serve.

Sincerely,

Scott A. Oxley

President, Acadia Hospital



# Progress Report Update

<b>FY 2017 Progress Report</b> <b>Priority 1: Drug and Alcohol Abuse</b>	
<b>Objective</b>	By October 1, 2017, Acadia Hospital will: <ol style="list-style-type: none"> <li>1. Pursue and participate in Suboxone expansion grants when available (receive award for one grant)</li> <li>2. Partner with others (e.g. primary care providers) to expand access to Suboxone treatment by two PCP clinics/providers</li> </ol>
<b>Status</b>	Completed
<b>Approaches taken and resources used</b>	In fiscal year 2017 (FY17), Acadia Hospital held ongoing collaboration meetings between Acadia Hospital, Eastern Maine Medical Center, St. Joseph Hospital, and the City of Bangor in order to accomplish the goal of the Maine Community Foundation (MCF) grant for preparing and training two to four primary care providers to start delivering Suboxone to patients in their practices.
<b>Partners engaged</b>	Acadia Hospital partnered with the following entities on this priority: <ul style="list-style-type: none"> <li>• Eastern Maine Medical Center</li> <li>• St. Joseph Hospital</li> <li>• City of Bangor</li> </ul>
<b>Highlights</b>	Upon completion of the Suboxone certification, providers started treating patients.
<b>Outcome Measure</b>	Four providers received certification as Medication Assisted Treatment (MAT) providers
<b>Project lead</b>	Doug Townsend, LCPC, Administrator of Adult Services Jesse Higgins, Director, Behavioral Health Integration
<b>Next Steps</b>	In fiscal year 2018 (FY18), Acadia Hospital will focus on increasing the number of patients served in Suboxone Daily Dosing Program. This is an innovative, grant-funded pilot which allows Suboxone access to patients who would otherwise be too acute to treat in a prescription-to-home Suboxone approach that is successfully utilized with less acute patients.

<b>FY 2017 Progress Report</b>	
<b>Priority 2 and 3: Mental Health, and Access to Behavioral Care/Mental Healthcare Obesity</b>	
<b>Objective</b>	Increase the number of people who receive behavioral health and substance abuse services in Aroostook, Penobscot, Washington, Kennebec, Hancock, Piscataquis, and Somerset Counties by providing 605 tele-psychiatry appointments and 2,750 behavioral health integrated encounters and 25 telemental health encounters at Restorative health by October 1, 2017.
<b>Status</b>	Completed
<b>Approaches taken and resources used</b>	In FY17, Acadia Hospital engaged in ongoing emergency department tele-psychiatry evaluations, integrated care encounters and tele-psychiatry to home through Acadia's Restorative Health practice (offering mental health services, including depression treatment, substance abuse counseling, and psychiatric medication management to assist individuals in making favorable changes in their life.)
<b>Partners engaged</b>	Acadia Hospital partnered with the following entities on this priority: <ul style="list-style-type: none"> <li>• Eastern Maine Medical Center's Internal Medicine &amp; Family Medicine, Pediatrics and Cancer Care of Maine (Bangor, Orono, Brewer, Hampden)</li> <li>• Blue Hill Memorial Hospital (Blue Hill, Castine and Island Family Medicine)</li> <li>• Sebecook Valley Health Family Care</li> <li>• Mercy Hospital (Portland)</li> <li>• Charles A. Dean Memorial Hospital (Greenville)</li> <li>• Inland Hospital (Waterville)</li> <li>• Maine Coast Memorial Hospital (Ellsworth)</li> <li>• Down East Community Hospital (Machias)</li> <li>• Bucksport Regional Health Center (Bucksport)</li> <li>• Katahdin Valley (Patten, Millinocket, Houlton, Brownville and Ashland)</li> </ul>
<b>Highlights</b>	During FY17, Acadia Hospital was able to bring more integrated sites and emergency departments on board for this initiative.
<b>Outcome Measure</b>	1,173 Emergency department tele-psych. encounters, 11,015 integrated encounters, 116 home sessions
<b>Project lead</b>	Doug Townsend, LCPC, Administrator Adult Services Jamie Boyd, Director, Clinical Operations Support
<b>Next Steps</b>	In FY18, Acadia Hospital plans to increase the number of people who receive behavioral health and substance abuse services in Maine by providing 1,200 tele-psychiatry appointments and 12,000 behavioral health integrated encounters and 150 tele-mental health encounters at Restorative health by October 1, 2018.

## Conclusion

Acadia Hospital continues work on identified priorities through the Community Health Strategy and is thankful for the participation and support of our community members and many area organizations for contributing their knowledge of local community health needs related to our priorities of action. Through existing and future partnerships, collaborative efforts are essential in addressing the identified community health strategies prioritized within.

Acadia Hospital will engage in another Shared Community Health Needs Assessment in 2019 and looks forward to ongoing community participation in these important efforts.

