

## Learn more about careers in the following fields:

Pharmacy  
Ophthalmology/Optometry  
Interventional Radiology  
Robotic or Laparoscopic Surgery  
General Surgery  
Dentistry  
Gastroenterology/Endoscopy  
Endocrinology/Dialysis  
Cardiology  
Sports Medicine  
Chiropractor  
Orthopedics  
Respiratory Therapy  
Mental Health/Substance Abuse Counseling  
Nursing  
Pathology  
Anesthesia  
Obstetrics/Nurse Midwife  
Emergency Medical Services  
Maintenance/Physical Plant  
Engineering  
Medical Records  
Food Services/Nutrition  
Human Resources  
Marketing/Communications  
Information Services/IT  
Administrative/Clerical Support

# AROOSTOOK Career Exploration

Career Awareness  
Career Exploration  
Career Development

“Students will get a real feel for whether or not the careers they are exploring are right for them and get the chance to network with professionals who work in these careers every day. They will see the technology being used, hear about emerging trends, and learn what it takes to get into college in that specific career.”

Daryl Boucher  
VP of Operations

**Northern Light AR Gould Hospital**  
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## AROOSTOOK Career Exploration



### Plan for your future.

Gain hands-on experiences as you explore career opportunities.



**Northern Light**  
A.R. Gould Hospital

## Career Exploration Reboot

We are excited to be bringing our Aroostook Career Exploration program back in 2023!

We will be offering four to five sessions during the school year. The spring and fall sessions will take place during a school day, and your school will transport you to the hospital to take part.

We get started in March with a tour of the hospital, including an introduction to the many different kinds of careers that take place here. Next events include an Escape Room team building event and a Mock Disaster Drill. We will be hosting several more sessions again in October.

You can complete as many or as few sessions as your schedule and interests allow. The more you attend, the more you will gain from the experience.

## Benefits for You

- ❖ Explore a wide variety of career opportunities at no cost to you!
- ❖ Volunteer and job shadow to expand your knowledge in areas of interest.
- ❖ Earn your CPR/First Aid certification.
- ❖ Get help with college and career readiness preparation.
- ❖ Open the door for a possible scholarship (for those who are eligible).

## Join Us

To join us, simply fill out the registration form, which is available online or in your guidance office. Included on the form are questions about what you are most interested in and hope to accomplish in the program. This information will help guide us in our educational events.



To learn more about this program or to download a registration form, you can:

1. Look at our web page at:  
**[northernlighthouse.org/ace](http://northernlighthouse.org/ace)**
2. Visit us on Facebook:  
**Survivor Aroostook Health Careers Exploration Camp**
3. Call and ask us about the program or request material be mailed to you:  
**207.768.4777**



Exploring careers  
takes more than  
research.

Nothing beats  
personal, hands-on  
experiences.